

USRKUSA Fall 2013 Newsletter



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Greetings All USRKUSA members,

Just a friendly reminder here re: *The key to success in Karate!*

"Consistent Training"

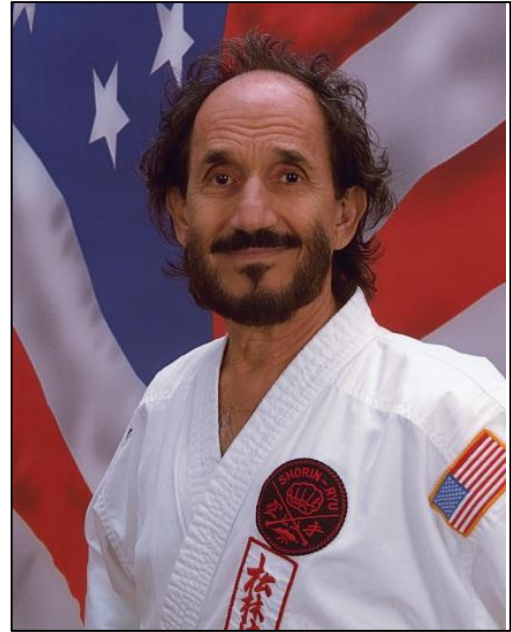
([Technique of the Week for September 3rd, 2001 from then-Kyoshi Robert Scaglione](#))

([Link to Technique-of-the-Week Archive](#))

The most important aspect of karate is your systematic training schedule in the dojo. It is strongly suggested as follows:

- Beginners: 2 x weekly - minimum
- Intermediates: 3 x weekly - minimum
- Advanced: 4 x weekly - minimum

This refers to in-the-dojō training, a class participation schedule. In every area of sports/physical arts/athletics the "superstars" / higher ranks train more vigorously and more often. There are no shortcuts here. In order to experience the joy and vigor of a strenuous workout we need to show up, suit up and participate. It never comes from thinking about it, only from doing it. The most common cause of injury, malaise, illness and depression is inconsistent physical exercise or not training at all. The advanced kata demand much more physical strength and prowess than the basic kata. If you are too "busy" to meet this schedule then you need to find a way to break out of the rut.



"The dojo is the place where courage is fostered and superior human nature is bred through the ecstasy of sweating in hard work. It is the sacred place where the human spirit is polished."

- Master Nagamine

Keep training - Research this well
Arigato,
Kyoshi Robert Scaglione

"Keep training!"- Gichen Funakoshi (the Father of Modern Day Karate)

Sincerely,
Hanshi Robert Scaglione
October, 2013

51st Annual Black Belt Workout Announcement



UESHIRO SHORIN-RYU KARATE USA

*51st Annual Black Belt Workout / Special Kyu
Level Workout / Group Workout - All Levels

With Special Dinner to Celebrate
Hanshi Robert Scaglione's
75th Birthday

*See schedule in Palisades, New York
Newsletter section for more details.

U.S.A. DOJOs

CALIFORNIA, Los Angeles – Ueshiro Bushi Dojo

Onegai Shimasu Hanshi & Worldwide Ueshiro Shorin Ryu Warriors,

Bushi Dojo Wishes to take this time to wish Hanshi a Spirited Birthday Compai.

You have lead us through spiritual, physical and personal battles. And we have always come out the victor, your persistence on the basics as well as the advanced technique has been a moving metaphor for all areas of our lives. The Power of Master Ueshiro's decision to choose you and nobody else to carry on his vision is what proves to us on a daily basis just how lucky we all are to bear Master Ueshiro's Namesake.

Under the direction of Hanshi Robert Scaglione, ARIGATO & HAPPY BIRTHDAY COMPAI!!

Domo Arigato Gozaimasu

Denshi-Shihan, Ueshiro Shorin Ryu Karate USA

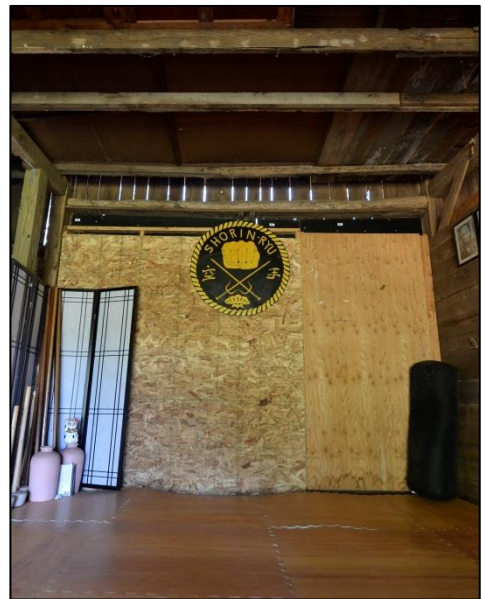
Under the direction of Hanshi Robert Scaglione

Bushi Dojo Founder

Barnes Sensei



CONNECTICUT, Easton Ueshiro Shorin-Ryu Karate Club



Domo arigato Hanshi and Kyoshi,

In Easton, we continue the 51st year of Ueshiro Shorin-Ryu Karate USA in strong fashion as we await the end of year Celebration of Hanshi's 75th Birthday at the Annual Black Belt Workout / Special Kyu Level Workout. Hanshi has given us all many gifts of his wisdom and leadership over the years. The best present we can give him this year is to keep moving forward in our training with joy and vigor.

Domo arigato gozaimasu,
Sensei Adam Dunsby
Shihan, Easton CT Ueshiro Shorin Ryu Karate Club

松林流



CONNECTICUT, Wilton Ueshiro Shorin-Ryu Karate Club

Wilton Connecticut Ueshiro Shorin-Ryu Karate Club

50 Danbury Road

Wilton, CT 06897-4444

Mr. Keith Eng, Shihan, San-Dan

(203) 221 4873 (Work)

Kyoshi David Baker, Shichi-Dan, Sponsor



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

We continue to train with our spirit out-sizing our small numbers. 2013 is exciting as it marks Ueshiro Shorin Ryu Karate 51st anniversary, Hanshi Scaglione's 75th birthday, and our club is in its 18th year!!! We are celebrating with a small compai on October 12th. We will continue to preserve and ensure the vitality of traditional Okinawan karate-do with our morning, pre-work classes. Our goal is to increase the karateka training with us and we also hope to continue our tradition of visiting our sister clubs and schools in order to share karate and spirit. The best of training to all of our karateka brethren! See you on the deck!

Domo arigato,

Keith Eng

San-Dan

<u>Class Schedule</u>	
Monday	7:30 AM
Wednesday	7:30 AM

FLORIDA, Cocoa Ueshiro Shorin-Ryu Karate Dojo

Ueshiro Cocoa Shorin-Ryu Karate Dojo

(March 2013 through September 2013)

Sensei Ron Marchetti, Yondan, Shihan (321-412-3021)

Onegai – Shimasu Hanshi, Kyoshi, Sensei and USRKUSA Deshi,

The Ueshiro Cocoa Shorin-Ryu Karate Dojo located at the Central Brevard Community College Campus in the Cocoa YMCA Facility is moving forward with great joy and vigor, and continues with the following modified schedule:

Monday and Wednesday – 7:00 PM to 8:30 PM (All ranks – adults and children)

Saturday – 11:30 AM to 1:00 PM (All ranks – adults and children) (New Class)

The Ueshiro Cocoa Dojo Dan Level Deshi (Sensei Ron Marchetti – Yondan and Sempai Pat Marchetti – Nidan and Sempai Dennis Flynn – Shodan) continue to lead the dojo in instruction of classes, along with Ik Kyu/Ni Kyu Deshi that continue to assist. The Ik Kyu instructors are Sempai Youjian Nistorenko, Sempai Maurice Nistorenko and Sempai Don Carter. Ni Kyu deshi assisting with instruction include Sempai Robert Hunt and Sempai Rob Weaver. The Cocoa Dojo goal is to provide karate instruction to the Cocoa Deshi as brought to the United States by Grand Master Ansei Ueshiro and as currently taught by Hanshi Scaglione and the Kyoshi.

The Cocoa Dojo conducted Green Tip tests on April 17th and June 19th. Many of our new students are diligently learning the fundamentals of Shorin Ryu Karate as they progress forward in rank. The Dojo location at the Central Brevard YMCA provides excellent exposure to many children and adults who would like to learn karate with many families training together.

Test results for the April 17th test were:

Receiving the rank of Ro Kyu (one green tip)

Lorena Lewis

Jasmine Norris

Major Lewis

Jesse Washington

Receiving the rank of Go Kyu (two green tips)

Daniel Batista

Test results for the June 19th test were:

Receiving the rank of Ro Kyu (one green tip)

Brianna Norris
Jada Thomas
Rafael Aponte

Receiving the rank of Go Kyu (two green tips)

Jasmine Norris
Major Lewis
Jesse Washington



The combined Florida schools of Ueshiro Shorin-Ryu Karate USA including the Ueshiro Cocoa Dojo held their semi-annual full belt promotion on August 17 at the Ueshiro Merritt Island Karate Dojo. It was an epic and unforgettable day with arduous training from 9:00 AM to the test conclusion at 3:30 PM. Prior to the promotion, Hanshi Scaglione led the higher ranks through many basic techniques with a challenge to stay low and have full extension of the arm in techniques such as punching and low blocks.

The promotion consisted of three boards of judges all overseen by Hanshi Scaglione. There were approximately 50 deshi from the local dojo tested. **The Ueshiro Cocoa Dojo Deshi promoted were:**

Don Carter, Ik Kyu
Rob Weaver, Ni Kyu
Robert Hunt, Ni Kyu
Aniah Combs, San Kyu
Cheyenne Flynn, Yon Kyu
Ayania Smiley, Yon Kyu
Katie Berrean, Yon Kyu
Jesse Washington, Yellow Belt



A separate test for children Kyu levels testing for Green Tips and Yellow Belt was also conducted on August 21st. This test option was provided to the children so that the arduous and lengthy adult and advanced children's belt test would not discourage them from participating. **Ueshiro Cocoa Children Deshi promoted were:**

Morgan Murdick, Ro Kyu
Jasmine Norris, Yellow Belt
Major Lewis, Yellow Belt

Keep Training!!

Domo Arigato,
Sensei Ron Marchetti
Shihan, Ueshiro Cocoa Dojo

FLORIDA, West Melbourne Ueshiro Shorin-Ryu Karate Dojo

Onegai-shimasu Hanshi, Kyoshi, Sensei, and all Deshi,

I am humbled and proud to announce that the Ueshiro Shorin-Ryu Karate USA West Melbourne Dojo is moving forward with joy and vigor in warrior spirit.

We have been in operation for over two years now and we are privileged to have a great attendance of dedicated students. As of our August belt test we have ranks from white belt-to-1k-kyu. I am very fortunate to have Sempai Miranda Aiken (1k-kyu) assisting me with the dojo. She is a great help and brings great spirit to our classes.

We are also fortunate to be so close to other great dojos in Brevard county. Hanshi Robert Scaglione is a short ride away in Viera. Sensei Kurt Tezel is close by in Merritt Island; and Sensei Ron Marchetti is close by in Cocoa. Their support and teaching has been key to keeping the West Melbourne Dojo running smoothly.

I would like to offer my sincerest gratitude to Hanshi and all who have done so much to help me in my training and running the dojo. I must also not forget Sensei David Tamir, who was my primary sensei when I was offered the high honor of becoming the Shihan of the West Melbourne Dojo. He is the dojo sponsor and his teaching and example are key elements as we continue to share the great gift of USRKUSA with all who want to learn.

Domo Arigato,
Rick Cupoli (Ni-Dan), Shihan



FLORIDA, Melbourne Ueshiro Suntree Dojo



Onegai Shimasu Hanshi, Kyoshi, Sensei, and all Deshi,

It has been nearly a year since I was given a fantastic opportunity to become the Shihan of the Ueshiro Shorin-Ryu Suntree Dojo after Sensei David Tamir's departure to Israel. Under the guidance of Hanshi Robert Scaglione and with the assistance of the other local Shihan, Sensei Kurt Tezel, Sensei Ron Marchetti and Sempai Rick Cupoli our dojo continues to grow. We have an extremely dedicated core group of students who work hard and energize the deck. I would like to mention the advanced ranks that make it possible for us to offer classes four days per week. Sempai Kevin Hutchenson (San-Dan), Sempai Christell Bodrick (Ik-Kyu) and Sempai Jennifer Sangalang (Ik-Kyu) without their tireless commitment to assist with classes and other dojo functions, our dojo would not be as strong as it is.

Please find the below list of recent Suntree Dojo promotions from our August 20th children's promotion and our August 17th Florida Dojo semi-annual promotion.

Ro-kyu (One Green Tip)

Brenden Coady-Reese
Dani Pimental

Go-kyu (Two Green Tips)

Zaky El Lahial
Aj Plonsky
Liam Le Blanc (Viera)
Ruble Chandy
Saliha Almakhfi

Yellow Belt

Paul Kelemen
Justin Taylor (Titusville Dojo)

Yon-kyu (Green Belt)

Ada Yumiceva (Viera)
Savannah Zhang
Stacie Plonsky
Vince Kelemen

San-kyu (Green Belt Brown Tips)

Lloyd Brownhill
Dan Morella
Terry Plonsky

Ni-kyu (Brown Belt)

Angie Bingham

Ik-kyu (Brown Belt Black Tips)

Jennifer Sangalang
Cristell Brodrick
Laura Wheeler

Domo Arigato Gozaimasu,

Sempai Matt Reed, Sho-Dan
Shihan Ueshiro Shorin-Ryu Suntree Dojo
321-213-3124, rpd197@yahoo.com

FLORIDA, Ueshiro Merritt Island Karate Dojo

Onegai Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

A lot has happened since the spring 2013 newsletter.

On Tuesday, April 16 the Ueshiro Merritt Island Karate Dojo held its bi-monthly tip test. The results are as follows: Jenna Rossignol, Sophia Montes-Kerr, Neva Rossignol and Bill Arnold were all promoted to Ro-Kyu (photo below).



In celebration of what would have been Grandmaster Ansei Ueshiro's 80th birthday on April 20, the Ueshiro Merritt Island Karate Dojo held its annual Katathon on April 20. Great spirit and energy was in abundance throughout the evening. Some deshi arrived early to get a jump-start on the katathon and some deshi needed be practically pulled off the deck after the katathon had formally ended. The following students participated: Sophia Montes-Kerr , Luke Reed, Kevin Tezel , Jossuah Boggs, Matt Reed, Jeanne Boggs , Travis Culp, Jade Norton , Ed Bauder , Jenna Rossignol , Neva Rossignol, Justin Taylor, Kacy Bauman, Lloyd Brownhill, Jennifer Sangalang , Evan Rossignol, Albert Ocampo, Sensei Kurt Tezel, Paul Kelemen, Vince Kelemen, Neil Dahl, Julianna Boggs, Jubilee Boggs and Dylan Duncan (photos below).



The annual Memorial Day beach workout was held at 7am on Monday, May 27 off of Lori Wilson Park. It was a well-attended event with many deshi from many different schools present. Afterwards, we visited a local Cocoa Beach restaurant for breakfast and karate talk (photos below).



On Sunday June 1, 2013 the Ueshiro Merritt Island Dojo served as host to a Sho-Dan test conducted by Hanshi Scaglione. All of the candidates arrived early and had worked up a sweat before the test officially got underway. After seven hours of training the following deshi received the rank of Sho-Dan: Luke Reed, Kevin Tezel, Kevin Hutchenson, Travis Culp and Dennis Flynn (photo below).



Two Merritt Island deshi – Sensei Tezel and Sempai Kevin Tezel – had the opportunity to train with at the Northfield, Minnesota Dojo led by Sensei Bob Dobrow. Domo Arigato to all the deshi for all of their hospitality (photo below).



Saturday, July 6th was a day to remember for all those who participated in our Space Coast Stadium Demonstration led by Hanshi. The Brevard County Manatees were playing the Tampa Bay Yankees in a minor league baseball game. The attendance was over 3,000 due to the fact that Alex Rodriguez (A-Rod) would be playing as part of his rehab from an injury. It was an historic event (photo below)!



The combined Florida schools of Ueshiro Shorin-Ryu Karate USA held their semi-annual full belt promotion Saturday, August 17 at the Ueshiro Merritt Island Karate Dojo. It was an epic and unforgettable day. The training "officially" began at 9 AM with most students arriving @ 8:30am or earlier. Although we didn't bow out until around 3:30pm, many students stayed another hour or so - taking pictures, working technique and talking karate - reluctant to leave (photo below).



The Merritt Island dojo hosted a Labor Day morning class which was well attended and a terrific way to start the day!



Two Merritt Island deshi – Sensei Tezel and Sempai Trevor Tezel – had the opportunity to train with Sensei Patrick and Lisa Markowitz and the collected students from East Meets West and the Dulles Ueshiro Shorin-Ryu Karate schools. It was a great setting at the Great Falls State Park.



On Tuesday, October 1 a tip test was held and the following students were rewarded a new rank: Madeline Ayala (RoKyu), Scott Murphy (RoKyu), Neva Rossignol (GoKyu) and Bill Arnold (GoKyu).



Domo Arigato Gozaishimasu,
Denshi/Sensei Kurt Tezel
Shihan *Ueshiro Merritt Island Karate Dojo*
Ueshiro Shorin-Ryu Karate USA
Under the Direction of Hanshi Robert Scaglione

FLORIDA, Ueshiro Titusville Karate Dojo

Onegai-Shimasu Hanshi, Kyoshi, Sensei and USRKUSA Deshi,

The *Ueshiro Titusville Shorin-Ryu Karate Dojo* is located at the Titusville YMCA Tennis and Racquetball Center at 3050 Satterfield Rd., Titusville, Fl. We are growing and moving forward with joy and vigor.



Our Dojo meets on the following schedule at the following locations: Titusville Racquet Mondays 6:00 pm – 7:00 pm and at the Titusville YMCA Family Center located at 2400 Harrison St. Titusville and on Fridays 5:30 pm -6:30 pm (All Ranks –Adults and Children). The Ueshiro Titusville Dojo instructors are: Shihan Ed Bauder, Ik Kyu and and Shihan of the Ueshiro Suntree Karate Dojo, Matt Reed, Shodan. The club is sponsored by Sensei Kurt Tezel, Denshi/Shihan. The Titusville Dojo goal is to provide Karate instruction to Titusville Deshi as brought to the United States by Grand Master Ansei Ueshiro and directed by Hanshi Robert Scaglione.

Members of our School participated in the full belt promotion at the Merritt Island Dojo on August 19, 2013. Members also participated in the Labor Day work out held at the Merritt Island Dojo.

We have had a recent influx of 12-13 students obtained through the Titusville YMCA Facebook page and are looking forward to holding Tip Tests at our location. We are also looking forward to participating at Full Belt Tests and other activities which will be held throughout Brevard County Fl. We have multiple family members (children and adults) who are learning Karate together.

Domo Arigato Gozaishimasu,
Edward A. Bauder (Ik-Kyu), Shihan
Sponsored by Denshi/Sensei Kurt Tezel, Go Dan

FLORIDA, Viera Ueshiro Shorin-Ryu Karate Dojo



The Viera Dojo/club location is doing well in conjunction with the other 5 Brevard County, FL locations: *Merritt Island, Suntree, Cocoa, Titusville, and West Melbourne.*

The Viera schedule is:

Tuesday and Thursday: 6pm

Saturday: 10am

Classes are offered 7 days a week in Brevard and some days 3 classes a day. At Viera, Sempai David Norman Ni-Kyu has stepped up to conduct 6pm Thursday workouts.

We in Florida look forward to the December 2013 event in New York as well as all the 2014 events including the February 2014 event in Florida, hosted by the 6 Dojo Shihan: Hanshi Robert Scaglione, Sensei(s) Kurt Tezel and Ron Marchetti, Sempai(s) Rick Cupoli, Matt Reed and Ed Bauder.

Hanshi Robert Scaglione

Viera Ueshiro Shorin-Ryu Karate USA Dojo



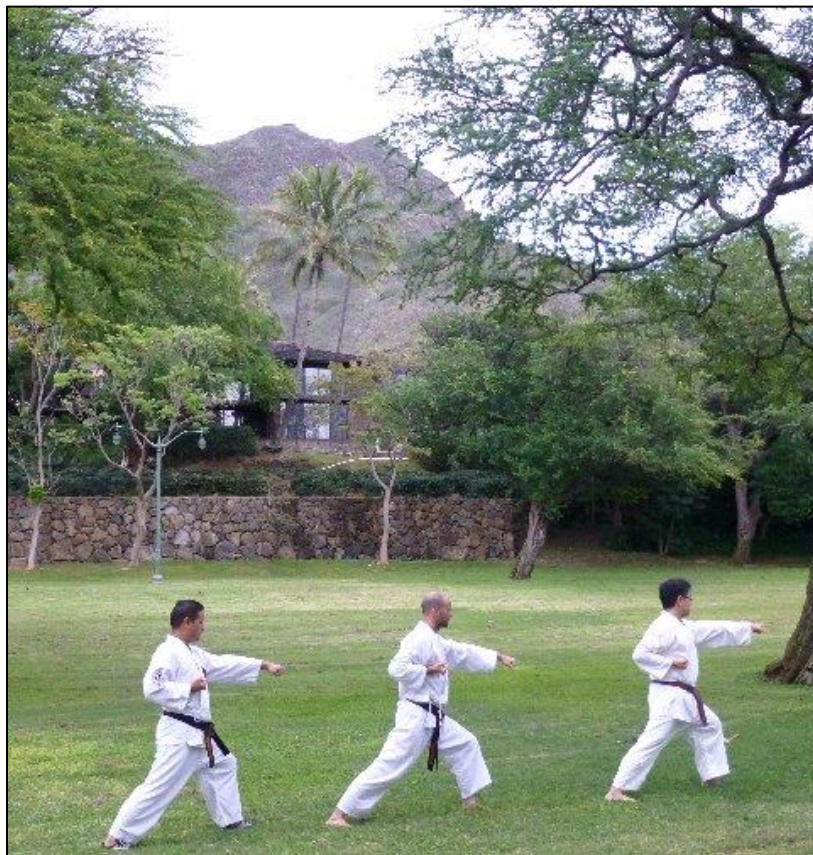
HAWAII, Ueshiro Hawaii Karate Dojo

Aloha Hanshi, Kyoshi, Sensei and Deshi,

It's hard to believe we are beyond half of 2013 already. Our training truly keeps us all busy throughout the year. We were lucky to have trained with our latest visitor to Hawaii, Sensei Bob Dobrow. We always enjoy having visitors train with us and enjoy some Hawaiian sunshine. Prior to that, we also had the opportunity to train with Sempai Candace Morgan when she came to Oahu as well this year to celebrate her wedding.

We also recently promoted Scott Nishimoto to Black Tips this past August. Like all of us, we continue to move forward and train with Joy and Vigor.

We will finish the year energized, continuing to train strong basic kihon, katas, and weapons.



Aloha from Hawaii,
Sensei Lorenzo Aguon (Go-Dan), Shihan
Sempai Roi Globen (Ni-Dan)
Sempai Scott Nishimoto (Ik-Kyu)

MASSACHUSETTS, Boston Chinatown Ueshiro Shorin-Ryu Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei, Shihan and fellow Deshi,

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston MA. Classes are on Monday and Wednesday nights at 7:30 pm and Sundays now at 11:30 am. The YMCA is near downtown Boston. We are honored when visitors train with us. If you may be able to do so, please let me know.

Domo arigato gozaimasu to Hanshi for leading us down the Path that Grandmaster Ueshiro laid for us.

We were honored to participate in the Northampton dojo's August rank promotion. Domo arigato gozaimasu to Denshi-Shihan-Sensei Gobillot for leading the test, to Sensei Ruvolo and Ms. Owens for leading the board of judges and to Northampton's Sensei and deshi for including us in their test. Domo arigato to Mr. Keith Burrows (Ni-dan) who traveled to Northampton not to test but to train with and support his fellow deshi who were testing.

Congratulations to all of the Northampton deshi who tested. Congratulations to Boston Deshi who tested Keith Chan (ik-kyu), Theo Panagakos (san-kyu), Steven Ochsner (yon-kyu), Laren Friedman (Ro-kyu) and Jenn Davis (Ro-kyu).

Further Congratulations to Keith Chan who moved to Albany, NY and opened a club at the State University there with help from Daniela Andrade and Laren Friedman. Domo arigato Keith, Daniela and Laren!

Domo arigato gozaimasu to all,
Emiliano Mazlen
Yon-Dan
[857-234-7350](tel:857-234-7350)
emazlen@hotmail.com



MASSACHUSETTS, Northampton Ueshiro Pine Forest Karate Dojo

Autumn 2013 Newsletter



Onegai shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi,

On **17 August 2013** we held our late summer rank promotion. The following deshi tested and were advanced in rank:

Ro-kyu - Jenn Davis (Boston)
Lauren Friedman (Boston)

Go-kyu - Laura Porter
Sean Romanski

Yon-kyu - Yano Porter
Skylar Gugenberger
Katie Williams
Ian Williams
Steve Ochsner (Boston)

San-kyu - Peter Mitchell
Cyu McDonald
Theo Panagakos (Boston)

Ik-kyu - Keith Chan (Boston)

We were very pleased to welcome visitors from New York on **4 May 2013**: Sensei Kevin Reymond, Sensei Ron Ballin and Ms. Kim Garon who brought great joy and vigor to our deck. Domo arigato for honoring us with this visit.

Sensei Robert Dobrow of Ueshiro Northfield Shorin-Ryu Dojo trained with us on **28 and 29 August 2013** and raised the energy and temperature of the dojo by several levels and degrees. Domo arigato for bringing the spirit of the Midwest to western Mass!

Our dojo held a tip test on 29 June 2013. The following were tested and promoted:

Ro-kyu – Nick Peabody, Tatum Hathaway, Karla Hathaway and Laura Porter.

Go-kyu – Heidi Hansen, Yano Porter, Singwen Mientka and Kim Williams.

Domo arigato gozaimasu Hanshi, Kyoshi, Sensei, Sempai, and all fellow Deshi for your motivating spirit, for continuing to support all of us in our training and helping us to move forward in the martial way.

Respectfully submitted,

Mary McKittrick, San-Dan

Northampton Ueshiro Pine Forest Karate Dojo, Northampton, MA

www.pineforestkarate.com

For further information please contact: Sensei Daniel Gobillot, Shihan 413.320.5945



Rank promotion 17 August 2013



Visit from Sensei Dobrow, 29 August 2013

Please visit and train with us in Northampton.

Our doors are always wide open to you.



MINNESOTA, Ueshiro Mesabi East Karate Club

Onegai-Shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

The Ueshiro Mesabi Karate Dojo has formed a karate club at the local school, Mesabi East School, located in Aurora, Minnesota. The name of the club is: 'Ueshiro Mesabi East Karate Club.' Classes started September 12th and turn out has been quite good. We have 22 students so far and are growing with each class. There has been no advertising and all sign-ups so far have been by word of mouth. The Mesabi area (North Eastern Minnesota) has no martial arts classes available so Shorin Ryu Karate is being very well received here. It is frontier territory.



Pictured: 3rd-6th grade, Mesabi Tigers. 7th grade-adults, Mighty Giants. Not Pictured: K-2nd grade, Little Dragons.

Sensei Kleusch works shifts on a 4 on, 4 off schedule so classes right now follow Sensei Kleusch's schedule. The community up here is very accepting of this kind of scheduling because many people in and around the mining industry work similar schedules. Weekday classes for K-2nd grade begin at 3pm, 3rd-6th grade at 3:30 and 7th grade through adults at 4:15pm. Weekend classes are all age groups combined and run from 10am to 11:30am. The class dates for fall/winter are:

Oct. 3rd, 5th, 10th, 12th, 15th, 21st, 23rd, 28th and 30th.

Nov. 5th, 7th, 14th, 16th, 21st, 23rd and 29th.

Dec. 2nd, 7th, 9th, 10th, 16th, 18th, 23rd and 26th.

The first Ro-Kyu/Go-Kyu tests will be held on December 7th. All Shorin-Ryu USA Deshi are invited to attend. In addition, Sempai David Kleusch, Ni-Dan who lives Duluth, has been attending classes, assisting in instruction and is actively supporting this endeavor. Arigato Sempai! Anyone else who might wish to be on the Board of Judges please contact me and make arrangements.



Arigato Hanshi, Kyoshi, Sensei, Sempai and Deshi!

Sensei Lyle Kleusch

Shihan/Director

Ueshiro Mesabi Karate Dojo

MINNESOTA, Northfield Ueshiro Shorin-Ryu Karate Dojo

Onegai-shimasu Hanshi, Kyoshi, Sensei and all USRKUSA Deshi,

Our dojo has grown in breadth and depth over the past six months, with several exciting activities to report.

The highlight of our year was the visit in May by Hanshi, Kyoshi Sal, Sensei Ron Marchetti, and Sempai Pat Marchetti, Bill Breidenbach and Sam DiGiario to help us celebrate the fifth anniversary of our dojo in Minnesota. Hanshi and Kyoshi led us in three days of intense karate, which included seminars on the naihanchi and pinan katas, and a two-hour panel discussion on our style, history and philosophy. Congratulations to Sempai Steve Hatle who earned his sho-dan rank during this visit.



Earlier in May, we participated in a Martial Arts festival in town, which saw demonstrations from four disciplines (Taekwon-do, Kyudo, Tai-chi, and Karate). The event attracted several hundred spectators and our students distinguished themselves by the spirit and high standards of their demonstrations.

This past summer we were honored by the visit of Sensei Kurt Tezel and Sempai Kevin Tezel. Sensei Tezel joined the board of judges for our June tip-testing. Over the summer we had several community-building events, including a Dim-Sum Sunday morning breakfast following our Saturday August testing.

We began the school year in September with many new students. Our college group, which combines a karate club and a P.E. class, has over 20 students. Our last joint workout saw almost 40 students on the deck working out together with joy and vigor!

Next week we are planning a 100-kata Sunday morning workout to prepare for tip-testing in mid-October.

We said goodbye this year to several exceptional deshi: Sempai Lief Esbenshade and Liz Evison. Both were instrumental in founding the Carleton College Karate Club and building Shorin-Ryu karate in Northfield. They are sorely missed, but we also celebrate that they have made New York City, and the Hombu dojo, their new home. Sempai Peter Holocher, Ik-kyu, will also be leaving us in a few weeks, as he is moving to Chicago, where he plans to continue his training and build new connections for USRKUSA.

Congratulations to all our kyu-level students who advanced in rank this past half-year. These include:

Ro-kyu: Tawa Alabi, Riqui Geng

Go-kyu: Grace Newman, Leaf Pennock, David Pennock, Greg Sharpe

Yellow belt: Bella Lawrence, Connor Shepherd

San-kyu: Guy Lawrence

Ni-kyu: Liz Evison, Brenda Hellen, Scott Sijon

Ik-kyu: Peter Holocher

Domo arigato gozaimasu Hanshi for your extraordinary leadership in preserving and developing Ueshiro Shorin-Ryu karate.

With much gratitude for ``the gift,`` and respectfully submitted,

Shihan Bob Dobrow



NEW YORK, Ueshiro Midtown Karate Dojo [Hombu]

Onegai shimasu, Hanshi, Kyoshi, Sensei and Deshi of Ueshiro Shorin-Ryu USA. First and foremost, a heart-felt "Happy Birthday, Hanshi!" from the students of USRKUSA. Your joy of life and all it has to offer, as well as the youthful vigor in everything you do, inspires awe (and a little envy!) in all of us. Your decades of service to karate-do, from serving as Master Ueshiro's right hand man since the 1970s to your newly-published digital edition of the *Red Book*, define you as a man of great vision, leading us through ever-changing times. Who knows how many lives you have touched? The number can only grow exponentially as your students' students share your wisdom in years to come. "Kanpai!" "Mazel tov!" "Salute!" to you for *all* your achievements on this milestone birthday.

As we look forward to celebrating Hanshi's 75th in December, we can also look back on a rich and rewarding summer of promotions, special events, and learning opportunities.

April celebrations of Grand Master Ansei Ueshiro

We celebrated Master Ueshiro's birthday throughout the month of April with challenging workouts, including katathons, weapons training, outdoor kata, and special-emphasis classes. The high-point of the festivities was the weekend of seminars taught by Hanshi at the Northern Virginia Dojo on April 6 and 7. Many Midtown students made the trek to receive Hanshi's meticulous corrections and to welcome the cherry blossoms to Washington, DC. A special thanks to Kyoshi Sal Scaglione for organizing the event; he is the epitome of the humble warrior.



Documentary film

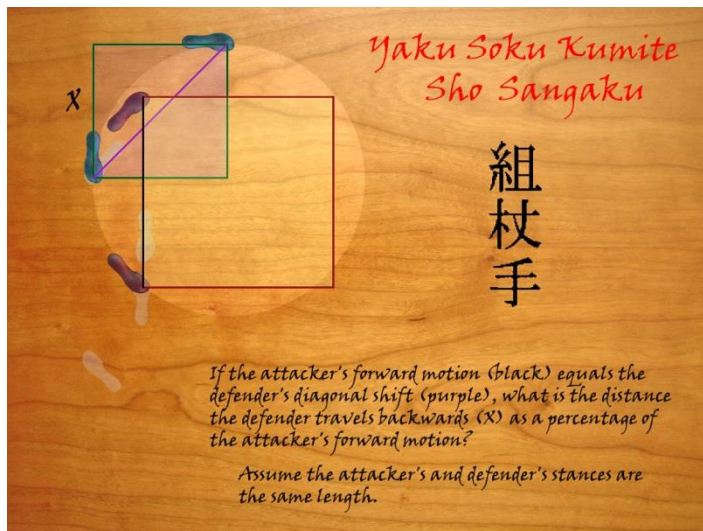
In mid-May we had the privilege of having Oak House Films document a traditional class, as handed down by Grand Master Ansei Ueshiro through Hanshi Robert Scaglione. We are looking forward to editing this material for presentation on Facebook and other internet venues to help show the general public an example of authentic karate instruction.

Mr. John Draghi resumes training

In early June Mr. John Draghi, sho-dan, returned to karate at the Hombu Dojo after 11 months of rehabilitation from a near-fatal bicycle accident. Many of you devoted long hours in assisting with John's recovery from a coma and almost total paralysis. I am pleased to report that as of September, John is a regular student at the Friday evening class. His weekly progress both on and off the deck is truly miraculous.

Yaku-soku kumite research

Many of our June classes focused on yaku-soku kumite. The Dojo sponsored a contest to solve a "Sangaku" (ancient geometry problem) addressing the question of how far back a defender moves relative to the attacker in the second move of yaku soku kumite sho. Congratulations to Ansumana Bangura who won first place for his eloquent proof, demonstrating excellent use of mind as well as body and spirit. Domo arigato to all the deshi who grappled with this problem, showing their determination to unravel the mysteries of Ueshiro Shorin-Ryu.



June tip test

On Tuesday, June 25, the Midtown Dojo conducted its spring tip test. The test coincided with one of the hottest days of the season, and was characterized by as much sweat as joy and vigor. After a full workout and test Sherin Bennett was promoted to Ro-kyu. Domo arigato to the board of judges, including Sensei(s) Gamiel Ramson, Ellin Moore, and Mr. Henri Waelbroeck. Domo arigato also to the students and extended family who came to lend support. In closing remarks, it was noted how Hanshi sets an example of humility and commitment to perpetuating the art of Shorin-Ryu by consistently showing up at the various Florida dojo and prepare brand new white belts for their first tip test. "To teach karate is to learn karate," and from that maxim we have all the incentive we need to insure beginner students get off on the right foot.

Sherwood Is. beach workout

On Sunday, July 14, the Ueshiro Midtown Dojo held its annual beach workout at Sherwood Is. State Park. We were honored to have Kyoshi Dave Seeger and Kyoshi Sal Scaglione join us for four hours of intense yet invigorating training in sand and sea. Domo arigato to everyone for making the trip to Connecticut, especially our guests from the Palisades, Nyack, Downtown Manhattan, Easton Ct. and Pelham Manor dojos. Seizing upon our unique geographical coordinates, we ended the workout with two Shinden bows: the first to those in the East and the second to Grand Master Ueshiro and Hanshi Robert Scaglione to our South. Domo arigato gozaimasu, Hanshi, for your strong presence in spirit at every class and special event.

The workout was followed by a traditional BBQ and pool party at the home of Sensei Adam Dunsby, Shihan of the Ueshiro Easton Ct. Karate Club. Domo arigato gozaimasu to Sensei, his family and loyal deshi for their gracious hospitality and bringing a memorable day to a perfect close.



Hanshi conducts pre-promotion seminar at Hombu

On July 28, Hanshi Robert Scaglione arrived from Florida to conduct one of the highest density workouts of all time. Students lined up at the dojo door waiting for a moment (and some space) to join the class. Hanshi managed to offer correction after correction, both to the group and each individual. It was an epic demonstration of adaptability and resourcefulness on the part of Hanshi and the entire group. Special thanks to the Shihan who attended as guests: Kyoshi Sal Scaglione, Sensei Kevin Reymond and Sensei Preston Powell.

August promotion

Exactly one year after the historic weekend of karate-do celebrating 50 years of Shorin-Ryu in the USA, the Hombu Dojo met again in the St. Bart's Athletic Center for its semi-annual promotion. Following a two-hour workout and thorough review of all the candidates' kata, the following deshi were promoted:

*** San-Kyu**

Anna Sweeney

*** Ni-Kyu**

Pino Villablanca
Stephanie Toper
Alex Zemnitskiy
Jermiah Emmenuel
Matthew Emmenuel
James Rothermel

*** Ik-Kyu**

Gene Turok

Domo arigato to our center judges, Sensei(s) Gamiel Ramson and Larry Link, and the other distinguished board members: Sensei(s) Ellin Moore, Rob Neff, Luz DeLucia, Boris Grossman, Ms. Kim Garron and Mr. Frank Mowka. Domo arigato as well to the Black Belts who assisted with the test, including the 50-kata marathon during the judges' deliberations, and to all the students, whether testing or not, for giving 110% on the deck.

At the beginning of the workout, Mr. Felipe Flores, sho-dan, presented the Hombu Dojo with a black onyx statue of Grand Master Ansei Ueshiro, created by artisans in his home province in Mexico. The polished stone sculpture captures both the massive strength and gentle humility of our Sensei's Sensei, and is displayed proudly near the Shinden photographs.

Several of the candidates' paragraphs noted how progress through the ranks brings with it an even greater understanding of how much more there is to learn. And with that realization comes a greater incentive to just "keep training," confident that the knowledge will follow in due course.

Domo arigato gozaimasu to Hanshi Robert Scaglione for keeping Master Ueshiro's teachings and philosophy strong and true to tradition. The integrity of Ueshiro Shorin-Ryu USA exists solely because of Hanshi's continuous dedication.



New Brown Belt class

Starting in September, the Midtown Dojo began offering a Brown Belt emphasis class on the first Friday of each month. Sensei Ron Ballin conducts the workouts assisted by Chief Instructor Gamiel Ramson and Kyoshi. Our first class had nearly 100% participation from the Ik-kyu and Ni-kyu. We look forward to keeping that pace up through the end of the year and beyond.

911 Memorial Workout

To honor those who sacrificed so much during 9/11/2001 and its aftermath, the Ueshiro Midtown Karate Dojo held a workout in Central Park on Sunday, September 8th. The event was dedicated to the spirit of survival as demonstrated throughout history by people such as Master Ueshiro - individuals who never gave up despite unimaginable setbacks. Approximately 25 students, including guests from the Palisades, Easton and Downtown Dojo(s), navigated the trails of the Ramble to find the secluded work out area. Domo arigato gozaimasu to those who persisted in following the elusive trail, and to those high-level students who actually went out the day before to scout out the location.

The group trained under perfect blue skies, identical to those on 9/11 twelve years ago. We emphasized Hanshi's corrections regarding the *gan* principle, using the eyes and other senses to both look for possible dangers and see specific threats. We also explored the concept of removing our opponent's ability to attack by disrupting his balance and taking over his space. Domo arigato to all the Black Belts for their one-on-one training with the kyu ranks during these exercises.

After the workout the group hiked over to Sho-Dan John Draghi's penthouse apartment for a Kanpai and more kata on the rooftops overlooking the Hudson River. Domo arigato gozaimasu to Mr. Draghi for his example of heroic endurance in every aspect of life, including the three hour workout in the Park. I would also like to thank Kathy Draghi for her fortitude during John's long recovery and her generous hospitality to the deshi on Sunday.

The entire day reinforced the remarkable spirit of cooperation and perseverance shown by Americans during times of crisis. Domo arigato gozaimasu to Grand Master Ansei Ueshiro and Hanshi Robert Scaglione for giving us the art of Shorin-Ryu for cultivating such strength.



Weapons workshop

The Downtown and Midtown Dojo co-hosted a weapons workout on Sunday, October 13th, in the St. Bart's gymnasium. Ni-kyu and above came for high-level training on the basics of each weapon, as well as the weapons kata and their correlation to empty handed technique. The day ended with spirited demonstrations from each group. We are truly fortunate to have Grand Master Ueshiro's history as an expert in the bo to inspire us to preserve these ancient forms.

Photographs of these and many other events may be seen at the Midtown Dojo website by visiting <http://midtownkaratedojo.com/Gallery.html>. We also have started a new gallery of "Karate-Go" videos available at <http://midtownkaratedojo.com/GalleryKarateGoVideos.html>.

Class schedule

I am indebted to all the instructors of the Midtown Karate Dojo for their commitment and loyalty to both Hombu and the students who step onto the deck. Their willingness to show up week after week is what keeps this Dojo viable. If you ever find yourself in town, please come by and train with us.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
7:45 – 8:30am	–	–	–	7:45 – 8:30am	10:45 – 11:45am	11:00 am - 12:00 noon
12:00 – 1:00pm	–	12:30 – 1:30pm	1:15 - 2:00pm	–	12:00 – 1:00pm	–
5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm	–	–
–	7:15 – 8:45pm	–	–	–	–	–

Preparations for Hanshi's 75th Birthday Celebration weekend

We have all picked up our training for the exciting weekend of Dec. 6, 7 and 8 when Hanshi comes to New York for our year-end workouts and Kanpai. Demonstrations are coming together and our endurance has been improving as the weather cools. Our monthly Black Belt and new Brown-Belt classes continue to offer demanding training opportunities. We'll be ready for the *next* 75 years.

Domo arigato gozaimasu, Hanshi, for demonstrating the ageless benefits to be gained from practicing the art of Ueshiro Shorin-Ryu Karate USA. As we celebrate your 75th birthday, it becomes apparent that the greatest of these benefits may very well be the spirit of perpetual youth.

Kyoshi Michael Mackay
Hachi-Dan, *Ueshiro Midtown Karate Dojo*

NEW YORK [New York], Downtown Shorin-Ryu Karate Dojo



Happy 75th Birthday from all of us at Ueshiro Downtown

Sempai Kim Garon, Sempai Candace Morgan, Sempai Michael Gallagher, Lief Esbenshade, Lisa Rosenberg, Steve Cere, Erik Sanner, Dave Idell, Paul Varjan, Jim Poon, Marcus Acevedo and Sensei Kevin Reymond

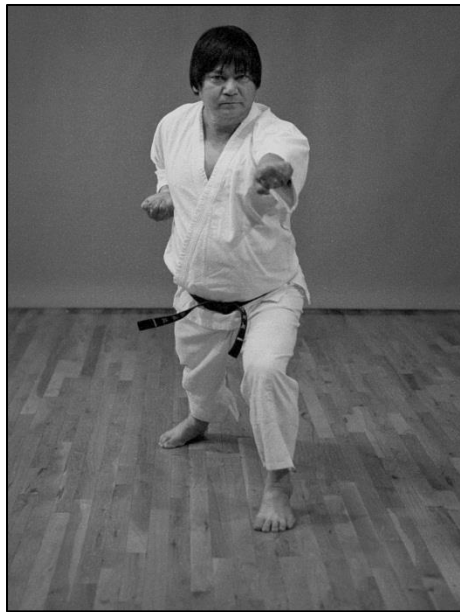
“First rule – observe, second – set your foundation, third – winning attitude or stomach to do the job and fourth – strength to follow through... - whatever else we do, we just keep moving forward.”

Hanshi Robert Scaglione

Onegai Shimasu Hanshi, Kyoshi, Sensei and Fellow Deshi,

This past several months has seen the continued growth of the Ueshiro Downtown Shorin-Ryu Karate Dojo and we are moving forward to expand our student base and awareness in the community.

We continued our workshop program and have a number of new workshops scheduled over the next several months. We believe the workshops allow us to focus on one kata, bunkai, weapons, or prearranged and thereby provide an opportunity to more fully explore techniques and improve our overall knowledge and skills.



Moving forward in 2013 and beyond

We have also developed a program of Open Houses conducted for the general public. Kata, basics, prearranged, bunkai and weapons, are all demonstrated along with a discussion of our style of karate and the history of Shorin-Ryu.

Domo arigato gozaimasu Hanshi for your leadership, sharing, support and inspiration! We are looking forward to many more years of training with you.

Sensei Kevin Reymond
Denshi-Shihan, Ueshiro Downtown Shorin-Ryu Karate Dojo
Under the direction of Hanshi Robert Scaglione

Class Schedule

Monday	5:30 pm – 7:00 pm
Wednesday	7:00 am – 8:30 am
Thursday	5:30 pm – 7:00 pm
Sunday	4:15 pm – 5:45 pm

www.downtownkaratedojo.com

Note: Hanshi Scaglione quote is from the Green Book

NEW YORK, Ueshiro Uptown Harlem Karate Club

Onegai Shimasu Hanshi, Kyoshi, Sensei, Sempai, and all Deshi,

The Harlem Karate Club has now been in operation for a year and half and continues to train with joy and vigor. We continue to work the basics, yakusoku kumite, and most importantly, the foundation of our style kata every week. Our students have shown great improvement by listening to and implementing corrections and then, through their own efforts and constant repetition of techniques.

In order to continue to promote and propagate the art of Ueshiro Shorin-Ryu Karate, USA the Harlem Karate Club will shortly be planning demonstrations in Morningside Park and upper Central Park. The club will be meeting as a whole shortly to make preparations and plan logistics.



Any Deshi is more than welcome to join us on Saturdays from 2:00 to 3:00 pm. The Harlem Holistic Center is located at 115 West 128th St. between Lenox and 7th Ave. It is a few blocks up Lenox Ave. from the 125th St. stop off the 2 or 3 train. Please call or email me before you come to let me know you plan to visit. I can be reached at (917) 843-7871 or at:

j.adams@ueshiroshorinryukarate.com

Domo Arigato Gozaimasu Hanshi,
Sensei John Adams, Shihan
San-Dan

NEW YORK, University at Albany Ueshiro Shorin-Ryu Karate Club

Onegai-shimasu, Hanshi, Kyoshi, Sensei, Sempai, and fellow Deshi,

It is my pleasure to announce the formation of the *University at Albany Ueshiro Shorin-Ryu Karate Club*, located in Albany, New York.

I am honored to have received the permission and support of Hanshi Robert Scaglione, the Executive Committee of USRKUSA, and my instructor at the Boston dojo, Sensei Mazlen, to begin this endeavor to propagate the art of Shorin-Ryu.

The club will meet at the Downtown Campus of University at Albany SUNY, located at [135 Western Ave, Albany, NY 12222](#), in Richardson Room 002. Regular classes will be held on Tuesdays and Thursdays from 4:30 pm to 6 pm, and Fridays at 2 pm to 3:30 pm. We welcome any visitors from other dojos to come and train with us.

Domo arigato gozaimasu, Hanshi, Kyoshi, Sensei, Sempai and fellow Deshi,
Keith Chan (Ik-Kyu), Club Director

NEW YORK, Ueshiro Karate Club of Brooklyn

Ueshiro Karate Club of Brooklyn through the Wingspan Afterschool Arts Program at P.S. 748 and Summer at St. Barts Camp

Onegai shimasu Hanshi, Kyoshi, Sensei and fellow Deshi,

Ueshiro Karate Club through the Wingspan Afterschool Arts program at P.S. 748 in Brooklyn finished up its spring program strong. We took part in a culminating event in which we demonstrated basics and Fukyugata ichi for the parents of all of the various afterschool arts programs at P.S. 748. I stressed that Ueshiro Shorin Ryu Karate is an art as much as it is a self-defense. We also had a table set up showing all of our books including the 50th Anniversary Commemorative Journal along with the kata DVD playing on a computer showing Hanshi Robert Scaglione performing Fukyugata ichi. Much joy and vigor was had by all. We have begun our fall program with new and old students alike. Progress is being made by all.



Summer at St. Bart's Camp enjoyed its 4th year of Ueshiro Shorin Ryu Karate held in the Hombu Dojo. Five to 13 year olds are learning Ueshiro Shorin Ryu Karate through this aspect of the camp program. A special thanks to Kyoshi Mackay who offers up the space graciously and comes down to lend support. I would also like to thank Sempai Neil Nemoto for his assistance for the third year. He accepts his leadership role in a most humble way.

As always I am moving forward one step at a time and still learning.

Domo arigato gozaimasu,

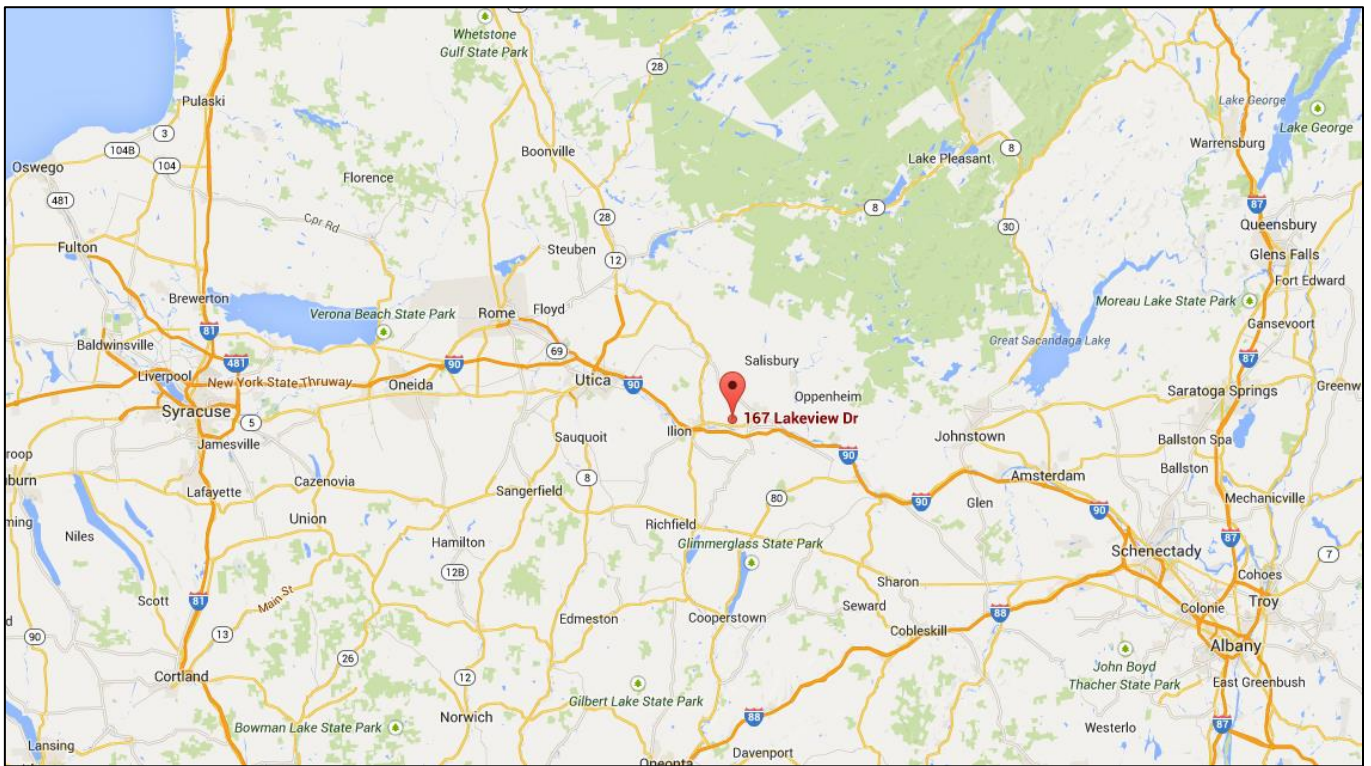
Sensei Neff, Yon-Dan

- Ueshiro Midtown Karate Dojo
- Ueshiro Karate Club of Brooklyn
- Summer at St. Bart's

NEW YORK, Mohawk Valley Ueshiro Karate Club

Mohawk Valley Karate Club
Little Falls, NY
Shihan, Dale Adamson, Ni-Dan
315-823-8631

Class Schedule:
Monday, 6:30am Wednesday, 6:30am
Friday, 6:30pm, Saturday 4:00pm
Contact: daleba@aol.com



NEW YORK [Nyack], To-Te Ueshiro Karate Club

Onegai Shimasu!

Hanshi, Kyoshi, Shihan, Sensei & USRKUSA Deshi



To-Te Ueshiro Karate Club held its Annual Summer belt promotion this August. The 4 hour and 55 minute review and testing was nothing but Joy & Vigor!

Congratulations! To the following Karateka who earned NEW rank(s):

Emilia Pescher - Go-kyu
Jon Peltz - Yon-kyu
Ethan Markiet - San-kyu
Grace Abreu - San-kyu
Gabriel Abreu - San-kyu
Jacquelyn Abreu - San-kyu
Derek Peltz - Orange Belt
Jade Powell - Orange Belt
Ed Abreu - Ni-kyu

I would like to thank all the deshi who showed up to support the students testing, especially visiting senior review board judge Sensei Elliott Potter from (Palisades Ueshiro Pine Forest Karate school) for assisting me and running the board of judges, which included: Mr. Lee Justo, Mike Santoro & Tony Velez.

Domo Arigato Gozaimasu

From all of us! Hanshi we wish you a Happy 75th Birthday!!!!!!!



**To-Te Ueshiro Karate Club
located 82 S Franklin St, Nyack, NY 10960
845 353 8505 | preston@to-te.org | www.to-te.org**

7 Convenient Weekly Classes:

Monday | After School Ryukyu Boot Camp 5P - 6P
Tuesday & Thursday | Adults 7:30P - 9:30P
Wednesday & Friday | Mid-Day Karate 12P - 1P
Saturday | Karate Kids 10A - 11A
Sunday | Morning Advance Kata/Weapons 10A – 11A

Personal Instruction by appointment 845 353 8505

Respectfully submitted, (Shihan) Powell Sensei, Go-dan

NEW YORK [Palisades] Ueshiro Pine Forest Karate School

Ueshiro Shorin-Ryu Members,

Just 6 Weeks till our Big Celebration.

Time to ramp up your training and put the final touches on your demonstrations.

Domo arigato gozaimasu, to all those attending or supporting this very special celebration. Your name should be listed below.

It is very hard to find a great teacher -

It is even harder for a great teacher to find a great student.

It is not too late to participate:

YOU MAY STILL SIGN UP AT THIS LINK:

[http://sho-go.com/51st Black Belt Workout Kyu Level Invitation Hanshi 75th Birthday Celebration.htm](http://sho-go.com/51st%20Black%20Belt%20Workout%20Kyu%20Level%20Invitation%20Hanshi%2075th%20Birthday%20Celebration.htm)

The Year of the Snake has lived up to the legend of good fortune, as our Ueshiro Shorin-ryu Karate USA World Wide Organization continues to flourish. Our members continue to pass on the teachings of Grand Master Ansei Ueshiro in this 51st Year of Ueshiro Shorin-ryu Karate USA.

I look forward to celebrating the 51st Black Belt Workout and Kyu Level Event in December in Palisades NY.

For the first time we have invited Kyu level to train at the annual black belt event for a special workout and weekend.

I thank you for your participation in USRKUSA and celebrating with us.

It is not too late to join us - you can do it now.

"Keep Training!"

Sincerely,

Hanshi Robert Scaglione

The list of registered participants and supporters as of October 29, 2013 was:

1. Robert Dobrow, San-Dan • Northfield, Minnesota
2. Candace Morgan, Sho-Dan • New York, New York, Downtown
3. Edwin Abreu, Ni-Kyu • Nyack, New York
4. Robert Neff, Yon-Dan • Brooklyn, New York
5. Lee Justo, Sho-Dan • Nyack, New York
6. Richard Glassberg, San-Dan • Palisades, New York

7. Keith Burrows, Ni-Dan • Boston, Massachusetts
8. Brian Heese, Sho-Dan • Pelham, New York
9. Donald Bracken, Go-Dan • Palisades, New York
10. Emiliano Mazlen, Yon-Dan • Boston, Massachusetts
11. Noah Kaplan, Sho-Dan • State College, Pennsylvania
12. Kevin Reymond, Shichi-Dan • New York, New York, Downtown
13. Daniel Lax, Yon-Dan • Palisades, New York
14. Preston Powell, Go-Dan • Nyack, New York
15. Anil Jaising, Ni-Dan • Palisades, New York
16. Elliot Potter, Go-Dan • Palisades, New York
17. Blue Calvo, Sho-Dan • Nyack, New York
18. Henri Waelbroeck, Ni-Dan • Palisades, New York • Gold Supporter
19. Sean Paus, San-Dan • Nashville, Tennessee
20. Christopher Barnes, Shichi-Dan • Los Angeles, California
21. John Seeger, Sho-Dan • Palisades, New York
22. Kurt Tezel, Go-Dan • Merritt Island, Florida
23. Larry Link, Go-Dan • New York, New York, Midtown
24. Michael Margulis, Yon-Dan • New York, New York, Midtown
25. John Robbins, San-Dan • New York, New York, Midtown
26. John Bottega, Yon-Dan • New York, New York, Midtown
27. Luz DeLucia, San-Dan • New York, New York, Midtown
28. John L. Lee, Ni-Dan • New York, New York, Midtown
29. Kim Lembo, Ni-Dan • New York, New York, Downtown
30. Chris Memoli, Ni-Dan • New York, New York, Midtown
31. David Tamir, Roku-Dan • Neve-Yamin, Israel
32. Tzvi Bar-Shai, Yon-Dan • Palisades, New York
33. Daniel Gobillot, Shichi-Dan • Northampton, Massachusetts
34. Shlomo Dadon, Go-Dan • Eilat, Israel
35. Colin Tennyson, Sho-Dan • Nyack, New York
36. Arthur Forni, Ik-Kyu • Easton, Connecticut
37. Nancy Owen, San-Dan • Northampton, Massachusetts
38. Ron Marchetti, Yon-Dan • Cocoa, Florida
39. Pat Marchetti, Ni-Dan • Cocoa, Florida
40. Trevor Tezel, Ni-Dan • Merritt Island, Florida
41. Kevin Tezel, Sho-Dan • Merritt Island, Florida
42. Steve Lott, Roku-Dan • Las Vegas, Nevada
43. Anna Sweeney, San-Kyu • New York, New York, Midtown
44. Lorenzo Aguon, Go-Dan • Honolulu, Hawaii
45. Adam Dunsby, Yon-Dan • Easton, Connecticut
46. Frank Mowka, Ni-Dan • Easton, Connecticut
47. Tracie Pletcher, Sho-Dan • State College, Pennsylvania
48. Steve Hatie, Sho-Dan • Northfield, Minnesota
49. Keith Chan, Ik-Kyu • Albany, New York
50. Estelle Paus, Sho-Dan • Nashville, Tennessee
51. William Paus, Go-Kyu • Nashville, Tennessee
52. Joshua Paus, Sho-Dan (Junior) • Nashville, Tennessee
53. Lauren Paus, Orange Belt • Nashville, Tennessee
54. Hong Kong Ueshiro Karate Club • Gold Supporter

55. Richard Cupoli, Ni-Dan • West Melbourne, Florida
56. Ricky Cupoli, Sho-Dan (Junior) • West Melbourne, Florida
57. Dennis Flynn, Sho-Dan • Cocoa, Florida
58. Nir Zamir, Go-Dan • Tel Aviv, Israel
59. Michael Kliegman, Ni-Dan • Easton, Connecticut
60. Matt Reed, San-Dan • Melbourne, Florida, Suntree
61. Luke Reed, San-Dan (Junior) • Melbourne, Florida, Suntree
62. Jeffrey Zhao, Sho-Dan • State College, Pennsylvania
63. Laren Friedman, Ro-Kyu • Albany, New York
64. Gamiel Ramson, Roku-Dan • New York, New York, Midtown
65. Ron Ballin, San-Dan • New York, New York, Midtown
66. John Draghi, Sho-Dan • New York, New York, Midtown
67. William Breidenbach, Ni-Kyu • Centerville/Reston, Virginia
68. Joan Breidenbach, Guest • Centerville/Reston, Virginia
69. Jonathan Cohen, Ni-Dan • New York, New York, Midtown • Silver Supporter
70. Gene Turok, Ik-Kyu • New York, New York, Midtown
71. Barbara Schaefer, Ni-Kyu • State College, Pennsylvania
72. Jean Marie Gobillot, Yon-Dan • Northampton, Massachusetts
73. Louis Ruvolo, Yon-Dan • Northampton, Massachusetts
74. Scott Sijan, Ni-Kyu + additional \$100 donation • Northfield, Minnesota
75. Dawood Emmenuel, Ni-Dan • New York, New York, Midtown
76. Carla Eddy, Ni-Dan \$100. Donation • Merritt Island, Florida
77. Lisa Rosenberg, Ik-Kyu • New York, New York, Uptown
78. John Adams, San-Dan \$100. Donation • New York, New York, Uptown
79. Boris Grossman, Yon-Dan • Palisades, New York
80. James Moskie, Go-Kyu • New York, New York, Midtown
81. Gemini Watanabe, Sho-Dan • Nyack, New York
82. Lisa Markowitz, Yon-Dan • Centerville/Reston, Virginia
83. Patrick Markowitz, Go-Dan • Dulles, Virginia
84. Hend Elsayed, San-Dan • New York, New York, Midtown
85. Anonymous Donation • Platinum Supporter
86. Sal Scaglione, Shichi-Dan • Centerville/Reston, Virginia
87. Matt Kaplan, Shichi-Dan • State College, Pennsylvania
88. Michael Mackay, Hachi-Dan • New York, New York, Midtown
89. David Baker, Hachi-Dan • New York, New York
90. David Seeger, Hachi-Dan • Palisades, New York
91. Hanshi Robert Scaglione, Ju-Dan • Viera, Florida

Supporter Key

Silver Supporter \$250

Gold Supporter \$500

Platinum Supporter \$1000



UESHIRO SHORIN-RYU KARATE USA

Kyu Level Invitation in Honor of Hanshi's Birthday

**51st Annual Black Belt Workout / Special Kyu Level Workout /
Group Workout All Levels and Special Dinner to Celebrate
Hanshi Robert Scaglione's 75th Birthday-See schedule below
for more details**

Saturday and Sunday December 7 - 8, 2013 IBM Conference Center in Palisades, New York
10964

The cost for the entire weekend, not including hotel room, is \$175.

Select your payment option on the left. Click Add to Cart. After you supply your
address you will be given a choice of credit card or PayPal.

EVENT PAYMENT OPTIONS

After checkout you will be directed to e-mail Kyoshi Seeger with your RSVP details,
names and any comments.

Your placement on Hanshi's birthday card and the supporters posters
at the event will be in the order of your response.

If you would like to have a family member join you for the buffet luncheon and the
Celebration Dinner, please pay an additional \$175.

Your family may make use of the hotel grounds and facilities while we are training.

If you have any questions and/or wish to help with the event,
including sponsoring a part of it, or creating an added value to make it
an even more memorable celebration,

please e-mail: Kyoshi Seeger at motobu@aol.com or call [212.307.0707](tel:212.307.0707). All ideas and
contributions are welcome.



Hotel Rooms are available on site, on the premises of the Dolce Palisades, 334 Route 9W, Palisades, NY 10964

Hotel room rates: \$129. per night plus tax, includes buffet breakfast.

All Rooms are a long queen bed only. Couples add \$10 for breakfast.
Use our special registration code for discount: USRK

Breakfast is served from 7am - 9am.

We have a number of rooms on hold but they will go fast, so book the room now.

[Please click here to make reservations](#)



[Schedule will be updated as needed]

Saturday, December 7, 2013

- 7:00am – 9:00am: Free Buffet Breakfast for Hotel Guests**
- 8:00am – 9:45am: Registration for Event, Locker Room to get in Gi, informal workout.**
- 10:00am – 12:30pm: Formal Black Belt Workout - Dan Levels Only**
- 10:00am – 12:30pm: Formal Kyu Level Workout at Ueshiro Pine Forest Karate School - 1 minute by Car from IBM Center**
- 12:40pm – 1:45pm: Informal Buffet Luncheon**
- 2:00pm – Workout All Levels - Black Belts and Kyu Ranks**
- 7:00pm --- 51st Annual Black Belt Dinner and Kyu Level Special Invitation /Compai & Celebration of Hanshi Robert Scaglione's 75th Birthday**

Sunday, December 8, 2013

7am - 9am - Free Buffet Breakfast for Hotel Guests

10:45am - Check out of hotel

Visit the Hosting Dojos

11am - 1pm - Workout at Ueshiro Pine Forest Karate School - All Ranks - Kyu & Dan Level Welcome

[1 minute by Car from IBM Center]



1:30pm - Informal Lunch on your own, Main Street, Nyack, NY (10 min. by car)

**3 - 5pm - Workout at To-Te Ueshiro of Nyack - All Ranks - Kyu & Dan
Level Welcome**



NEW YORK, Ueshiro Okinawan Karate Club of Pelham Manor



Sensei(s) Garcia, Mackay and Nichuals, Mar. 2004

Onegai shimasu, Hanshi, Sensei and Deshi,

Students of the Okinawan Karate Club of Pelham Manor made great strides this past summer, with two groups testing for their next rank. Congratulations to Sid Jain and Sachet Jain for their promotion to Ro-Kyu after more than a year of training. Congratulations as well to Michael Yee who was promoted to Yon-Kyu just days before becoming the father of twins.

Chief Instructor Brian Heese continues to be the driving force behind our modest club. Visitors are always welcome. We train on Monday evenings from 6:30 to 7:30 pm. To get on our mailing list contact Kyoshi (kyoshi@midtownkaratedojo.com) or Mr. Heese (bheese123@gmail.com).

A huge "Domo arigato gozaimasu" to Barbara Nichuals and her family for their kind support in letting us train in Sensei Nichual's dojo so many years after his passing. If you've ever worked out in the Pelham Manor Dojo, you've experienced Sensei's strong spirit very much alive and keeping us on the path.

Domo arigato gozaimasu,

Kyoshi Michael Mackay, Acting Shihan,
Okinawan Karate Club of Pelham Manor

PENNSYLVANIA, Ueshiro Okinawan Karate Family Club

Ueshiro Okinawan Karate Family Club
State College, Pennsylvania

Onegai Shimasu, Hanshi, Kyoshi, Sensei, Sempai, and all Deshi.

Our dojo has recently undergone some changes in locale. Until this past summer we met in three different locations for our three classes each week. When it came time to vacate one of them due to a change in landlords we consolidated our meeting places and are now holding our Tuesday and Thursday classes at Sempai Tracy's place of business, The Dragonfly Spa and Massage Studio. Our Sunday class continues to be held at the same location. We are fortunate to have a studio space with floor to ceiling mirrors at The Dragonfly which enables us to self-correct our stances and other body positions. Wherever we practice, the park for an impromptu workout, or The Dragonfly studio, we look to bring the same spirit of intense training to the deck.

We have also welcomed a few new families to our dojo in the past few months. They have brought a lot of fresh enthusiasm, inquiring minds and appreciation for what we are doing on the deck. Welcoming beginners is always a very grounding experience in the sense that beginners need to learn the basics, and reviewing basics, no matter one's rank, is always good practice.

One other piece of news is that we are gearing up to conduct demonstrations at the Family Health Fall Festival that will be held at a local middle school on Saturday, Oct. 19. The event will feature a wide variety of health and wellness activities in State College, PA. We are looking forward to presenting family karate training as one such activity option for local residents.

Kyoshi Matt Kaplan, Shihan
Ueshiro Okinawan Karate Family Club
State College, PA



TENNESSEE, Ueshiro Shorin-Ryu Nashville Family Karate Club

Onegai Shimasu Hanshi, Kyoshi, Shihan, and Deshi of USRKUSA!

Greetings from Nashville where our club is small, but we continue to move forward.

Our May test was held on the 11th, and I am happy to announce that the following students were promoted to Ro-Kyu:

- Adam Gaines
- Erin James
- Gavin James
- Kylee Eatmon
- Giorga Eatmon



Our June test was held on July 13th, and I am happy to announce the following students were promoted to Go-Kyu:

- William Paus

Thank you to Estelle Paus (Ik-Kyu) and Joshua Paus (Ik-Kyu) for serving with me on the board of judges. Thanks also to Lauren Paus (San-Kyu) for providing support during both tests.



In August, the Paus family traveled to Virginia to train and test with the Ueshiro East Meets West Karate Club of Northern Virginia. We had fun reconnecting with old friends and enjoyed a good workout.



Our club presented the following members for testing:

- Lauren Paus – Orange Belt
- Joshua Paus – Junior Sho-Dan
- Estelle Paus – Sho-Dan

Thank you so much to Kyoshi Sal Scaglione, Sensei Patrick Markowitz, Sensei Lisa Markowitz, Sensei Bob Dobrow for presiding on the board of judges for our students and providing much helpful feedback and encouragement for our future training efforts.

In September, the 615 House of Dance (who supplies one of our training facilities) invited us to attend Smyrna Depot Days with them on the 28th. Smyrna Depot Days is a small business expo exclusive to local small businesses in Smyrna, TN. We handed out flyers, fielded questions about our club and Ueshiro Shorin-Ryu karate, and performed kata, yakusoku kumite and bunkai demonstrations throughout the day.



Thanks to Joshua Paus and Lauren Paus for joining me for the demonstrations and Estelle Paus for taking photographs.

Thank you Hanshi and the Kyoshi for your continued leadership and encouragement.

We look forward to seeing you all in Palisades for the special work out in December.

Domo Arigato Gozaimasu!

Sensei Sean M. Paus, Shihan

Ueshiro Shorin-Ryu Nashville Family Karate Club



VIRGINIA [Centreville & Reston], Ueshiro Northern Virginia Karate Club

Kyoshi Sal Scaglione, Shichi-Dan, Denshi, Shihan

Onegai-shimasu Hanshi, Kyoshi, Sensei, and World-wide USRKUSA Deshi-

The Ueshiro Northern Virginia (NoVA) Karate Club continues to move forward under the Direction of Hanshi Scaglione and following the path initially blazed by Master Ueshiro.

In April the NoVA Karate Club hosted a weekend workout celebrating the 2013 Cherry Blossom Festival. Thanks to all the Deshi who made the journey, both from near and far to share in the tradition started by the Japanese government many years ago. Whether attending on Saturday, Sunday, or both days, all were treated to a great workout conducted by Hanshi Scaglione.

Hanshi Scaglione led the workouts on Saturday and Sunday and provided each Deshi with hands-on corrections and an abundance of philosophy as passed down from Master Ueshiro. During Saturday's session, the Kyoshi rotated thru groups of Deshi organized by rank and provided insight and worked several Kata in each group. The Saturday class included a question/answer session and Hanshi addressed many questions on Kata and specific application of several techniques. Each Kyoshi fielded a question as well with Hanshi providing amplification/clarification



as necessary. After the workout, several Deshi and family took the opportunity to visit the Cherry Blossom festival in DC. Sunday's workout was led by Hanshi Scaglione and featured a special session from Kyoshi Seeger working Special Exercise Oyo-Tan-Ren. The Deshi worked the basic techniques with specific emphasis on turns and proper feet alignment. Hanshi reinforced body alignment and hand positioning for several warm-ups and basic techniques. Class concluded with group Kata and the weekend was complete.

In May, Kyoshi Sal and Bill Breidenbach, Ni-Kyu, attended the 5 year anniversary of the Minnesota Karate Club hosted by Sensei Bob Dobrow. The Minnesota contingent did a great job hosting the festivities to include a viewing of "Sister Sensei" starring Hanshi Scaglione. All Deshi were treated to a weekend of Karate led by Hanshi Scaglione and focusing on basic techniques and Pinan kata. The weekend culminated with a picnic where all the Deshi shared stories and Hanshi led a spirited discussion on the history of Shorin-Ryu Karate as well as some stories from the NY City Police Department.

NoVA Club Promotions were also held in August for Kyu-level and Tip-testing. Sensei Bob Dobrow, and Sensei Sean Paus assisted Sensei Patrick Markowitz and Sensei Lisa Markowitz on the board of judges.

Congratulations to the following NoVA Deshi promoted during the test events:

Ik-Kyu

Murtaza Rizvi

Yon-Kyu

Manu Narayanan

Jason Ford

Kelly Ford

Rick Penalosa

Vismaya Vasanth

Yellow Belt

Skyler Ford

Ro-Kyu

David Ford

Bonnie Langendorff

Kyra Langendorff



The past six months brought many visitors to Northern VA. In addition to the many Deshi attending the Cherry Blossom festival, Sensei Kurt Tezel, Sensei Sean Paus, and Sensei Bob Dobrow visited the Club at summer's end. Also visiting were Estelle Paus, Sho-Dan; Joshua Paus, Sho-Dan; Lisa Rosenberg, Ik-Kyu from New York, New York; Scott Sijan, Ni-Kyu from Minnesota; Lauren Paus, Orange Belt; and William Paus, Go-Kyu. We welcome all Deshi from the Ueshiro Shorin-Ryu Karate USA family to visit us in Northern Virginia. We have classes on Monday in Reston, VA and Thursday/Saturday in Centreville, VA. If you are in town for business or pleasure, we'd love to host you.



Happy 75th Birthday, Hanshi!



Upon completing 75 Kata in honor of Hanshi, Monday, 14 October

Birthday Katathon

Deshi of the combined Northern Virginia dojos completed 75 Fukyugata kata in the slow-motion, moving-zen style in honor of Hanshi's 75th birthday.

Domo arigato, Hanshi!



Finalizing a very busy 6 months, the NoVA Karate Club celebrated Hanshi Scaglione's 75th birthday by performing 75 kata in his honor on his birthday. The class was conceived and led by Sensei Lisa Markowitz—*great job to all in attendance!*

Domo Arigato Gozaimasu
Kyoshi Sal Scaglione, Shichi-Dan
Denshi Shihan, *Ueshiro NoVA Karate*
Sensei Lisa Markowitz
Co-Shihan, *Ueshiro NoVA Karate*

VIRGINIA, Dulles Ueshiro Shorin-Ryu Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei and all Deshi around the world!

It has been an exciting year for the *Dulles Ueshiro Shorin-Ryu Karate Club*. After launching the new dojo—our third location in Northern Virginia—with our inaugural class on May 7th, we held our first test on Thursday, 22 August, with Kyoshi Scaglione presiding. Kyoshi Sal led a spirited class followed by a formal tip test during which seven of the dojo’s nine students successfully tested for Ro-Kyu and one student successfully tested for Go-Kyu—our ninth student previously tested successfully for Ro-Kyu with the Centreville Dojo on 17 July.

The students of *Dulles Ueshiro Shorin-Ryu Karate Club* have shown commitment and warrior spirit by augmenting their twice-weekly at-work classes by attending the Centreville and Reston dojos, as well as participating in our monthly open air workouts at [Great Falls National Park](#).

A big “Domo arigato!” to Kyoshi Scaglione for his support and encouragement in standing up our new dojo and to Hanshi for his continued direction of USRKUSA.

Arigato gozaimasu!

Sensei Patrick Markowitz

Shihan, *Dulles Ueshiro Shorin-Ryu Karate Club*



(Dulles students Catherine, Bonnie, and Michael—back row center—during the 28 September Great Falls National Park workout with special visitors Sensei and Sempai Tezel)

INTERNATIONAL DOJOs

CHINA, Ueshiro Hong Kong Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

It has been an active season of training in Hong Kong for everyone! Tip testing was conducted for Hong Kong deshi on Sunday, June 23, 2013. The board of judges was composed of Sensei Lai, Sensei Wong and Sempai Michalski.

Successful deshi receiving promotion:

Peter Cheng promoted to Ro-Kyu
Nathan Hui promoted to Ro-Kyu
Norman Hui promoted to Ro-Kyu
Samuel Khiatani promoted to Ro-Kyu
Jeff Lam promoted to Ro-Kyu
David Lee promoted to Ro-Kyu
Charmian Li promoted to Ro-Kyu
Ingrid Li promoted to Ro-Kyu
Refia Li promoted to Ro-Kyu
Kin Leung promoted to Go-Kyu
Catherine Li promoted to Go-Kyu

After the training, there was a group compai with active participation from our younger deshi. Domo arigato to Sensei, Sempai, deshi and parents that tested, attended and supported!



Looking forward, we are in the final stages of preparation for the annual Katathon to be held in October and annual demonstrations to be held in December.

Domo arigato to Master Ueshiro, Hanshi and Kyoshi for leading us along the path of traditional Okinawan karate with joy and vigor!

Domo Arigato Gozaimasu,
Tytus Michalski Nidan
(On behalf of Lai Sensei)
Ueshiro Hong Kong Karate Club, China

CHINA [Hong Kong], Ueshiro Singapore International School Karate Club



Onegai-shimasu Hanshi, Kyoshi, Sensei, and Deshi,

Our new semester started on 24th September. I would like to thank Sensei Stephen Wong for being my club's chief instructor. It is truly our great honor to have his generous help and support. With his blessing, the number of enrollments at the Ueshiro Singapore International School (SIS) Club in Hong Kong is as good as last semester. We have about 20 students from P1 to P3. A yellow tip test is scheduled for those from the last semester in this coming December. We will fill everyone in with more information about the activities & events of the club next time!

Domo arigato gozaimasu,

Janet Hsiao

Sho-dan

Shihan, *Ueshiro SISHK Karate Club*



CHINA [Hong Kong-Kowloon], Ueshiro HSMC Karate Club

UESHIRO HSMC Karate Club

This is the 3rd semester with Hang Seng Management College in Hong Kong. Currently, we have 3 active Deshi in the club. It is still a relatively small group but with a healthy structure since the college is expanding rapidly in size. We are looking forward to all exciting events in the months to come (e.g., the Katathon 2013 this Oct 13rd (Sunday), UESHIRO Chinese University of Hong Kong Karate Club seminar on Nov/22 (Friday) & the regional year-end demonstration in December!

Stephen Wong
Go-dan
Shihan
UESHIRO HSMC Karate Club
HKSAR



CHINA [Shatin-Hong Kong], Ueshiro Chinese University Karate Club

Onegai-Shimasu Hanshi, Kyoshi, Sensei and Fellow Deshi of USRKUSA,

First of all, I am very glad to announce that the *Ueshiro Chinese University Karate Club* is now officially registered under the Students' Union at Shaw College (one of the colleges at CUHK), which means we are now an official organization in the university.

Last month, our club held a booth at the annual art fair of CUHK. With an excellent teamwork, this year we recruited 46 members, in which at least five of them have joined our club as Deshi. It was a successful recruitment turnout, and we hope we could do much better next year.



Also, we have been invited by the Medical Society of the university to demonstrate our style of karate at their Variety Show in November this year. We will do our best to showcase Ueshiro karate skills and attract more people to join us.

Our weekly workout is 5-7pm, every Thursday in Shatin. We look forward to seeing you on the deck!

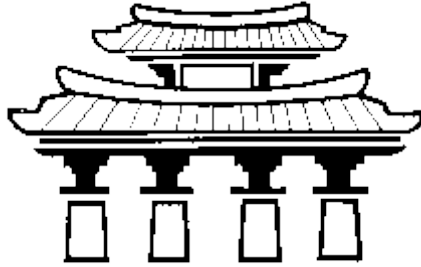
Domo Arigato Gozaimasu,

Rayvel Tang
Shihan/Shodan
Ueshiro Chinese University Karate Club





ISRAEL, Eilat Ueshiro Dojo



Sensei Shlomo Dadon, Go-Dan, Denshi/Shihan

Phone: 001-972-54-551-1111

Email: shlomodadon@012.net.il

Class Schedule:

Monday, 7pm (Adults) Tuesday, 7pm (Kata)

Wednesday, 6pm (Children) Thursday 7pm (Adults)

Sunday, 5pm (Children)



ISRAEL [Yamin], Ueshiro Neve (Oasis) Dojo

Onegai-shimasu and Greetings to Ueshiro Shorin-Ryu Karate USA Across the World, Zen Shin!

We continue moving forward stepping first and blasting with joy and vigor here in the oasis of Israel.

Our deshi are advancing and new deshi are joining. The spectrum of ranks on the deck is increasing including beginner white belt, one green tip, two green tips, green belts with brown tips, brown belt with black tips, and Black Belt.

We now have a consistent group of seven men training together in the dojo three times per week. We also continue to have regular visitors from our sister dojo in Hertzelia, under Sensei Nir Zamir, and also Sensei Shlomo Dadon visits us all the way from Eilat. Moreover, our *Ueshiro Neve Dojo* deshi have recently visited and trained at the Hertzelia Dojo.



Tonight we are expecting two new 17 year old young ladies to try our karate class, who called in response to our advertisement.

This coming Friday we will have our farewell to summer beach workout at the beautiful Hertzelia Beach, to the north of Tel-Aviv. The beaches here in Israel are awesome with lots of variety and activity.

We are now preparing for our Israel 1st Annual Karate Spring Training event, scheduled for three days (April 17-18-19, 2014) bridging Passover and Easter Sunday and Master Ueshiro's Birthday. This extraordinary training event will involve three special workouts at the biblical settings of the Dead Sea, the Oasis of Ein Gedi, and the fortress mountain of Masada. This event has been scheduled to allow visitors to go to Jerusalem on April 20th to celebrate Easter Sunday and Master Ueshiro's Birthday. All are invited to join us! (Please see event flyer on the following page)

The *Ueshiro Neve Dojo* would like to take this opportunity to wish Hanshi Scaglione a spectacular 75th Birthday filled with Joy and Vigor!

Best Regards and Domo Arigato Gozaimasu,
Tamir Sensei
Denshi-Shihan
Ueshiro Neve [Oasis] Karate Dojo
Neve Yamin, Israel
www.NeveKarate.com
Ueshiro Shorin-Ryu Karate USA
Under the Direction of Hanshi Robert Scaglione



KARATE TRAINING IN BIBLICAL BEAUTY



Israel 1st Annual Ueshiro SRKUSA Spring Training

Three days of traditional training in the style and methods of Ueshiro Shorin-Ryu Karate USA, as handed down by Master Ansei Ueshiro through Hanshi Robert Scaglione.

Training at 3 exotic biblical locations including beach workout at the Dead Sea, mixed terrain workout at the Oasis of Ein Gedi, and sunrise workout on the fortress mountain of Masada.

April 17-18-19, 2014

Bridging Passover and Easter and Master Ueshiro's Birthday

TamirSensei@gmail.com

+972 (0)54-283-3777

ISRAEL [Tel Aviv], Herzlia Ueshiro Dojo

Following a period of Jewish/Israeli holidays, which interrupted our training schedule, plus much travel by various members of the team, we now aim to resume a more stable and consistent training agenda.

We have been fortunate to be able to host and train with our Neve Yemin dojo friends, under Tamir Sensei – and that is always a wonderful experience.

We send our collective best-wishes to Hanshi, in celebration of his birthday, and wish everyone a wonderful joint training and event soon.

Also, we look forward to the opportunity to host and welcome Hanshi – and as many other Shorin Ryu family members – in Israel, in spring of 2014, arigato!

Class Schedule:

Monday, 7pm (Adults)

Tuesday, 7pm (Kata)

Wednesday, 6pm (Children)

Thursday 7pm (Adults)

Sunday, 5pm (Children)

Denshi Nir Zamir (Go-Dan)
Shihan, Herzlia Ueshiro Dojo



The USRKUSA Newsletter is a semi-annual publication produced in turn by volunteering Shihan of the Ueshiro Shorin Ryu Karate USA Dojos and Clubs. Current and previous issues of the USRKUSA Newsletter can be found at:

www.shorinryu.com

This issue designed/produced/compiled/formatted by:

Sensei Lisa Markowitz, Chief Instructor/Co-Shihan, *Ueshiro Northern Virginia Karate Club*
Sensei Patrick Markowitz, Shihan, *Dulles Ueshiro Karate Club, Virginia*

Final approval and editing: Hanshi Robert Scaglione, USRKUSA, October, 2013



1962-2013

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