



Shorin-Ryu Karate U.S.A.

*Founded by Grand Master Ansei Ueshiro
Under the direction of Hanshi Robert Scaglione*

Fall 2004 Newsletter

From HANSHI

Message

Greetings to all UeshiroSRKUSA members.

I wish to thank the Sensei/Shihan/Directors for their motivating and informative Technique of the Week. The TFTW inspires all of us to continue to move forward in our training.

This year 2004 has been a celebration of Dan/Kyu Level promotions & testings. We appreciate everyone's patience, input and support of our organization. Congratulations. We first earn our rank after we receive it.

I call on you to continue with your efforts to propagate our art so that others may enjoy the tremendous benefits of karate through hard work and sweat on our decks. I especially want to encourage our higher ranks to step up in the spirit of Zen-Shin.

Karate is not a theory. We have to live it.

Sincerely, Hanshi Robert Scaglione, Ueshiro Shorin-Ryu Karate USA.

[The following updates are provided by Shorin-Ryu Karate U.S.A. affiliated dojo and clubs. This is a partial list of the schools within our system. For more information, see: <http://shorinryu.com>.]

[Cocoa Beach Ueshiro Shorin-Ryu Karate Dojo](#)
[Hanshi Robert Scaglione, \(321-799-1503\); Sensei Des Chaskelson Shihan/Director \(321-693-7831\) Located at the Cocoa Beach Health & Fitness Club](#)
[1355 N. Atlantic Ave./A1A \(across from the Holiday Inn\)](#)
[Coca Beach, FL 32931 \(321-868-7933\)](#)

Greetings from Cocoa Beach.

The Cocoa Beach Ueshiro Shorin-Ryu Karate Dojo held a test and promotion, along with a test of white belts on August 31, 2004. Dom Arigato to Hanshi Scaglione who presided over the event and whose support and leadership are the foundation on which we are building upon. Arigato Hanshi! Arigato also to the black belt judges: Sensei David Tamir, Go-Dan, Sensei Tom DuJardin, San-Dan, Mr. Kurt Tezel, Ni-Dan, Ms. Connie Rutkowski, Sho-Dan.

Congratulations to the following deshi who tested and were promoted: Stever Turner - Ni-kyu; Sheila Gagne-Moffet - San-kyu; Mike Moffet - San-kyu; Bill Davis - San-kyu; Josh DiGulla - Yon-kyu; Catalina Sanders - Yon-kyu; Jamieson Pearre - Yellow belt (children's rank); Roccio Sanders - Yellow belt (children's rank); Clay Tezel - Yellow belt (children's rank); Megan DiGulla - Yellow belt (children's rank); JD McCormack - Go-kyu; Julio Cabellero - Ro-kyu; Mike McCrosson - Ro-kyu; Derrick Brown - Ro-kyu;

In August we also held a beach workout which was reported in the Florida Today newspaper (see online at: <http://www.cocoabeachkarate.com/FT.html>).

On October 14, Sensei Tamir organized a dinner celebration for Hanshi's Birthday. Happy Birthday Hanshi! A photo from the dinner can be found online under Group Photos at: <http://www.cocoabeachkarate.com/photos.html>

We offer classes seven days a week, with three additional children's classes, for a total of twelve classes per week.

We continue to keep training, and have a white belt test scheduled for November 2.

Arigato

Sensei Des Chaskelson
Shihan, Cocoa Beach Ueshiro Shorin-Ryu Karate Dojo
www.cocoabeachkarate.com

[Downtown Karate Dojo](#)
[Sensei Lorenzo Aguon](#)
[725 Kapiolani Boulevard #101](#)
[Honolulu, Hawaii 96813](#)
[808-533-1111](#)
[email: dkdojo@aol.com](mailto:dkdojo@aol.com)

Aloha from Hawaii,

The Downtown Karate Dojo is finishing off the year very strong this year. More color on the deck has been a great source of energy with promotions throughout the year of more green belts and 5 new brown tips.

In addition, Sensei Lorenzo Aguon will be celebrating the most joyous event of the year with his wife Sempai Stephanie Aguon with the expecting of their new addition to the family this November 2004.

Little by little, we continue to grow the Downtown Karate Dojo, and continue to train hard under the guidance of Grand Master Ansei Ueshiro and Shorin-Ryu Karate USA...and mostly the energy and discipline Hanshi Robert Scaglione has instilled in all of us.

Regardless of what barriers may come in front of us, we shatter them and continue to move forward, focusing on one moment in time, one technique at a time, and one thought in time.

We wish everyone a very joyous rest of the year and a very safe holiday season!

From all of us here in Hawaii and the Downtown Karate Dojo,
Aloha!

Sensei Lorenzo Aguon and the Downtown Karate Dojo
725 Kapiolani Boulevard #101
Aloha Activity Center
Honolulu, Hawaii 96816

Classes:

Tuesday and Thursday: 5:45pm-7:00pm

Saturday: (outdoors) Kakaako Beach park 9:00am-10:30am

[*Hong Kong Karate Club*](#)

[*Sensei Alan Lai, Shihan*](#)

[*Sear Roger International School*](#)

[*110-118 Caine Road, Central, Hong Kong*](#)

[*Phone: +011 \(852\) 9419-9124 or +011 \(852\) 2773-1593*](#)

Greetings from Hong Kong Karate Club,

We particularly want to express our gratitude again to Sensei Kaplan, Roku-Dan, for his teaching during his visit in Hong Kong. Sensei came in August for five days. During the visit, he also went to Mainland China and Macau with Sensei Alan Lai, Go-Dan, and Sensei Stephen Wong, Yon-Dan.

In May 2004, Hong Kong Karate Club raised a fund of US\$4000 through Katathon. The purpose of this fundraising is to sponsor high ranking Sensei to visit Hong Kong. Sensei Kaplan was the first Sensei accepting the offer of this funding. Special ARIGATO to Senpai Titus for contacting the BIG sponsor!

As a side note, Sensei Kaplan is the direct Sensei of Sensei Lai and Sensei Wong. The oldtime training is back in time to the early 1990s when Sensei Kaplan taught Karate In Honolulu, Hawaii. He is the founder of Honolulu's Downtown Karate Dojo which has been successfully handed down to one of his deshi, Sensei Lorenzo Aguon. Domo Arigato Sensei!

Domo Arigato

Shihan if you will be able to attend.

Domo arigato gozaimasu Hanshi for leading us and domo arigato gozaimasu Master Ueshiro for bringing Shorin-Ryu to us.

Train hard now for your next Promotion.

Domo arigato gozaimasu,
Kyoshi David Baker, Shihan
Midtown Karate Dojo, Hombu

[*Pine Forest Karate Dojo*](#)
[*Sensei Patrick Moriarty, Denshi/Co-Shihan, and Daniel Gobillot, Denshi/Co-Shihan*](#)
[*Arts & Industry Building, 221 Pine Street,*](#)
[*Florence, MA 01062*](#)
[*413-587-4200*](#)

Onegai-shimasu Hanshi, Kyoshi, Shihan, Sensei and deshi of Ueshiro Shorin Ryu Karate USA worldwide,

Greetings from Pine Forest Karate in Northampton, MA. Keep practicing. To those who are not practicing Karate, we have nothing to say.

Our August rank review was a great success. We were fortunate and honored to have many visitors from neighboring dojo and clubs, as well as deshi traveling to test here. Big spirit!

Mackay Sensei conducted the workout portion of the event outdoors in and around the river and pond near the dojo. In a classic shugyo fashion he trumped the previous blizzard/bridge workout of last winter by leading the advanced deshi out through waist deep water to the crest of the water falls. With millions of gallons of water rushing through our legs and a 30 foot drop just inches behind us we rooted down in the algae covered stone to practice and perfect our art through Naihanchi kata. Never failing to miss an opportunity to intensify the experience Sensei began with the body testing.

My hope is that there will be more to join Garcia Sensei on the Falls next year when he turns 95.

The following deshi did an excellent job in demonstrating their practiced art and advanced to the next rank.

Ikkyu - Deb Pacuilli

Nikyu - Irv Seidmann

Colleen Filler

Steve Parsons
Sankyu - Line Bruntse
Jim Bouchard
Frances Grover
Cathie Parsons
Dimitri Robbins
Yonkyu - Jesus Hernandez
Fred Coulson (Boston)
Kevin Neal (Boston)

Keep training/Just do it

We had an Outdoor workout the second week of October in the Hills of Buckland MA. We lined up and bowed in facing toward the east where Grand Master Ansei Ueshiro came from to pass on this art. Warm up began on a grassy hill side with the sun just beginning to burst through the trees on the opposite ridge. The leaves were reaching their peak of color as our kiai's, carried quickly by the crisp morning air echoed back to us from the surrounding mountains. A short jog further up the mountain brought us to a beautiful clear pond surrounded by lush grass where we continued practicing kata and yakusoku kumite. Another more lengthy trot up the mountain revealed another grassy clearing just big enough for a couple hundred deshi. At this secluded spot we practiced our more advanced katas and worked with our weapons. This was truly an exceptional location and time for this sort of event. We will announce a date and directions early next year for deshi looking to train in a beautiful spot time to plan. Arigato to Jean Harris Gobillot for locating and securing permission to use this 150 acre paradise. Fortunately it was just in her back yard.

Also, Congratulations to the following dedicated karateka who advanced in ranks at the dan review last April in New York City hosted by Baker Kyoshi and presided over by Hanshi. Arigato Hanshi Scaglione for your untiring dedication and leadership in our pursuit of this art.

Sandan - Christine O'Hara
Nidan - Christopher Gobillot
Cindy Gobillot
Jean Harris Gobillot
Louanne Bierwert

Domo arigato gozaimasu,
Daniel Gobillot - Pine Forest Karate Northampton MA
Ueshiro Shorin Ryu Karate

Ueshiro Okinawan Karate Family Club

Sensei Matt Kaplan, Denshi/Shihan, Mt. Nittany Institute of Natural Health 301 Shiloh Road State College PA. 16801 (814)-278-1997

Ueshiro Okinawan Karate Family Club in State College, Pennsylvania

Greetings from the Ueshiro Okinawan Karate Club in State College, Pennsylvania. Our club continues to stick with the family membership policy -- i.e., only families with at least two members committed to training are able to join. This opportunity for families to spend more time together and work as a team toward adopting healthier lifestyles seems to resonate with people in our area. With a membership of about 10 families, we recently started a waiting list for new families interested in joining. The next sign-up period will be mid-December; at that time we will offer our one membership option of 6 months.

I have one cross-dojo visit to report: I hooked up with Sensei Alan Lai, Sensei Stephen Wong, and students in the Hong Kong club this past summer for training in Hong Kong and on the mainland of China (Shenzhin). It was great and quite memorable.

We look forward to welcoming the first traveler from our system... And if that visit takes place during the first Sunday of a month (for the 5:30 p.m. class), this lucky individual will be able to join in on our cross-cultural potluck dinner feast.

Our training continues to get more interesting all the time -- We now have 6 green belts. All in all, life is good in "Happy Valley."

Domo Arigato Gozaimasu,
Matt Kaplan, Shihan
Ueshiro Okinawan Karate Family Club
State College, PA

Ueshiro Pine Forest Karate School of Palisades New York:

Kyoshi David Seeger, Shihan,

Palisades, NY 10964

914- 359-5330

HAPPY BIRTHDAY HANSHI!!!

We have been enjoying the kata DVD produced by Hanshi and Kyoshi.

Our training is continuing to develop. We are refining the techniques in the katas, training hard on Wednesday nights and Sunday mornings. Robinson Sensei, Powell Sensei, Glassman Sensei, Mr. Bracken and Mr. Potter would like to invite all deshi to come train with us.

Mr. Potter visited the Virginia Dojo during their recent promotion, presided over by Scaglione Sensei, Teresa Knight Sensei and Joe Knight Sensei. The training was intense and very high spirited. Mr. Potter served on the board of judges. After the promotion we shared more thoughts and ideas about our karate training during an informal lunch. Arigato to the Virginia Dojo for hosting such a memorable event.

Robinson Sensei has been conducting the Wednesday night classes regularly attended by Sensei Powell, Mr. Potter, and Mr. Bracken. We continue to move forward.

Arigato to Kyoshi Seeger for all of the hard work and dedication throughout the years in building a very strong, loyal and focused dojo.

Wilton Connecticut Ueshiro Shorin-Ryu Karate Club
AIG Financial Products Corp.
50 Danbury Road
Wilton, CT 06897-4444

Mr. William Kolbert, Club Director, Ni-Dan

(203) 563-1901(work)

Kolbert@aigfpc.com

Mr. Keith Eng, Instructor, Sho-Dan

(203) 221 4810 (Work)

Eng@aigfpc.com

Kyoshi David Baker, Roku-Dan, Sponsor



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

We have passed the two-year mark since we have moved to Wilton from our location in Westport. Our semi-annual membership campaign continues to move forward. Our office has grown and so has our membership.

This year we have had the opportunity to visit the Hong Kong Ueshiro Karate Club, the Easton CT Karate Club, and hope to visit more soon. We wish to thank these schools for the opportunity to train with them and the warm hospitality that they have shown us. It was truly an honor to practice with such accomplished karateka. We always welcome visitors to our small dojo and encourage anyone in southern New England to join us!

<u>Class Schedule</u>	
Wednesday	7:00 am
Friday	7:00 am

Boston Chinatown Ueshiro Shorin-Ryu Karate Club
Emiliano Mazlen Shihan,
Wang YMCA of Chinatown
8 Oak Street West
Boston MA, 02116. (617) 524-0005

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and fellow Deshi.

We are moving forward. Two of our students, Fred Coulson and Kevin Neal, had the honor of testing for and receiving their green belts at Pine Forest Karate Dojo at the August belt test. Congratulations to them. They are our first students to reach that rank through training in our club. Domo arigato gozaimasu to Sensei Mackey, Sensei Garcia, Sensei Gobillot, Sensei Moriarty, Sensei O'Hara and the deshi of Pine Forest Karate Dojo for a very memorable test. Another student, Sean Jones, tested for and received his first green tip at our October tip test. Congratulations to him and domo arigato to his fellow students for participating in his test even though they were not going before the judges that day themselves.

We look forward to the honor of having visitors. Our classes are held on Monday and Wednesday nights at 7:30 pm and some Sundays at 10:00 am. If you are planning to visit Boston and would honor us with a visit, please let me know (I may be able to schedule an additional class if you would not be able to join us at our normal class times).

Thank you to Hanshi, Kyoshi, Sensei, Sempai and fellow Deshi for your direction, instruction, encouragement and support.

Domo arigato gozaimasu,
Emiliano Mazlen

Shorin-Ryu Karate USA

Founded by Grand Master Ansei Ueshiro

Mission Statement

To propagate the art of Shorin-Ryu Karate USA, its kata and techniques, as handed down by our founder Grand Master Ansei Ueshiro.

To preserve and protect the history, traditions, methods and integrity of SRKUSA.

To develop students to their maximum potential in body, mind and spirit; through courtesy, propriety, self-discipline and the ecstasy of hard work fostered by our dojo - the sacred training halls - of Shorin-Ryu Karate USA."