### **Ueshiro** Shorin-Ryu Karate USA

Founded in 1962 by Grand Master Ansei Ueshiro Under the direction of Hanshi Robert Scaglione

### **Autumn 2007 Karate News**



Special 45th Anniversary Issue

www.shorinryu.com



# Greetings from Hanshi Robert Scaglione

### Greetings to all Sensei and Deshi of Ueshiro Shorin-Ryu Karate, USA.

The sheer numbers in last month's promotion/review - 23 promoted to San-dan or above, 13 promoted to Sho-dan or Ni-dan, 16 advancing in kyu rank - give only a small glimpse of the depth and strength of our organization since Grand Master Ansei Ueshiro set out 45 years ago on his historic journey. That mission continues unswerving thanks to your commitment to the highest standards as handed down through your Shihan and Sensei.

Many themes were echoed during the days of training in Virginia and at the Washington Monument. While paying tribute to Master Ueshiro's courage and tenacity in coming to a new country, we also addressed the need to bring karate-do into our own communities, propagating the values set forth in our Mission Statement and the karate creed.

As we approach the end of the year many exciting events, visits and grand openings are anticipated throughout the organization, culminating in the Annual Black Belt Meeting on December 2 in New York City. 2008 will then kick off with an open invitation for all to train in Florida during mid-February. Never have students of Shorin-Ryu USA had more opportunities to travel and expand their expertise in the martial arts.

Each of us should also be formulating a five-year plan, setting our sites on the half-century mark of Master Ueshiro's pioneering voyage. The plan may include goals for career, family, travel, education. Whatever such goals, let Ueshiro SRKUSA inspire you on that first step.

My main message to you the continuing practitioners of Ueshiro SRKUSA is:

There are no secrets or shortcuts in the elusive pursuit of perfection of karate. It is NOT the gathering of more information. Rather the "advanced course" would clearly be: putting into practice the knowledge we possess. We develop by consistently improving our kata and technique through tireless repetition and practice of what we have already learned.

Simply stated, "Just Do It!"

### Sincerely,

Hanshi Robert Scaglione Ueshiro Shorin-Ryu Karate USA



### Greetings from Kyoshi David Baker



**Greetings to everyone in Ueshiro Shorin-Ryu Karate USA** and congratulations to everyone who was promoted. Happy 45th Annual Celebrations to us all and domo arigato gozaimasu Hanshi to Master Ueshiro for bringing the Okinawans' treasure to our country and to Hanshi Robert Scaglione for keeping it pure.

In furthering that goal, I'd like to remind everyone to do your share to keep our style pure as well. The quality of our technique is very important and one way that we can improve it is to videotape our kata and review it on a regular basis.

When we Black Belts view your kata at promotion time, we of course see techniques that can be improved and often note them on the score sheets. None of us do perfect kata, after all. And we try to address these corrections to the individuals on the deck when we conduct class.

However, you not only have the ability, through videotaping, of seeing your kata in real time as we can at promotions, but you have the added benefit of being able watch it in much greater detail, by playing it back in slow motion and pausing. You thereby can see corrections that even Black Belts on the board of judges can't see in real time.

So please take advantage of this modern technology. Videotape yourself and view it frequently. Don't just let it sit in a drawer gathering dust.

Give yourself the opportunity of experiencing an "A-Ha" moment when you get to say out loud, "Wow, I didn't know I did that!"

Videotape yourself now, and then videotape yourself in a year or two on the same tape or DVD so you have an ongoing record of your technical progress. Also, I encourage you to give the tape to your Sempai or Instructor for his input.

So quantity is important. "Train hard. Train often."

But so is quality. We always want to improve our technique so that its repetition creates correct muscle memory. And also so that our art which we treasure remains pure.

### Domo arigato gozaimasu,

Kyoshi David Baker Chief Operating Officer

Ueshiro Shorin-Ryu Karate USA founded by Grand Master Ansei Ueshiro under the direction of Hanshi Robert Scaglione

New York, NY • USA kyoshibaker@aol.com





### Ueshiro Shorin Ryu Karate USA Dojo/School listings

(listed alphabetically)

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**Veshiro Bushi Dojo**<u>Sensei Chris Barnes</u>, Denshi/Shihan, Roku-Dan, Tel: 310-393-6686, <a href="mailto:comedy.dojo@verizon.net">comedy.dojo@verizon.net</a>
<u>Sensei Karen Brophy</u>, Co-Shihan, Yon-Dan, Tel: 917-353-0935, <a href="mailto:karenabrophy@yahoo.com">karenabrophy@yahoo.com</a>
716 Colorado Ave. Santa Monica Ca. 90401

### Connecticut:

#### **Easton**

# Easton Connecticut Ueshiro Shorin-Ryu Karate Club Sensei Adam Dunsby, Shihan, San-Dan, Tel: 203-292-3692, adunsby@cqig.com Easton, CT 06612

### Wilton

## Wilton Connecticut Ueshiro Shorin-Ryu Karate Club Mr. Keith Eng, Shihan, Ni-Dan, Tel: 203-221-4810, Eng@aigfpc.com AlG Financial Products Corp. 50 Danbury Road, Wilton, CT 06897-4444

### Florida:

#### Cocoa

# **Ueshiro Shorin-Ryu Karate Dojo**<u>Sensei Ken Oscarson,</u> Denshi/Shihan, Go-Dan, Tel: 321-258-7991, <a href="mailto:karate@cocoadojo.com">karate@cocoadojo.com</a> Cocoa YMCA Family Center, attached to Brevard Community College in Cocoa, FL, 1519 Clearlake Rd., Bldg. 18, Tel: 321-433-7770

### Cocoa Beach

Cocoa Beach Ueshiro Shorin-Ryu Karate Dojo	Page-12
Sensei Des Chaskelson, Shihan, Yon-Dan, Tel: 321-693-7831, des_chas@scri.com	
Cocoa Beach Recreational Center, 321 Ramp Road	
(between South 5th Street and South 6th Street, off A1A), Cocoa Beach, FL 32931	
Melbourne	

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### Suntree-Viera Ueshiro Shorin-Ryu Karate Dojo

<u>Sensei David Tamir</u>, Shihan, Go-Dan, Tel: 321-474-4087, <a href="mailto:tamiryu@earthlink.net">tamiryu@earthlink.net</a> Suntree YMCA, 6300 N. Wickham Road, Suite 114, Melbourne, FL 32940

#### Merritt Island

### **Ueshiro Merritt Island Karate Dojo**

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<u>Sensei Kurt Tezel</u>, Shihan, San-Dan, Tel. 321-536-6516, <u>kurt@tezelinvestments.com</u>, <u>Tropcial Elementary School</u>, 885 South Courtenay Parkway, Merritt Island, FL 32952

### Hawaii - Oahu:

#### Honolulu

### **Ueshiro Hawaii Karate Dojo**

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Sensei Lorenzo Aguon, Shihan, San-Dan, Tel: 808-375-6688, uhkdojo@aol.com Aloha Activity Center, 725 Kapiolani Boulevard Suite 101 Honolulu, HI 96813

### Massachusetts:

#### **Boston**

### **Boston Chinatown Ueshiro Shorin-Ryu Karate Club**

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<u>Sensei Emiliano Mazlen</u>, Shihan, San-Dan, Tel: 617-524-0005, <a href="mailen@hotmail.com">emazlen@hotmail.com</a> Wang YMCA of Chinatown, 8 Oak Street West, Boston MA, 02116.

### **Northampton**

### Northampton Ueshiro Karate Dojo

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<u>Sensei Daniel Gobillot</u>, Denshi/Shihan, Go-Dan, Tel: 413-320-5945, <a href="mailto:dwgobillot@aol.com">dwgobillot@aol.com</a> Arts & Industry Building, 221 Pine Street, Northampton, MA 01062, 413-587-4200

### New York:

### Brooklyn

#### PS 27 Ueshiro Karate Club

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<u>Sensei Robert Neff</u>, Shihan, San-Dan, Tel: (H) 347-578-7465, (C) 917-549-4218, robeneff@hotmail.com 27 Huntington St. Brooklyn, NY 11231

### Mohawk Valley

#### **Mohawk Valley Karate Club**

Sensei Dale Adamson, Shihan, Tel: 315-823-8631, DalebA@aol.com 167 Lakeview Dr. Little Falls, NY

#### **New York City**

#### **Ueshiro Midtown Karate (Hombu) Dojo**

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Kyoshi Michael Mackay, Denshi/Shihan, Shichi-Dan, Tel: 212-909-6440, mmackay@debevoise.com St. Bartholomew's Church Athletic Center, 109 E 50th St. (between Park and Lexington Aves.), New York, NY 10022

#### **Palisades**

### **Pine Forest Karate School**

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<u>Kyoshi David Seeger</u>, Denshi/Shihan, Shichi-Dan, Tel: 914-359-5330, motobu@aol.com Palisades, NY 10964

#### Pelham Manor

#### **Okinawan Karate Club**

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Kyoshi Michael Mackay, Interim Shihan, Shichi-Dan, Tel: 212-909-6440, mmackay@debevoise.com Pelham Manor, NY 10803

### Pennsylvania:

### State College

### **Ueshiro Okinawan Karate Family Club**

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Sensei Matt Kaplan, Denshi/Shihan, Roku-Dan,Tel: 814-278-1997, msk15@psu.edu Mt. Nittany Institute of Natural Health, 301 Shiloh Road, State College, PA 16801

### Virginia:

### Centreville

### **East Meets West Karate Club of Northern Virginia**

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<u>Sensei Sal Scaglione</u>, Denshi/Shihan, Roku-Dan, Tel: 703-922-6204, <u>s\_scaglione@yahoo.com</u> <u>Sensei Joe Knight</u>, Go-Dan, and <u>Sensei Teresa Knight</u>, Yon-Dan, Co-Shihan, Tel: 703-793-1577, phillyryu@aol.com, Centerville, VA

### International:

### China:

### Hong Kong

### Hong Kong Ueshiro Karate Club

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Sensei Alan Lai, Shihan, Go-Dan, senseilai@gmail.com Club Coordinator- Mr. Patric April, Tel: 011-852-9-272-1891 5/F, Shek Tong Tsui Sport Centre, 470 Queen's Road West, Hong Kong.

### Israel:

#### Eilat

### **Eilat Ueshiro Dojo**

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<u>Sensei Shlomo Dadon</u>, Denshi/Shihan, Go-Dan, Tel: 011-972-7-631-7393 Dojo: 011-972-52-718757, <u>shlomodadon@012.net.il</u>, P.O. Box 824, Eilat, Israel 88000

### Tel Aviv

#### Hertzlia Ueshiro Dojo

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Sensei Nir Zamir, Denshi/Shihan, Go-Dan, Tel: (H) 011-972-9-958-4342, (C) 011-972-54-430-0429 nir@yoggie.com, 12 Tzamarot St., Hertzlia, Israel



### Ueshiro Bushi Dojo

### Greetings Hanshi, Kyoshi's, Denshi, Shihan and all USRKUSA Deshi.

Sensei Brophy, co-shihan of the Bushi Dojo, would like me to let everyone know that the full renovation and construction which we started last year have been completed and with that we invite you all to visit and train.

I would like to congratulate Mark Tongret, Rebecca Scott and Haven Pell on Ni-dan promotion and a special congratulations to Sensei Brophy on her promotion to Yondan. I will continue to visit North East dojo while on the east coast and will also send out an invite for all deshi in the Pocono Mountain vicinity. We have 900 acres to train on until completion of building. Take a look at <a href="http://www.mountairycasino.com">http://www.mountairycasino.com</a>.

What a wonderful experience in Virginia, followed up with a visit to Sensei Kaplan's last class at State College Family Dojo and the honor of training with Sensei Sal Scaglione. Fortunately for all of us, the apple does not fall far from the tree. Sensei Sal led a remarkable work out. The Bushi blood line continues in our system. Arigato Sensei!

Kyoshi Mackay, what a classic karate demonstration with the powerful students of Midtown. It brought back powerful memories of Lexington Ave.

Peace to all.

Hanshi, thank you for always welcoming us into the Ueshiro Shorin Ryu Family.

Sensei Chris Barnes Denshi-Shihan, Roku-dan 310-994-5152 (cell)





### Easton Connecticut Ueshiro Shorin-Ryu Karate Club

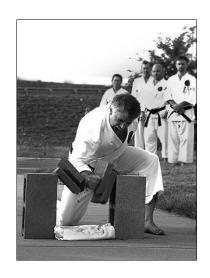
### Onegai Shimasu Hanshi, Onegai Shimasu Kyoshi,

The Easton, CT Ueshiro Shorin-Ryu Karate Club thanks everyone who made the 45th Anniversary possible. The energy from the event will propel us forward. The Easton Club was represented at the event by Sensei Dunsby and Ni-kyu Frank Mowka.

This year we have trained with the Midtown Dojo in New York City and the Northampton Dojo. We continue our training schedule of Sundays at 11:30 am and Wednesdays at 6:00 pm. We are currently looking for a new location that will make it easier for us to bring the gift of Ueshiro Shorin-Ryu to more people.

### Arigato,

Sensei Adam Dunsby Shihan, San-dan Easton Ct. Ueshiro Shorin-Ryu Karate Club





### Wilton Connecticut Ueshiro Shorin-Ryu Karate Club

### Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

Kampai to the 45th Anniversary celebration and events! Our club continues to hone our skills during our morning pre-work workouts. Our small group of deshi continues its training with a spirit that far outsizes its comparative numbers.

We wish all of our karateka brethren the best of training!

### Class Schedule:

Monday 7:00 AM Wednesday 7:00 AM

### Domo arigato,

Keith Eng Shihan, Ni-dan

Wilton Connecticut Ueshiro Shorin-Ryu Karate Club (203) 221 4810 Eng@aigfpc.com



### Ueshiro Cocoa YMCA Florida Dojo

### **Greetings from the Cocoa YMCA Dojo in Florida.**

Congratulations to Grand Master Ansei Ueshiro and Hanshi Robert Scaglione on the completion of 45 historic years in the United States of America.

Keep training!

Arigato gozaimasu, Hanshi

Sensei Kenneth Oscarson Denshi-Shihan, Go-dan



### Cocoa Beach Ueshiro Shorin-Ryu Dojo

### Onegai shimasu, Hanshi, Sensei and Sempai.

On Sunday, August 12 about 50 students, family and friends showed up at our Boom Fitness location in Cocoa Beach for our bi-annual testing of kyu ranks. Thank you to Tony Ross, General Manager at Boom, for hosting the event.

Arigato to Hanshi Scaglione for conducting the spirited workout and overseeing the testing and for his support and guidance. The workout and testing ran close to four hours. Arigato to Sensei David Tamir, Go-dan and Shihan of the Suntree YMCA Dojo, for showing up with several of his students and heading up a board of judges. Arigato to the other black belts who showed up and assisted with the testing: Sensei Kurt Tezel, Sempai Joe Motro, Sempai Carla Eddy, and Sempai Trevor Tezel.

Arigato to those students who did not test but came anyway to support those testing; and to those that did test and did not make the rank this time: Sheila Gagne, Michael Motro, Wade Parker, Danny Parker, Joshua Adams, and Laitham Kellum, Sr. Special thanks to new white belts Nicholas and Rory. Kudos also go to those students from the Cocoa and Suntree Dojo who participated: DJ Johnson, Kathleen Holland, Sam Mikekills, Yoni Tamir, Brandon Springten, Danielle Delgado, Avery Stahl, and Angelina Stahl. It is not whether you pass or fail that counts but rather showing up with budo (warrior) spirit!

Congratulations to the following students who were promoted:

Ni-kyu Sarah Parker

San-kyu Roy Hill Jean Chapman

### Yon-kyu

Larry Lyon Latham Kellum, Jr.

### Go-kyu

Helena Denemark Jordan Tomberlin

### Ro-kyu

Marilyn Mariani Mark Mariani Maleko Mariani Kiani Mariani.

**45th Anniversary Celebration -** On August 17 - 19, Sensei Des Chaskelson, Sensei Kurt Tezel, and Sempai Trevor Tezel joined Shihan Sensei David Tamir of the Suntree / Viera Dojo to represent the Central Florida karateka at the 45th Anniversary of Ueshiro Shorin-Ryu Karate USA in Washington, DC.

Cocoa Beach is getting ready for our upcoming white belt tests in October and December and our next kyu-rank test in February. We are hoping that at that time other schools will join us for another get-together for testing, beach workouts and fellowship, keeping the wave of spirit from the 45th Anniversary going as we all keep moving forward to our next big milestone – the 50th Anniversary!

### Arigato gozaimasu, Hanshi!

Sensei Des Chaskelson Shihan, Yon-dan Ueshiro Shorin-Ryu Cocoa Beach Karate www.CocoaBeachKarate.com (321) 693-7831



"A black belt is just a white belt who never quit."



Ueshiro Suntree-Viera Florida Karate Dojo

### Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai, and Deshi:

Joy and vigor to Ueshiro Shorin-Ryu Karate USA on its 45th Anniversary this September! The Ueshiro Suntree-Viera Dojo celebrates this special anniversary with our dojo's own first year anniversary. We opened one year ago this September. We hope, by the 50th Anniversary of USRKUSA, to contribute a strong cadre of sempai and deshi, including some black belts grown from our dojo, to help celebrate the half century milestone with all of you in 2012.

Domo Arigato to all the support we have received this past 12 months, particularly from Hanshi and from our local sister dojo of Cocoa YMCA and Cocoa Beach, their respective shihan, sensei, sempai, and deshi. We were also honored by visiting senior sensei over the past few months including Sensei Daniel Gobillot from the Ueshiro Northampton Dojo and Sensei Salvatore Scaglione from the Ueshiro North Virginia Dojo. Hanshi, Sensei Marchetti, Sensei Tezel, and I have been teaching regular weekly classes five times per week at our Suntree YMCA location. Hanshi teaches weekly at all our three local dojo. Sensei Marchetti also teaches at the Cocoa YMCA Dojo, and Sensei Tezel also teaches at the Cocoa Beach Dojo and at a Merritt Island school. Their support to our dojo has been tremendous.

We are building a foundation of deshi including nine who have just recently tested and been promoted (photo, above): 3 Go-kyu, 3 Yon-ku, and 3 San-kyu. We are also in the process of trying to secure additional supplementary space at the new Viera Recreation Center gymnasium, which will allow us to host larger groups for special events and increase our student population from the town of Viera. This supplementary location is strategically valuable because it is adjacent to Hanshi's residence and to the new Viera High School.

The twin master planned communities of Suntree-Viera straddle the I-95 freeway. We are located between the cities of Melbourne and Rockledge in the state of Florida, USA. Please come and visit us anytime. We offer to practice and polish our kata together with you in joy and vigor, and give you warm Florida hospitality.

### Class schedule:

Sunday 12:00 Noon Monday 7:45 pm Tuesday 6:00 am Wednesday 7:45 pm Thursday 12 Noon

Our location, map, contact info, and other useful information can be viewed on our new website at:

www.SuntreeKarate.com or www.VieraKarate.com

Looking forward to training with you in the upcoming months.

Domo arigato gozaimasu and best regards.

Sensei David Tamiri Shihan, Go-dan Ueshiro Suntree-Viera Dojo





### Ueshiro Merritt Island Karate Club

### Onegai-Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

It is with humility and honor I would like to announce the opening of the Ueshiro Merritt Island Karate Club. I have been teaching karate at an elementary school in Merritt Island, Florida for the past 18 months.

I have been reluctant to formalize this club until I became more certain that the club was worthy of being considered as a member of the Ueshiro Shorin-Ryu Karate USA organization.

After the weekend in Washington, DC, my esteem for this organization became even greater and consequently I came to the realization that my teaching and in turn my students' learning would only be enhanced by formally associating with our wonderful system.

Classes are scheduled from 3:15pm to 4pm on Tuesdays and Fridays. Classes are conducted in the Physical Education room at Tropical Elementary and are open to the entire student body.

During the last 18 months I've had several of my students receive the rank of Go-Kyu and Ro-Kyu in conjunction with the tip tests and promotions at my home Dojo, the Ueshiro Cocoa Beach Dojo. This would not be possible without the help and leadership of Shihan, Sensei Chaskelson.

None of this would have been possible without the foresight and courage of Grandmaster Ansei Ueshiro for making the journey to the United States 45 years ago - for which I am deeply indebted. My thanks go out to Hanshi Robert Scaglione for his leadership, guidance and wisdom in helping and encouraging me to make this decision. We here in Florida don't know how lucky we are to have such a wonderful resource as Hanshi both on and off the deck.

### Domo arigato,

Sensei Kurt Tezel Shihan, San-dan Ueshiro Merritt Island Karate Dojo





### Ueshiro Hawaii Karate Dojo

### Aloha All,

This year's celebration has been one of the most successful ever! Domo Arigato to Hanshi for leading such a powerful and energetic group. Grand Master Ansei Ueshiro's energy can be seen and felt as each individual performs their kata. Though many miles away, we continue to share in the celebration of this year's events.

Our August promotion was conducted on August 28 and 30. We would like to congratulate the following Ueshiro Hawaii Karate Dojo deshi for successfully completing their tests and obtaining their new ranks:

### Ro-kyu

Pamela Pang Jaclyn Pang Jasmine Pang Sandra Garganta Demi Garganta

### Ni-kyu

Roi Globen

We continue to earn our ranks every day we train! The excitement of learning a new kata, a new pre-arranged fighting, a weapon kata, a new technique, all combine to our philosophy of "moving forward."

In addition, we would like to send our biggest "ALOHA" and "CONGRATULATIONS" to all those who tested and obtained their new ranks at the 45<sup>th</sup> Anniversary celebration. Keep in mind, when we receive our new belts and tips, it is our obligation as warriors of the Ueshiro Shorin Ryu Karate USA organization to now earn that rank!

Let us all continue to train with respect, strength, and energy in this great organization under the direction of Hanshi Robert Scaglione, founded by Grand Master Ansei Ueshiro.

Stay strong and train hard!

### Domo Arigato Hanshi for all your continued guidance, strength, and energy!

Aloha,

Sensei Lorenzo Aguon Shihan, San-dan Ueshiro Hawaii Karate Dojo (808) 375-6688 uhkdojo@aol.com





# Boston Chinatown Ueshiro ShorinRyu Karate Club

### Onegai-shimasu Hanshi, Kyoshi, Sensei and fellow Deshi.

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston, MA, on Monday nights now at 7:45, Wednesday nights now at 8:00pm and Sundays at 12:30 pm. The YMCA is near downtown Boston. We are honored when visitors train with us. If you may be able to do so, please let me know in case class times have changed.

In April we held a tip test. Congratulations to father and daughter Yuk Wah Cheung and SueAnn Cheung who were promoted to Ro-kyu.

In June, we held a second tip test. Congratulations to Sean Jones and mother and daughter On Nai Lai and SueAnn Cheung who were all promoted to Go-kyu. Domo arigato gozaimasu to Sensei Jean Gobillot of the Northampton Dojo who honored us by leading the workout and sitting as head judge. Domo arigato gozaimasu to Mr. Steve Parsons and Ms. Cathie Parsons, also of the Northampton Dojo, who honored us by completing the board of judges.

In August, we were greatly honored to participate in the events in Washington, DC in celebration of the 45th Anniversary of Grandmaster Ansei Ueshiro's arrival in the United States. Congratulations to Kevin Neal who was promoted to San-kyu and Yuk Wah Cheung who was promoted to Go-kyu after testing in Washington.

Domo arigato gozaimasu to Hanshi, Kyoshi and Sensei for leading us through a thrilling series of workouts, tests and demonstrations. Domo arigato gozaimasu to Denshi-Shihan Sal Scaglione, Sensei Joe Knight and Sensei Theresa Knight (as well as Sensei Markowitz and the deshi of the Northern Virginia Dojo) for organizing a remarkable series of events. We will always carry fond memories of these moments with us, and the strong spirit demonstrated and generated at these gatherings will help to inspire us to keep moving forward on the Way.

### Domo arigato gozaimasu to all,

Sensei Emiliano Mazlen Shihan, San-dan Boston Chinatown Ueshiro Shorin-Ryu Karate Club (617) 727-2200 x2457 emazlen@hotmail.com





### Northampton Ueshiro Karate Dojo

### Onegai shimasu, Hanshi and Karateka system-wide.

We were greatly honored by a visit from Hanshi to the Northampton Dojo on May 12 and were pleased and humbled to receive visitors from New York and Boston on this occasion as well. A special workout was conducted and much wisdom offered and gratefully received. We are always very thankful for and inspired by these opportunities.

The dojo held an outdoor workout above Chapel Falls in Williamsburg, MA on July 21 with 18 people participating. We climbed a mountain and performed kata in a lovely hemlock forest, serenaded by scarlet tanagers and the haunting song of hermit thrushes. That evening Sempai Cathie and Steve Parsons welcomed all dojo members and their families to a cookout at their beautiful home in the Berkshire foothills west of Northampton. It was simply a perfect day in every way.

Northampton Ueshiro Karate Dojo was represented by 15 people at the 45th Anniversary celebration in Washington, DC. Of the 15, seven tested and were promoted. Congratulations to all. It was a truly uplifting event and we are looking forward to the 50th!

The following deshi advanced in rank:

### San-dan

Jean Gobillot Cindy Gobillot Chris Gobillot

### Ni-kyu

Tracey Magdalene

### Yon-kyu

Angela Ramajo-Pozo Jennifer Johnson

### Go-kyu

Andy Wright

We were saddened to bid Andy Wright farewell as he returned to England August 22 to begin graduate studies there. He had been training with us since May 2007 and plans to continue karate training in England. We gave him a big send-off at a local eatery the night before his departure. We miss you Andy!

An outdoor workout is planned with Sensei Sal Scaglione for October 6 in the Northampton, MA area, which we hope will coincide with peak autumn colors in New England. All are welcome. Details will be provided as the date approaches.

Please note our new web address: <a href="http://www.northamptonueshirokarate.com">http://www.northamptonueshirokarate.com</a>

### Class schedule:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 - 9:30am				8:30 - 9:30am		8:00 - 9:30am
			5:00 - 5:45pm (children)	4:45 - 5:45pm (advanced children)	5:00 - 5:45pm (children)	
	6:00 - 7:30pm	6:00 - 7:30pm	6:00 - 7:30pm	6:00 - 7:30pm	6:00 - 7:30pm	

### Domo arigato gozaimasu Hanshi, Kyoshi, Sensei, and all deshi!

Sensei Dan Gobillot Denshi-Shihan, Go-dan Northampton Ueshiro Karate Dojo (413) 320-5945





# PS 27 Ueshiro Karate Club of NYC

### Onegai Shimasu Hanshi, Kyoshi, Sensei, Sempai, and Deshi,

This past spring karate was alive and well in Red Hook, Brooklyn at the PS 27 Ueshiro Karate Club. We worked hard to get the basics down as well as Fukyugata Ichi. In March we celebrated Multicultural Week with a group of students performing kata Fukyugata Ichi in front of the whole school as part of a special assembly.

The ultimate highlight of the year, however, was when a core group of my students, a few parents, and a couple of other teachers made a trip into NYC to participate in a workout on May 10, 2007 at Ueshiro Midtown Karate Dojo. The day was amazing as Hanshi Scaglione greeted and spoke with my students before overseeing us under his watchful eye. Kyoshi Mackay (then Sensei Mackay) gave my students a wonderful workout with the help of many Ueshiro Midtown Karate dan and kyu level students who came to lend their support.

In September I will be moving forward to a new school. The High School for Leadership and Public Service at 90 Trinity Place in New York City will be my new home away from home. I hope to have a Shorin-Ryu USA Karate program in place by September or October. I will be sure to keep everyone informed of my progress. As always, I am moving forward with joy and vigor.

### Domo arigato gozaimasu,

Sensei Rob Neff Shihan, San-Dan robeneff@hotmail.com





### Hombu Dojo

Ueshiro Midtown Karate Dojo at St. Barts

### Onegai shimasu, world-wide members of the Ueshiro SRKUSA community.

This Newsletter's submission begins and ends with two celebrations of Grand Master Ansei Ueshiro's life: his birthday and his arrival in the United States of America.

During the week of April 23 deshi participated in several **mini-katathons** ("mini" in class size, not number of repetitions). The workouts, originally fund-raisers that have evolved into "spirit-raisers," were to honor Ueshiro Sensei's birthday on April 20th. We ended the marathon sessions with the challenge to accumulate 100 repetitions of kata *each week* between then and the August 18 anniversary celebration.

In May we were honored with multiple visits from **Hanshi Robert Scaglione** at the Midtown Dojo at St. Barts. On Thursday, May 10, Hanshi welcomed more than 20 third graders on a field trip from Sensei Rob Neff's **PS 27 Karate Club**. Hanshi spoke of Grand Master Ueshiro's efforts as a child their age to learn karate from his father and uncle. In the ensuing workout, the group set out in earnest to follow in Ueshiro Sensei's footsteps.

The following Tuesday, May 15, Hanshi conducted the final class of his May New England tour. With barely enough elbow room to throw a hiji-ate, the group was treated to numerous corrections and enthusiastic encouragement. Hanshi's visit marked the beginning of a dojo-wide effort to intensify our training for the upcoming dan-level review.

The May black belt class had a slight break from its traditional format. After reviewing kata, the group held a lengthy review/discussion on options that could be used against an armed opponent in a setting similar to the tragic Virginia Tech massacre.

At our **June 12 tip test** two students, Gene Turok and Assaf Bar-Shai were promoted to Go-kyu and Ro-kyu, respectively. Over 15 students turned out to lend support to those testing, and by 7:30 pm the deck was glistening with the sweat of everyone rediscovering "beginner's mind."

A high point of our summer training was the **beach workout** at Sherwood Island State Park. Approximately 25 students from various Ueshiro Shorin-Ryu USA schools gathered on July 15 to observe the tradition that traces its roots to the sandy shores of Okinawa. Special thanks to Sensei Adam Dunsby and Sempai Frank Mowka for representing the Easton Connecticut Ueshiro Karate Club and for hosting the high-end picnic/pool party at the Dunsby's home afterwards. Domo arigato also to Sensei Emiliano Mazlen for bringing his group from the Boston Chinatown Ueshiro Karate Club. Sensei Michael Margulis and Sensei Larry Link photographed the event for the 45th Anniversary Commemorative DVD, and also deserve our gratitude.

By the end of July training for the 45<sup>th</sup> Anniversary celebration reached a fevered pitch, culminating in Hanshi's visit on July 31 to conduct a double class and to "preview" many of the students planning on being "reviewed." Domo arigato gozaimasu, Hanshi, for the timeliness of this visit.

During the August black belt class (August 2), senior Ik-kyu were invited for a sneak pre-promotion look at the mysterious dan-level training. A few days later the Saturday morning classes were combined and moved to Prospect Park for marathon outdoor training under the auspices of Sensei Rob Neff. Throughout the months leading up to Washington, advanced deshi continued to hone their demonstrations. A total of nine highly original exhibitions materialized out of these efforts.

**45**<sup>th</sup> **Anniversary celebration** – First and foremost, "Domo arigato gozaimasu!" to Hanshi Scaglione, Kyoshi Baker, Kyoshi Seeger, Sensei Joseph and Teresa Knight, Sensei Sal Scaglione and all the Shihan for making the 45th Anniversary celebration a reality. Students from Midtown braved I-95, rain storms, tow-away zones and marathon workouts to raise Ueshiro Shorin-Ryu Karate USA to it's 45-year peak.

Saturday's and Sunday's tests yielded a great many new ranks:

Shichi-dan

Michael Mackay

Go-dan

**Gamiel Ramson** 

Yon-dan

Ellin Moore John Bottega Shelly Melton Lori Klein San-dan

Larry Link
Boris Grossman
Bruce Silver
Richard Vachino
Tzvi Bar-Shai
Robert Neff

### Ni-dan

John Lee Daniel Lax John Robbins John Adams

### Sho-dan

Shabbir Kazmi Richy Glassberg Chris Memoli Hend Elsayed

### lk-kyu

Jonathon Cohen

### Ni-kyu

Henri Waelbroeck Will Nicklin

### San-kyu

Candace Morgan Gerald Rath

### Yon-kyu

Ibrahima Jalloh Terry Alexander

### Ro-kyu

Muhammad Jalloh

These ranks and the knowledge they represent are invaluable gifts bestowed directly from Hanshi Robert Scaglione and the Ueshiro family. They should be treated with the reverence and respect they deserve.

Domo arigato gozaimasu to all the Midtown students who re-arranged their summer plans to be a part of this historic event. The sacrifices made by your families, as well as your time and financial commitments, were considerable and I hope well worth the price. Veterans of great battles seldom speak of what they did or saw. This is one battle we will be proud to tell tales about for many years to come.

### **Upcoming events**

By the time you receive this Newsletter, the Ueshiro Midtown Dojo at St. Barts will have concluded it's annual **September 11 memorial workout** in Central Park. This event, scheduled for Sunday, September 9, reminds us of the brutal reality that we may be attacked on US soil at any time. It also demonstrates our resolve to be an open, contributing part of our larger community – the 12 million citizens of New York City.

The highpoint of our fall training will be Saturday, Sept. 22, when Hanshi returns to New York for the first of many "Northeast Ueshiro Shorin Ryu Road Trip Workouts." All deshi system-wide are encouraged to be a part of this post-Anniversary workout/celebration. Training will run from 1:00 PM to 3:00 PM in the gymnasium of the St. Barts Athletic Facility. The purpose of the workout, as proposed

by Denshi Shihan Chris Barnes, is to give everyone from the North East dojo enough time to get to a central location, enjoy a rigorous "old school" workout, and get back home at a reasonable hour. Those of us from Midtown consider midnight reasonable.

"Guest Instructor" class - We are initiating a new Wednesday evening class to be run on a rotating basis by various Sensei from both the Midtown dojo and systemwide. These workouts will take place from 7:15 to 8:30pm on Wednesdays and generally will be open to all ranks. All black belts, especially those visiting New York, are invited to come and be a "Guest Instructor" at this or any other class that accommodates your schedule. Please give me as much lead time as possible (as little as five minutes is acceptable) so our students can be notified and encouraged to attend. This is YOUR Hombu dojo.

### **Weekly Class Schedule**

Mon	Tue	Wed	Thu	Fri	Sat
	7:45 – 8:30am		7:45 – 8:30am	7:45 – 8:30am	10:45 – 11:45am
12:00 – 1:00pm		12:00 – 1:00pm	1:15 - 2:00pm		12:00 – 1:00pm
5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm*	5:30 – 7:00pm	
	7:15 – 8:45pm	7:15 – 8:45pm**	7:15 – 8:45pm*		

- \* Black belt class: Sept.13, Oct. 4, Nov. 1, Dec. 6.
- \*\* Guest Instructor class when announced.

Domo arigato gozaimasu, Hanshi, for your *day-to-day commitment* to each and every dojo, club, instructor and student of Ueshiro Shorin-Ryu Karate USA. You are a leader of future leaders.

### Arigato gozaimasu, Hanshi,

Kyoshi Michael Mackay Denshi-Shihan, Shichi-dan Ueshiro Midtown Karate Dojo at St. Barts mmackay@debevoise.com (212) 909-6440





Ueshiro Pine Forest Karate School

Thank you Grand Master Ansei Ueshiro. Thank you Hanshi Robert Scaglione.

To my fellow deshi: WOW!!! THANK YOU.

**Talk about joy and vigor**, what a weekend! Wow! Thank you Hanshi. Thank you Kyoshi Seeger, Kyoshi Baker, Kyoshi Mackay and Sensei Joe and Teresa Knight for orchestrating a fabulous weekend as we ascended on the nation's capital this past weekend with Master Ueshiro smiling down on us and our signature Okinawan, "original style" Karate, under the direction and leadership of Hanshi Scaglione. There is much work to done and this weekend certainly helped kick things into high gear as we enter the Fall training season and set our gaze towards the big 50!

### Domo Arigato gozaimasu,

Powell Sensei

What the 45th anniversary has taught us is to train hard, keep focused, and look to the future with optimism.

### Arigato,

Bracken Sensei

Thank you Master Ueshiro and Hanshi for Everything!!!

Potter Sensei

Domo Arigato Hanshi, Kyoshi and Sensei,

**Thank you for this great event** and the opportunity to train with so many enthusiastic and talented martial artists. It was an honor.

Mr. Jaising

**Domo Arigato Grandmaster Ansei Ueshiro** for having the courage to leave your country, to take a risk and impact the lives of the many you taught personally, and who have passed on Shorin-Ryu karate to the rest of us.

Ms. Mager

### Class schedule:

Wednesday 7:00 - 8:30pm Sunday 10:00 - 12 noon

or a time what works for you.

### Thank you, Hanshi!

Kyoshi David Seeger Denshi – Shihan, Shichi-dan Ueshiro Pine Forest Karate School motobu@aol.com (845) 359-5330





Okinawan Karate Club of Pelham Manor

### Onegai shimasu, members of the greater SRKUSA family.

Since the last newsletter the Ueshiro Okinawan Karate Club of Pelham Manor completed its first full-belt promotion in over two years. Our white-stripe deshi deserve much praise for their patience in not racing through the ranks. We seem to have our hands full simply mastering the kata we already know, particularly Club favorites Fukyugata Ni and San. On Sunday, March 25 the following deshi tested for the next level:

### Ni-kyu

Connor Nichuals Mathew Nichuals

### San-kyu

Chris Russo Joeseph Russo Alex Wada Zach Heese

### Yon-kyu

Kieran Heese

### Ro-kyu

Anthony Paterra

All tentatively passed, but the final results were not announced until two days later, when **Hanshi Robert Scaglione** conducted a second review of the candidates at the Tuesday night class. Hanshi led the test candidates and a large contingent of non-testing students from the Pelham and Midtown dojo through a rigorous workout. For many of the Pelham deshi this was the first opportunity to get personalized instruction

from Hanshi Scaglione and the response was exhilarating. A special congratulations to Sensei Nichuals' sons, Connor and Matthew, for advancing to Ni-kyu. We are all learning that higher rank demands far greater focus, commitment and responsibility. The rewards, however, are also proportionately higher. Domo arigato gozaimasu as well to our black belt visitors from the Midtown and Palisades dojo: Sensei(s) Eddie Garcia, Ellin Moore, Preston Powell, Rob Neff and Ms. Kristen Dominger.

Beach Workout - Sunday morning, July 8, the Okinawan Karate Club held it's annual outdoor workout at Glen Island, Westchester County, the site of many traditional visits and celebrations in the Nichuals family. Spurred on by the memory of Sensei Nichuals, seven children and six adults performed kata and basics along a wide stretch of beach, from a high concrete retaining wall to knee-deep water at the edge of Long Island Sound. The children showed remarkable focus despite the challenging conditions, especially during their individual performances of kata at the end of the long morning. Domo arigato to Ms. Lee-Ann Hartley, instructor at the Pelham Manor Club for participating despite a severe injury, and to our black belt visitors from the Ueshiro Midtown Dojo - Messrs. Robert Neff, Tzvi Bar-Shai and John Lee - who traveled many miles and endured much body testing. Special mention must also be made for the gracious hospitality and organizational skills of Barbara Nichuals, without whom this branch of Ueshiro Shorin-Ryu karate could not survive.

**Journey of a thousand miles -** July 29 – Once again the Nichuals family set out on an early Sunday morning to take a journey of many miles to raise funds for pancreatic cancer research. The walkathon, organized by the Lustgarten Foundation, took place at Old Westbury Gardens on Long Island, and turned into a marathon day of powerful reminiscences about Sensei Dan. Sensei continues to assert a strong and positive influence as new stories emerge about this humble man.

**45**<sup>th</sup> **Anniversary Celebration** – The Heese family, featuring Brian (father) and two sons, Zach and Kieran, represented the Okinawan Karate Club on the great stage of the Sylvan Theater at our nation's capital. The group performed Pinan Shodan, along with instructors, Sensei Bracken, Potter and Mackay. The Heese family has been a pillar of the Okinawan Karate Club for many years. A special "Domo arigato" to Amy Heese, dojo historian, who has recorded so many dojo events on digital video since Sensei Nichuals opened the club many years ago.

**Instructors**: This Club could not exist without the dedicated support of its two assistant instructors: Sensei Don Bracken and Ms. Lee-Ann Hartley. Domo arigato for being at least as tenacious as our small pine tree students.

### Class schedule:

Tuesday, 7:30 pm – 8:30 pm Sunday, 9:30 am – 10:30 am Domo arigato gozaimasu to Barbara, Connor and Matthew Nichuals for keeping the tradition of Shorin-Ryu Karate alive in their own home. Our system was a great source of pride for Sensei Nichuals and it is an honor to continue in the path he had chosen.

### Domo arigato gozaimasu, Hanshi

Kyoshi Michael Mackay Interim Shihan, Shichi-dan Okinawan Karate Club



Sensei Dan Nichuals, Feb. 2004



### Ueshiro Okinawan Karate Family Club

### Greetings.

Things are going great in "Happy Valley" (a nickname for "Penn State"). We just had a test (February 25, 2007) and now have two more Brown Belts, Tracy Pletcher and Jeffrey Zhao.

We are excited about some visitors coming from Japan. On Sunday, April 29th, we will receive a group of eight Japanese intergenerational specialists who are on a four-city study of intergenerational programs in the U.S. They are interested in visiting our dojo in part because they find our family membership practices to be very interesting. [Our policy: to join, one needs to come with another family member. We define "family" loosely; it can include close friends or neighbors.] When our Japanese visitors come, we'll make sure they know that in many other dojo in our system, there are also families that are finding fitness and togetherness as they train together. We won't mention any names, of course.

Speaking about family training, I'd like to extend a quick note of gratitude for those Shihan and their students who helped us collect some very interesting and inspiring student responses to the question, "How do you feel about training in karate as a family?" We'll be collating responses and sharing key themes with other dojo in a month or two.

Also, we have established a continuity plan for my upcoming one-year move to the midlands of England for a sabbatical research project. From late August 2007 to mid-August 2008, the acting Shihan will be Ruilong Ma (15 year old Ni-kyu). Tracy Pletcher (also of Ni-kyu rank) will assist, primarily in handling all administrative matters and in providing additional support on the deck.

We are pleased to announce that Sensei Sal Scaglione of the Ueshiro East Meets West Karate Club of Northern Virginia will be conducting classes once a month until the end of the year. Please come and join Sensei for a great workout and "pot luck" dinner afterwards on the following dates:

Sunday 26 Aug 4:30 PM Sunday 23 Sep 5:30 PM Sunday 21 Oct 5:30 PM Sunday 18 Nov 5:30 PM Sunday 16 Dec 5:30 PM

Any additional support from the students and Shihan of other dojo during this time would be much appreciated.

### Domo arigato gozaimasu.

Sensei Matt Kaplan Denshi-Shihan, Roku-dan Ueshiro Okinawan Karate Family Club



### Ueshiro East Meets West Karate Club of Northern Virginia



### Onegai-shimasu to all,

On behalf of all the deshi of the Ueshiro Northern Virginia Karate Club, I want to thank the deshi of Ueshiro Shorin-Ryu Karate USA for the tremendous turnout for this past weekend's 45th Anniversary Celebration! We enjoyed being the host to this event, and being able to plan and participate in this convergence of karate talent on our nation's capital. There was so much to witness and experience:

- Hanshi's recollections of Master Ansei Ueshiro's tireless efforts in promoting, nurturing, and fostering the fledgling Shorin-Ryu community in the US during the 1960s and '70s.
- The Sterling Community Center deck crackling to the simultaneous impact of Niahanchi knife edge heels.
- The Sylvan Theater amplifying the power and cadence of 100 practitioners staying low and moving forward with Fukyugata San - then feeling the refection back off the Washington Monument façade.
- The awarding of new ranks and the assumption of new responsibilities: being responsible stewards in maintaining USRKUSA and in propagating this style however possible.

Reflections, pictures and links of the 45th Anniversary events are available on the SRKUSA webpage: http://www.shorinryu.com/45thpict.htm

Congratulations to the following Virginia deshi who were promoted this past weekend:

### Roku Dan

Sal Scaglione

### Go Dan

Joe Knight

### San Dan

Patrick Markowitz

### Ni Dan

Lisa Markowitz

#### Sho Dan

Sean Paus

### Ni Kyu

Jim Davis

Our classes continue to be held at the Compton Village Community center in Centreville with one class weekly being held at the Glade Community center in Reston.

### Class schedule

Monday 7:00 pm (Glade Community Center, Reston, VA)
Thursday 7:00 pm (Compton Village Community, Centreville, VA)
Saturday 9:00 am (Compton Village Community, Centreville, VA)

Sensei Sal Scaglione and Mr. Sean Pause are showing big spirit by providing instruction at the Ueshiro Okinawan Family Karate Dojo while Sensei Matt Kaplan is on sabbatical. Domo Arigato for your efforts.

### Domo Arigato,

Sensei Joe Knight Shihan, Go-dan Ueshiro Virginia Karate Club Webmaster, www.shorinryu.com





### Ueshiro Hong Kong Karate Club

### Onegai shimasu Hanshi, Kyoshi, Sensei, Sempai and Karateka,

First, the Ueshiro Hong Kong Karate Club would like to congratulate all the students who were promoted at the 45th Anniversary event for Shorin Ryu Karate USA recently. All the pictures really helped us enjoy the proceedings with you. Thanks to everyone who documented the celebrations. We also want to say a special "Arigato Kyoshi!" to our newest Kyoshi, Mackay Kyoshi. It is wonderful that we are growing in this fashion.

Second, the Ueshiro Hong Kong Karate Club is pleased to announce some recent promotions and appointments of it's own.

### Chief Representative

Lyle Kleusch

**Ik-kyu** (June, 2007) Tytus Michalski Marco Ng Man Ho

**Go-kyu** (August, 2007) Bon-Bon Tseng

Sempai Kleusch, Ni-dan and former shihan of the Ueshiro Kualoa Karate Club, moved to Hong Kong last March. He has been the training partner of Sensei Lai and Sensei Wong for over 16 years. All three are original students of Sensei Matt Kaplan, founder of the Downtown Karate Dojo in Hawaii back in early 1990's.

Finally, the Ueshiro Hong Kong Karate Club is extremely excited to announce that Hanshi is confirmed to visit Hong Kong in November! We feel very honored by this visit and we hope many of our fellow karateka will join him. We welcome you all. Please contact us in the near future and we will help coordinate your visit at the same time as Hanshi (email Sempai Lyle Kleusch at teach888@yahoo.com).

Again, congratulations everyone on our 45th anniversary and our continuing efforts to carry on the tradition of Grand Master Ansei Ueshiro.

### Arigato Hanshi, Kyoshi, Sensei, Sempai and Karateka.

Alan Lai Shihan, Go-dan Ueshiro Hong Kong Karate Club





Eilat, Israel Ueshiro Karate Dojo

### Anigashimasu Hanshi, Kyoshi, Sensei and karateka!

This month we celebrate the same karate, the same spirit, the same power of Grand Master Ueshiro after 45 years even though we are very far from the center of the karate dojos in the world......

We have the same heart of SHORIN-RYU KARATE! We are ready for the 50<sup>th</sup> Anniversary Celebration......!

### Domo Arigato Hanshi and all.

Sensei Shlomo Dadon Denshi - Shihan, Go-dan

Eilat, Israel



### Tel Aviv - Hertzlia Israel Ueshiro Karate Dojo

### Onegai shimasu, Hanshi and deshi around the world.

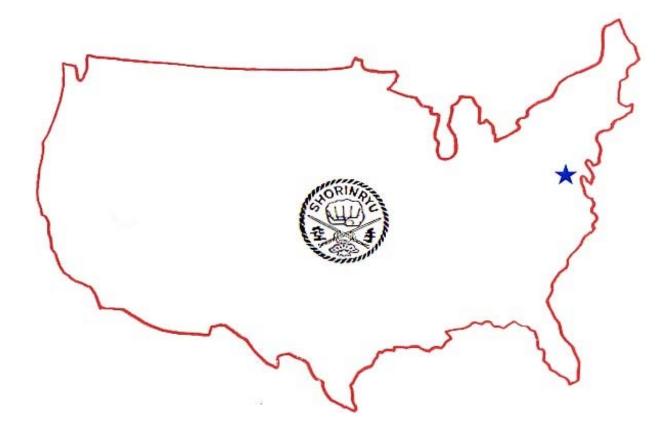
Our Deshi group strives to maintain regular training, despite the fact that most of our practitioners have jobs that involve intense traveling outside of Israel. However, we have a steady group of seven deshi that keeps training.

Going forward, we plan to consolidate our testing with Dadon Sensei's Dojo in Eilat. The joint promotion will also celebrate the new Eilat location and demonstrate unity with our southern karate family.

### Domo Arigato,

Sensei Nir Zamir Denshi – Shihan, Go-dan

Tel Aviv, Israel



*Karate News* is a semi-annual publication produced in turn by volunteering Shihan of the Ueshiro Shorin-Ryu Karate USA Dojo and Clubs. Current and previous issues of *Karate News* can be found at our web site <a href="https://www.shorinryu.com">www.shorinryu.com</a>.

This issue was published by Kyoshi Michael Mackay and edited by Hanshi Robert Scaglione.

Photography credits: , Larry Link, Michael Margulis, Mary McKitrick, Chris Memoli, Gerard Rath.