

**Ueshiro Shorin-Ryu**

**Karate USA**

Fall 2015 Newsletter

松林流

Greetings All USRKUSA Members,

Thank you all for your efforts and hard work in keeping our Karate Organization moving forward with joy and vigor.

We continue to grow as a group in Body, Mind and Spirit through the ecstasy of hard work and sweat in our Dojo(s) and Clubs world wide. I appreciate the Kyoshi, the Denshi, the Shihan, the Sensei, Sempai, and Deshi worldwide whose efforts have affected so many people in such a positive way.

We remember the journey of our founder Grand Master Ansei Ueshiro who started all of us on this wonderful path of Martial Art. We are grateful to Master Ueshiro and his sacrifice, hard work and efforts in bringing Shorin-Ryu Karate from Okinawa to the shores of the United States.

"Keep training!"

Sincerely,

Hanshi Robert Scaglione.



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# Ueshiro Bushi Dojo

## Los Angeles, California

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Sensei Chris Barnes, Denshi Shihan, Shichi-Dan

Greetings Hanshi, Kyoshi, Denshi, Shihan, Black Belts and All Ueshiro Shorin Ryu Deshi.

Ueshiro Bushi Dojo, Beverly Hills, CA is enjoying the Joy and Vigor that comes with training on the deck of a traditional store front dojo. There is a wonderful book of all the store front dojo Master Ueshiro Opened on his arrival to the United States. It's AWSOME!!!

Arigato to Kyoshi Seeger and Team for an Amazing 53rd Annual Black Belt Weekend in The Palisades, truly a highlight of the year as well as the April Black Belt Test sponsored by the Ueshiro Downtown and Midtown Karate Dojos. Truly Great Events.





Looking forward to The Northampton Ueshiro Karate Black Belt Promotion on Saturday December 12, 2015 as well Florida, Minnesota any and all other Ueshiro Shorin Ryu Events.

As always Hanshi's dedication as well as his flawless kata continue to inspire me on and off the deck.

Arigato Hanshi!!!

Peace My fellow warriors

Barnes Sensei  
Shihan/Denshi/Shichi Dan.



# Easton Connecticut Ueshiro Shorin-Ryu Karate Club

## Easton, Connecticut

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Sensei Adam Dunsby, Director, Yon-dan



Onegai-shimasu Hanshi, Kyoshi, Sensei, and all USRKUSA Deshi,

We have had a year of joy and vigor participating in our local USRKUSA events, including the NYC Hombu Dojo Belt Promotions, the Sherwood Island Beach Workout, the 9/11 Memorial Central Park Workout, and the Annual Black Belt Workout and Kampai in this the 53rd year of Ueshiro Shorin-Ryu Karate USA. Our technique advances with the sweat of hard work and many repetitions. Arigato Hanshi for keeping the spirit of Master Ansei Ueshiro alive every day we train, every single kata we perform.

As always, we welcome any deshi who wish to visit us and attend class in Connecticut.

Domo arigato gozaimasu,  
Adam Dunsby, Yon-dan

Class schedule:

Tuesday 5:45 PM - 7:00 PM

Sunday 8:00 AM - 9:15 AM



# Wilton Connecticut Ueshiro Shorin-Ryu Karate Club

## Wilton Connecticut

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Sensei Keith Eng, Shihan, San-Dan

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

We continue with our spirits out-sizing our numbers. 2015 marked a dynamic year with: a great visit to Ueshiro Merritt Island Karate Dojo; a spirited promotion; kampais both locally and with other schools.

I want to extend many thanks to Sensei Tezel and his dynamic and exciting school for their amazing hospitality. Not only did Sensei offer great “sugar” and wisdom, but he and his family hosted a great ocean-side kampai. Thank you again.

We will continue to preserve and ensure the vitality of traditional Okinawan karate-do with our morning, pre-work classes. Our goal is to intensify our training and we hope to continue our tradition of visiting our sister clubs and schools in order to share karate and spirit. The best of training to all of our karateka brethren! See you on the deck! Kampai!

Domo arigato,  
Keith Eng, San-Dan

### Class Schedule

Monday	7:30 AM
Wednesday	7:30 AM

We wanted to share a personal haiku:

*Shinden traditions  
Forge futures, iron to steel  
Steel moving like silk*

# **Ueshiro Cocoa Shorin-Ryu Karate Dojo**

## **Cocoa, Florida**

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Sempai Dennis Flynn, Shihan, Ni-Dan

Onegai Shimasu Hanshi, Kyoshi, Sensei, Shihan, and all SRKUSA Deshi.

The **Ueshiro Cocoa Shorin-Ryu Karate Dojo** is located at the Central Brevard Community College Campus in the Cocoa YMCA Facility. We are moving forward, as **Sensei Marchetti** would say, "With great joy and vigor!" The class schedule is as follows:

**Monday and Wednesday** - 7:00 PM- 8:30 PM (All ranks-adults and children).

**Saturday** - 11:00 AM -12:30 PM (All ranks-adults and children)

**Shihan Dennis Flynn** (Ni-Dan) leads a team of qualified and dedicated instructors that ensure each and every student receives quality training. The adult teachers that participate in teaching classes are: **Sempai Rob Weaver** (Ik-kyu), **Sempai Don Carter** (Ik-kyu), **Sempai Robert Hunt** (Ik-kyu), and **Sempai David Koenig** (Ni-kyu).

**Sempai Flynn** teaches the Wednesday evening classes, **Sempai Weaver** teaches the Monday evening classes. All of those mentioned above teach the Saturday classes on a rotating basis that works well for everyone.

I would like to give a special shout out to **Dakota Flynn** (Junior Sho-dan) and **Cheyenne Flynn** (Junior Ni-kyu). Both of these young ladies have shown a tremendous ability to teach others, especially the newer students and the younger students. They are well respected by all the students.

The Cocoa YMCA conducted Green Tip Tests on April 29th June 24th, August 26th and October 28th.

### **Promotions from the April 29th test**

#### Receiving the rank of Ro-kyu (One Green Tip)

Stephanie Dernier

Alex Dernier

Brianna Mitchell

#### Receiving the rank of Go-kyu (Two Green Tips)

Paige Altaffer

Ayden Altaffer

Seth Cauthen



### **Promotions from the June 24th test**

Receiving the rank of Go-kyu (Two Green Tips)

Alex Vasquez  
Brianna Mitchell  
Mia Musseb-Valverdes  
Jatorrie McFadden  
Stephanie Dernier  
Alex Dernier

### **Promotions from the August 26th test**

Receiving the rank of Ro-kyu (One Green Tip)

Rafael Musseb-Valverdes Sr.  
Oscar Sanchez  
Devon Noel  
Mallory Hale  
Andre Gross

### **Promotions from the October 28th test**

Receiving the rank of Go-kyu (Two Green Tips)

Rafael Musseb-Valverdes Sr.  
Oscar Sanchez  
Devon Noel  
Mallory Hale  
Andre Gross

I would like to give a special mention to Sempai Robert Hunt (Ik-kyu). Robert was sent to California on a special assignment by his employer. He has been gone for a few months now and hopes to return late this year or early next year. Not only has Robert done a great job as one of our teachers, but he continues to keep in touch, stay positive and encourage us to keep moving forward. We miss him and hope to have him back with us soon.

**The Brevard County Florida Dojo** held its semi-annual promotion event on Sunday, August 30th 2015. The event was hosted by the Cocoa YMCA Dojo and all six Brevard County Dojo were invited to attend. **Titusville, Cocoa, Merritt Island, Suntree, Viera, and the West Melbourne Dojo** all participated and all had candidates who were selected to test for promotion. The event started at 9:00am and ran until about 2:30pm. Students began arriving as early as 8:00am with much joy and vigor.

**Hanshi Scaglione** led our event with **Sensei Tezel, Sensei Ron Marchetti, and Sensei Pat Marchetti** providing leadership and direction throughout the event.

The event started with **Sensei Tezel** leading us in some light stretches and slow motion kata: highlighted by the entire group performing **Fukyugata Ni** multiple times under the direction of **Hanshi Robert Scaglione**.

**Hanshi** then led us thru the warm-up and basics across the deck, followed by several kata.

After that **Hanshi** instructed us to begin the formal testing.



**Sensei Tezel** brought all the black belts together and separated us into three judging panels. **Sensei Tezel**, **Sensei Ron Marchetti**, and **Sensei Pat Marchetti** each lead a group of judges. All the black belts attending participated on a judging panel.

The candidates testing were separated into three groups by rank; and then the test began. After each group completed their testing: **pre-arranged fighting** and **board breaking** was done as a group.

An inspirational promotion ceremony wrapped up the event. Each black belt was given the opportunity to say a few words to encourage the large group of newly promoted students as well as all of the students that showed up to support them.

**Hanshi** was the last to share his thoughts with the group and then each promoted student was called up one at a time to receive their promotion. Each promoted student received a round of applause from the entire group.

The entire event, from start to finish brought much joy and vigor to all those who attended as well as all the spectators who came to watch the event!



Domo Arigato to **Hanshi** for leading us during the incredible event and Domo Arigato to all those who attended.

The following students received promotions from the **Cocoa YMCA Dojo** during this combined event:

Receiving the rank of Yellow Belt

Katelyn Fafard (Cocoa-Child)

Receiving the rank of Yon-Kyu

Steve Murdick (Cocoa - Adult)

Aaron Glover (Cocoa-Child)

Rafael Musseb-Valverdes Jr. (Cocoa-Child)

James Knear (Cocoa-Child)

Receiving the rank of Orange Belt

Morgan Murdick (Cocoa - Child)

Domo Arigato,

Sempai Dennis

Ni-Dan

Shihan Cocoa YMCA Dojo

# Ueshiro Viera Shorin-Ryu Karate Dojo

## Melbourne, Florida

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Hanshi Robert Scaglione, Shihan/Director

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi.

The Viera Ueshiro Shorin-Ryu Karate Dojo continues its ever forward path under the direction, tutelage, and watchful eye of Hanshi Scaglione. Our dojo is located at the Viera Recreation Center on the Florida Space Coast, and continues to enjoy a very healthy stream of new deshi. We also enjoy a vigorous core group of about 15 to 20 deshi and sempai that continue to advance through the Kyu levels.

Hanshi Scaglione extended an invitation to the writer, Sempai David Norman, to participate and test for Sho-Dan at the Black Belt test held at the Hombu Dojo in Midtown Manhattan, during the weekend of April 18-19. The writer achieved the rank of Sho-Dan, and is extremely thankful to Hanshi in particular for extending this invitation, but also to all the other participants of that event, from fellow Ik-Kyu testing for Sho-Dan, to Sensei(s) and Kyoshi(s). It was an unforgettable event.

Also notable is the combined Florida dojos test and promotion in which the Viera Dojo participated, held at the Cocoa YMCA gym on August 30, and which was directed by Hanshi and the FL Shihan. A very healthy contingent from Viera tested and achieved the next rank. These students are:

### Yon Kyu

Luke Henderson

### San Kyu

Emma Bohannan  
Abigail Bohannan  
James Bohannan  
Julia DiValerio  
Jason DiValerio  
Rob Ringsmith

### Ni-Kyu

Melody Bohannan  
John David Bohannan  
Hannah Bohannan  
Justin Thompson  
Lisa Miller



The Ueshiro Viera Shorin-Ryu Karate Dojo continues to hold classes according to the following schedule:

Class Times	Instructor	Remarks
Tuesdays 6:00pm - 7:00pm	Hanshi Robert Scaglione	Karate-ka are encouraged to show up promptly at 5:30pm for slow kata repetitions and wam-ups
Thursdays 6:00pm - 7:00pm	Sempai Karuna Rao (Ik-Kyu)	Karate-ka are encouraged to show up promptly at 5:30pm for slow kata repetitions and warm-ups
Saturdays 10:00am - 11:30am	Sempai David Norman (Sho-Dan)	Karate-ka are encouraged to arrive 15 - 20 minutes before formal bow-in for slow kata repetitions and warm-ups

As we continue on our onward quest, we would like to recognize how extremely lucky and blessed we are at the Ueshiro Viera Dojo to have Hanshi on a nearly full-time basis. It is notable that even on the evenings and days he does not instruct, Hanshi shows up to help in any capacity he can, including preparing the Dojo for class by sweeping the floor if necessary, in true Okinawan fashion, where cleaning the floors of the sacred training Hall is considered an honor; Hanshi certainly embodies leadership even in this most basic of tasks! Hanshi's guidance and "sugar" are certainly not taken for granted by the Viera deshi.

A big "thank you" to all family members that continue to make it possible for those of us fortunate enough to be able to train. For those of us training, the best sign of gratitude we can give to those that make it possible is to train harder, sweat more profusely, get stronger physically, mentally and spiritually!

Arigato gozaimasu Hanshi, Kyoshi, Sensei, and Deshi.

Respectfully submitted,

Sempai David Norman, Sho-Dan Ueshiro Viera Shorin-Ryu Karate Dojo



# Ueshiro Suntree Shorin-Ryu Karate Dojo Melbourne, Florida

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Sempai Matt Reed, Shihan, Ni-Dan



Onegai Shimasu Hanshi, Kyoshi, Sensei, and all Deshi,

The Ueshiro Shorin Ryu Suntree Karate Dojo has continued to grow and move forward throughout the latter half of 2015. I am so fortunate to have an outstanding, diverse core group of deshi to train with and dedicated advanced ranks that help to keep the dojo alive. Being located in central Brevard County, our location is in close proximity to the five other local Florida dojo. We are extremely lucky to have Hanshi and the Viera dojo within a few miles.

The above photo was taken on October 21st at our green tip promotion. The below deshi were promoted during this event:

## Ro Kyu

Kiona Rollins  
Rajith Paripally  
Sean Colvin

## Go Kyu

Vishrut Paripally

## Two Green Stripes

Leila Rollins



August 26th, the Suntree Dojo conducted a green tip promotion. These are always spirited events where our newest students have the opportunity to demonstrate what they have learned. Promoted during that event were the below listed deshi.

Ro Kyu

Vishrut Paripally

Go Kyu

Krystyn Clark

Emmanuel Sanders

Zaine Clark



On August 30th the Suntree Dojo participated in a combined semi annual full belt promotion with the five local Florida dojo at the Cocoa YMCA. The combined promotion was a spirited event and a fantastic opportunity to train with Hanshi, Sensei, Shihan and deshi from the different local dojo.

Please find the below list of recent Ueshiro Suntree Shorin Ryu Karate Dojo promotions from our combined August 30th semi-annual promotion.

Yon Kyu

Charlie Peppin

Tom Peppin

San Kyu

Brian Arriagada

Jose Carbajosa

Orange Belt

Savanah Zhang

Ik Kyu

Ada Yumiceva



The Suntree Dojo offers classes four days per week. Sunday's 11:00 A.M. until 12:30 P.M., Monday's 7:30 P.M. until 8:30 P.M., Wednesday's 6:30 P.M. until 7:30 P.M., and Friday's 4:30 P.M. until 5:30 P.M. Offering all of these classes would not be possible without the commitment of our advanced ranks. I would like to recognize Sempai Kevin Hutchenson (Sho-Dan), Sempai Jennifer Sangalang (Sho-Dan), Sempai Christell Bodrick (Ik-Kyu) and Sempai Lloyd Brownhill (Ni-Kyu). Without their assistance we would not be able to offer this variety of class options.

Domo Arigato Gozaimasu,  
Sempai Matt Reed, Ni-Dan  
Shihan Ueshiro Shorin-Ryu Karate Suntree Dojo  
321-213-3124, rpd197@yahoo.com

# Ueshiro West Melbourne Shorin-Ryu Karate Dojo

## Melbourne, Florida

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Sempai Rick Cupoli, Director, Ni-Dan

The West Melbourne Dojo is running strong and has been for four years. We opened in September of 2011 and I am pleased to say that we have a strong attendance and student base in 2015. Though we, like all dojos, push through a roster of students that will show for a short time and then leave for no apparent reason, we have achieved a solid core of students who get what they are trying to achieve and are sticking with it.



I am very fortunate to have Ik Kyu Miranda Aiken to assist me with the running and instruction of the dojo. We now have five Ni Kyu, one of which is a 9 year old child, all nurtured completely in the WM Dojo. I can't adequately express how rewarding it is to see these great people step on the deck for the first time, struggle with all the techniques, and watch them push through the challenges to the competencies of their rank. I am humbled when I think that I had a part

to play in their achievement. I am continually reminded of something Hanshi wrote in the red book that "No one accomplishes anything alone." This is certainly the case here.

The West Melbourne Dojo is moving forward with joy and vigor into the New Year and beyond. Keep training.



# Ueshiro Titusville Karate Dojo

## Titusville, Florida

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Sempai Ed Bauder, Sho-Dan

Onegashimasu Hanshi, Kyoshi, Sensei and SRKUSA Deshi,

It has been a prosperous quarter at the Ueshiro Titusville Karate Dojo, and we continue to grow by leaps and bounds. Since we have changed our class times and location, (Monday 5:00 pm to 6:00 pm, Friday 5:30 pm to 6:30 pm in the Titusville YMCA Family Center Group Exercise Room) our attendance has averaged between 10 to 12 Deshi per class. It has been such a pleasure and an honor to train and grow along side of the men, women, and children that make up our ranks. And our growth has been evidenced by recent activities, tests and promotions.

Classes are currently conducted at the Titusville YMCA located at 2400 Harrison St. Titusville FL.

In August, 2015 Brevard county Dojos held our semi-annual full-belt promotion at the Cocoa YMCA gymnasium. It was a fantastic opportunity to train with Hanshi, Sensei, Shihan and other Karateka and Deshi from several Florida Dojos. Titusville Dojo also held a tip Test on August 28, 2015 Promotions results from the Titusville Dojo are as follows:



Yon-Kyu  
Timothy Tidwell

Yellow Belt  
Jessie Scroggins

Go-Kyu  
Claire Webb  
Jasmine Barquin  
Joey Jordan  
Sierra Banks



Ro-Kyu  
Taurean Whitehead

Continuous emphasis is given to both personal development of each Deshi as well as a team and family spirit. All members work together as a family as many of our Deshi members are Fathers, Mothers, brothers' sisters and cousins bound not only by blood ties but by the strong ties instilled by working toward a common objective of perfection of technique and method. I am proud of their initiative drive motivation and work ethic toward development and proud to be their Shihan.

*Instructor and Shihan is Ed Bauder, Sho-Dan. Instruction to Titusville residents is as brought to the United States by Grand Master Ansei Ueshiro and as currently taught by Hanshi Robert Scaglione.*



# Ueshiro Merritt Island Karate Dojo

## Merritt Island

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Sensei Kurt Tezel, Shihan, Go-Dan



Onegai Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Shorin-Ryu Merritt Island Karate Dojo has classes four days a week: Mondays, Tuesdays and Thursdays at 6pm and Fridays at 6am.

In addition to myself, classes are taught by Sensei Pat Marchetti, Sempai Travis Culp (Sho-Dan) and Sempai Carla Eddy (Ni-Dan) assists and substitutes when needed

Our dojo hosts monthly Ikkyu and Dan level classes in addition to advanced classes twice a month led by myself and Sensei Pat Marchetti. These classes pull in students from all six Florida dojos and are always well attended.

April 20, 2015 we held a tip test in which the following students received an advancement in rank:

### Ro-Kyu

Tracy Frankenfield

### Go-Kyu

Marly Mutter

Rachel Pletcher



In celebration of Grandmaster Ansei Ueshiro's birthday on April 20, the Ueshiro Merritt Island Karate Dojo held its annual Katathon. Great spirit and energy was in abundance throughout the evening. Some deshi arrived early to get a jump-start on the katathon and some deshi needed be practically pulled off the deck after the katathon had formally ended.



We had a great turnout on a glorious Florida morning for our annual Memorial Day workout. Just about every Florida school was represented. We then moved onto the Tezel home for a light brunch and fellowship.



June 5 we held a tip test in which the following students earned a new rank:

Ro-kyu

Amelie Stacy  
Scarlett Hoog  
Ty Peck  
Jacob Peck  
Don Stacy

Go-kyu

Tracey Ridout



We hosted a special visitor on August 4 – Shihan Keith Eng from the Wilton Connecticut karate club. It is always an awesome experience to rub shoulders with our karate brethren.





Scarlett Hoog earned her second green tip on August 24 – great job Scarlett!



All of the Florida schools held a combined test at the Cocoa Y, hosted by Shihan Dennis Flynn. We were well represented by our students testing for a variety of ranks.



A big congratulations to the following students who earned an advancement in rank on October 15.

Ro-Kyu

Xiomara Dance

Scott Dance

Michael Kukura

Go-Kyu

Amelie Stacy

Don Stacy



Sempai Trevor and I represented our dojo at the annual Blackbelt workout in lovely Palisades, New York over the week-end of October 17-18. Hanshi (pictured below with the Florida contingent) led the spirited workouts with the help of the Kyoshi. Another awesome Ueshiro Shorin Ryu event!



Domo Arigato Gozaimasu,

Denshi/Sensei Tezel, Shihan Ueshiro Merritt Island Karate Dojo  
Ueshiro Shorin-Ryu Karate USA  
Founded by Master Ansei Ueshiro  
Under the Direction of Hanshi Robert Scaglione

# Ueshiro Hawaii Karate Dojo Hawaii

Sensei Lorenzo Aguon, Shihan, Go-dan

Aloha From Ueshiro Hawaii Karate Club

This year we were truly treated to a very special visit. A visit that has a lot of history for us here in Oahu. Kyoshi Matthew Kaplan began a karate club at our local Hawaii Pacific University. Later, it grew into the Downtown Karate Dojo. Among his senior students was Alan Lai. I've had the honor to train under both excellent mentors. As our busy work schedules built up and lives changed, we've seen deshi come and go. Some moved away to other states and even other countries. In almost two decades of not training together as a group, we find ourselves once again reunited in the spirit of Karate. The beauty of it all....is that nothing has changed. Once again, We are treated to an energizing and spirited workout. But this time, I am happy to have my students train with those who have trained me. After the workout we celebrated Kysohi Kaplan's Birthday with some traditional Saki and delicious sushi. Even though the visit had to come to an end, Kyoshi Kaplan returned to Pennsylvania and Sensei Alan Lai returned to Hong Kong, we will forever be united by the huge common bond in our lives.....

Ueshiro Shorin Ryu Karate USA.



Ueshiro Hawaii Karate Club

[info@uhkdojo.com](mailto:info@uhkdojo.com)

[www.uhkdojo.com](http://www.uhkdojo.com)

Classes: Tuesdays/Thursdays

5:30 pm – 7:00 pm

Kapiolani Beach Park

(Red Arrow marks training area)



# **Boston Chinatown Ueshiro Shorin-Ryu Karate Club**

## **Boston, Massachusetts**

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Sensei Emiliano Mazlen, Shihan, Yon-Dan

Onegai-shimasu Hanshi, Kyoshi, Sensei, Shihan and fellow Deshi,

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston MA. Classes are on Monday and Wednesday nights at 7:30 pm and Sundays at 11:30 am. The YMCA is near downtown Boston. We are honored when visitors train with us. If you may be able to do so, please let me know.

Domo arigato gozaimasu to Hanshi for leading us down the Path that Grandmaster Ueshiro laid out for us.

We were honored most recently to participate in the Northampton Dojo's August rank promotion.

Domo arigato gozaimasu to Denshi-Shihan-Sensei Gobillot for leading the test (and for permitting me the honor sitting on the board of judges). Domo arigato to Sensei Mary McKitrick and Sensei Nancy Owen for their efforts on the board of judges and to the other Northampton deshi for, as is proper, adding their spirit and sweat to the event even though they were not testing on the spot and for including us in their test.

Congratulations to the Northampton and Albany deshi who tested. Congratulations to Boston deshi who tested: M. Wiggins, the Elder (yonkyu).

The Boston club also held a tip test in June.

Domo arigato to Joseph Cheung, ikkyu, who called the test. Arigato as well to Theo Panagakos for demonstrating the test. Arigato to the other deshi who also added their spirit and sweat to the event even though they were not testing on the spot.

Congratulations to M. Wiggins (the younger) and Sai Fei Wu who were both promoted to Gokyu.

With new ranks awarded, we remembered that we only earn our new (or current) rank when we receive the next one, or, in other words ...

Keep Training.

Domo arigato gozaimasu to all, Emiliano Mazlen  
Yon-Dan  
857-234-7350  
emazlen@hotmail.com

# Northampton Ueshiro Pine Forest Karate Dojo

## Northampton, MA

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Sensei Daniel Gobillot, Denshi Shihan, Shichi-Dan



Onegai shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi,

We conducted our annual summer rank promotion and workout on Sunday 9 August 2015 in Northampton, MA.. Sensei Daniel Gobillot, Shihan, Shichidan, conducted the workout and test. The board of judges included Sensei Emiliano Mazlen (Boston), Sensei Mary McKitrick and Sensei Nancy Owen of Northampton. We were honored with many visitors from the Boston club run by Emilliano Mazlen Sensei and also from the Albany club run by Keith Chan.

The following deshi were tested and promoted.

### Yon-Kyu

Rosa Sullivan, (child,  
Northampton)  
Jason Noon-Damiani,  
(Boston)  
M. Wiggins (Boston)

### San-Kyu

Caroline Margoles (Albany)  
Michelle Sullivan  
(Northampton)

### Ni-Kyu

John Bosco (Northampton)  
Valerie Vignaux  
(Northampton)



Congratulations to everyone who tested and thank you to all who brought their spirit to this event.

Sensei Daniel Gobillot and Sensei Nancy Owen traveled to Palisades NY 17-18 October 2015 for the 53rd annual Black Belt weekend for two days of intense training with the best of the best of Shorin-ryu Karate USA. Led by Hanshi Scaglione and assisted by the Kyoshi Seeger, Mackay, Kaplan and Scaglione, it was a humbling and uplifting weekend.

Domo arigato gozaimasu Hanshi, Kyoshi, Sensei, Sempai, and all fellow Deshi for your motivating spirit, for continuing to support all of us in our training and helping us to move forward in the martial way.

Respectfully submitted,

Mary McKitrick, San-Dan  
Northampton Ueshiro Pine Forest Karate Dojo, Northampton, MA  
[www.pineforestkarate.com](http://www.pineforestkarate.com)

For further information please contact: Sensei Daniel Gobillot, Shihan 413.320.5945



Please visit and train with us in Northampton.  
Our doors are always wide open to you.



# Ueshiro Shorin-Ryu Karate Dojo of Minnesota Northfield, Minnesota

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Sensei Bob Dobrow, Shihan, San-Dan

Onegaishimasu Hanshi, Kyoshi, Sensei, and all Deshi,

Greetings to all Ueshiro Shorin-Ryu karateka! Congratulations to those Deshi who advanced in rank over the past six months. The following students were promoted:



## Ro-kyu

Peter Hanes  
Joe Druckman  
Renay Friendshuh  
Peter Mackenzie

## Go-kyu

Carson Bechtel  
Kelsey Sijan  
Sam Vinitsky

## Yon-kyu

Abhimanyu Lele

## San-kyu

Lori Folland

## Ik-kyu

Shail Mehta.



Our dojo continues its regular schedule of offering classes three times a week, including an advanced green belt class once a week on Saturday mornings. We have added an advanced brown and black belt class that meets

once a month on Sunday mornings. In addition, the Carleton College Ueshiro Shorin-ryu Karate Club meets twice a week, and Carleton students earn Physical Education credit for attending these classes.

Over the past six months, we held several special activities, including:

- End-of-(academic) year five-hour beach workout, testing, promotion, and community picnic in Antler Park in Lakeville, Minnesota.
- Bo kata workout for advanced students
- In mid-August, we joined with the Ueshiro Mesabi Karate Dojo in upstate Minnesota for a special, and now traditional, joint workout on the shores of Lake Superior in Duluth, Minnesota.
- Labor Day 100-kata workout



- Sempai Steve Hatle and Sensei Bob Dobrow participated in the 53rd annual Black Belt weekend in New York.

We have several exciting events planned for the future. In December we will hold an end-of-year workout and kumpai. We also plan to send a large delegation to Florida in February for a weekend of karate. And finally, we have announced plans for our next “Minnesota in May” karate weekend, May 13-15, 2016. We invite all Shorin-Ryu Deshi — from white belts to senior black belts — to join with us in May for this event, which has now become a Minnesota tradition!



Domo arigato to all our extraordinary students who continue to train with joy and vigor and inspire us to move forward.

Domo arigato gozaimasu Master Ueshiro and Hanshi Robert Scaglione for teaching us and showing us the way of karate.

Respectfully submitted,

Shihan Bob Dobrow  
Ueshiro Northfield Shorin-Ryu Karate Dojo

# **Ueshiro Mesabi Karate Dojo**

## **Mesabi, Minnesota**

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Sensei Lyle Kleusch, Shihan, San-Dan

Onegaishimasu Hanshi, Kyoshi, Sensei, Senpai and Deshi.

The Ueshiro Mesabi Karate Dojo, Has had a wonderful summer, culminating with the second annual Lake Superior Ueshiro Karate beach workout. Many Deshi from both Ueshiro Mesabi and Ueshiro Northfield attended.

We also held our semi-annual full belt tests in August. Over 30 students participated and many were promoted. Congratulations to all of you!

Sensei Kleusch is now teaching and training in a second location, Mesabi Range College. He hopes to add a PE class to the college curriculum in the near future.

The Ueshiro Mesabi Karate Dojo is going to hold a demonstration on December 2nd at Mesabi Range College at 2:45pm in the auditorium. The public is invited.

Domo Arigato Hanshi, Kyoshi, Sensei, Senpai and Deshi!



# **University at Albany Ueshiro Shorin-Ryu Karate Club**

## **Albany, New York**

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Sempai Keith Chan, Director, Ik-Kyu

Onegai shimasu, Hanshi, Kyoshi, sensei, sempai, and deshi,

Greetings from Albany, NY! We are honored to have Hanshi's blessing for our club, and have celebrated our second year moving forward in September. We have a small group, but train hard four times a week (Monday at 9 am, Tues/Thurs at 5:30 pm, Saturday at 10 am).

We were honored to attend Sensei Gobillot's rank promotion event in August 2015, and had 2 members who tested:

Jason Noon-Damiani, tested and received the rank of Yonkyu

Caroline Margolies, tested and received the rank of Sankyū

We welcome all visitors, and look forward to opportunities to show spirit with others on the deck!

Doom arigato, Hanshi, Kyoshi, Sensei, Sempai, and other deshi.

Respectfully submitted,

Keith Chan  
Ik-kyu  
Albany Dojo

# Ueshiro Midtown Karate (Hombu) Dojo

## New York City, New York

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Kyoshi Michael Mackay, Shihan, Ku-Dan

Onegai shimasu, Hanshi, Kyoshi, Sensei and Deshi of USRKUSA. The summer and fall months brought many exciting promotions, special events, and (most importantly) relentless hours of basic training at the Midtown Dojo. Below are some of the highlights. Please visit our on-line Gallery for photos and videos of these mileposts along the 53 year history of Shorin-Ryu in the United States. The common theme throughout these events has been Hanshi Robert Scaglione's passion for excellence. It's his high standards for excellence that make us better and more effective individuals in our personal lives. What better reason to just "keep training!"

### Black Belt Test

On the weekend of April 17 - 19, Hanshi came to New York to preside over a Black Belt Test sponsored by the Ueshiro Midtown and Downtown Karate Dojos. Karateka travelled from Florida, Virginia, Massachusetts and California to participate in the first large-scale Dan-level promotion since the 50th Anniversary celebrations in 2012. Pre-test workouts/seminars were conducted by Hanshi on Friday evening at the Midtown Dojo, then continued at the Downtown Dojo until 10:00 PM. The pre-test workouts gave kyu-rank students a special opportunity to train with Hanshi, and offered our out-of-town visitors a chance to work out after their travels. Some of the many corrections mentioned by Hanshi throughout these classes were:

- Step first.
- Keep the upper arm straight in the double punches of Fukyugata Ni, Rohai and Passai.
- Change height in all kata.
- Touch the triceps when chambering for middle blocks.
- Don't bounce when punching. Drop, then rise on inhalation if necessary.
- Find the crescendo of the move: slow wind up and hard hit. Imagine breaking a brick. Wind up slowly then power through the technique. Applies to both blocks and punches.
- Don't let the eyes drift.
- Use pause after kicks to collect yourself.
- Use the senior person's title when showing courtesy.
- Failure is not the opposite of success. It is the stepping stone to success.
- When turning in basics pause between the "mawa-te" and the count to assure stepping first.
- Always be learning. You can learn from tip and belt tests.
- Show up. The dojo makes the student stronger and the student makes the dojo stronger.

Domo arigato, Hanshi for your constant encouragement and enthusiasm as we pursue the path towards perfection!

Formal testing got underway in the St. Barts gymnasium from 9:00 AM to 2:00 PM on Saturday and 1:00 PM to 6:00 PM on Sunday. Kyoshi(s) Dave Seeger, Michael Mackay, Matt Kaplan and Sal Scaglione assisted Hanshi in supervising the 10 hours of kata, kumite and atemi waza. After a thorough review of all requirements as specified by Grand Master Ansei Ueshiro, the following candidates advanced in rank:



#### Junior Sho-Dan (white stripe)

Ansumana Bangura (Ueshiro Midtown)

Joelle Ramson (Ueshiro Midtown)

Muhammad Jalloh (Ueshiro Midtown)

Murtaza Rizvi (Ueshiro NoVA)

#### Sho-Dan

Lisa Rosenberg (Ueshiro Midtown & Downtown)

Bill Breidenbach (Ueshiro NoVA)

William "Lief" Esbenshade (Ueshiro Downtown)

Gene Turok (Ueshiro Midtown)

David Norman (Viera Ueshiro)

#### Ni-Dan

Edwin David Abreu (To-Te Ueshiro)

Brian Heese (Ueshiro Pelham)

Lee Justo (To-Te Ueshiro)

Felipe Flores (Ueshiro Midtown)

Dennis Flynn (Ueshiro Cocoa)

Colin Tennyson (To-Te Ueshiro)

#### San-Dan

Kim Garon (Ueshiro Midtown & Downtown)

Candace Morgan (Ueshiro Midtown & Downtown)

Jim Davis (Ueshiro NoVA)

Henri Waelbroeck (Ueshiro Pine Forest)

Dawood Emmenuel (Ueshiro Midtown)

Congratulations to all the candidates for rising to the many challenges presented to them, and for representing their dojo with full commitment. Domo arigato gozaimasu to those Sensei who showed up and served on the boards of judges, spending many hours scrutinizing every candidate's technique:

Kevin Reymond	Chris Barnes	Dan Gobillot	Preston Powell
Gamiel Ramson	Elliot Potter	Larry Link	Ellin Moore
John Bottega	Emiliano Mazlen	Rob Neff	Tzvi Bar-Shai
John Adams			

Domo arigato as well to the many Black Belts who assisted with the multitude of tasks involved in three days of intense training: setting up the gym, putting candidates through the test, participating in kumite, setting up breaks, performing breaks, supplying refreshments and transportation, etc., etc. Your focus and positive energy from start to finish were a source of inspiration and encouragement to those on the spot. A special thanks to Sensei Kevin Reymond of the Ueshiro Downtown Karate Dojo for gathering and organizing the huge number of details required to insure such an event runs smoothly from start to finish. Sensei's calm command of tactical challenges makes him an invaluable asset to the Ueshiro Shorin-Ryu Karate USA Organization.

As the event closed on the eve of Grand Master Ueshiro's 82nd birthday, we were reminded once again that the rank of Black Belt depends as much on our ability to honorably represent our history and organization as it does upon our performance of kata. Domo arigato gozamasu to Hanshi and Ueshiro Shorin-Ryu Karate USA for the opportunity to follow in Grand Master Ueshiro's footsteps.

### **April Tip Test**

The Midtown Karate Dojo held its April tip test in honor of Grand Master Ansei Ueshiro on Tuesday, April 28. Congratulations to Jon Miller, promoted to Ro-Kyu, and Elias Markiet of the Tote Ueshiro Dojo (Nyack), who was promoted to Go-Kyu. Both candidates did an excellent job of showing two second pause and stepping first, as well as their command of information from the Shorin-Ryu Question and Answer Book.

The Board of Judges was comprised of Chief Instructor Sensei Gamiel Ramson and three newly-promoted Sho-Dans: Ms. Lisa Rosenberg and Messrs. Gene Turok and Lief Esbenshade (Ueshiro Downtown Dojo). Domo arigato gozaimasu to our visiting deshi, including Mr. Esbenshade and the Markiet family, as well as the other Black Belts and kyu ranks who showed up to lend support. As mentioned before the test, the three Fukyugata kata offer an incredibly strong foundation for a life-time of karate training. Domo arigato gozaimasu to Sensei Shoshin Nagamine, Sensei Choshin Chibana, and Grand Master Ansei Ueshiro for composing the three pillars of Ueshiro Shorin-Ryu USA. And Domo arigato gozaimasu to Hanshi Robert Scaglione for keeping our standards high.

### **May "Karate and Culture" trip to Brooklyn Botanical Gardens**

After class on May 2 a select group of deshi travelled to the Brooklyn Botanical Gardens to enjoy the iconic cherry blossoms and Japanese garden, as well as the centuries-old bonsai, many of which originated in Japan. Special thanks to Sensei Dawood Emmenuel, who provided transportation and dinner afterwards, and Sempai Arabella Neff, who supplied a home-baked picnic.

## June Tip Test

The Ueshiro Midtown Dojo held its June tip test on Tuesday, June 23, preceded by a traditional USRKUSA workout. The board of judges was comprised of Sensei(s) Ellin Moore, HEND ELSAYED and Candace Morgan. After a thorough review the following two deshi were promoted in rank:

### Ro-Kyu

Joseph Anderson, Jr.

### Go-Kyu

Jon Miller

Congratulations to the candidates on their high level of focus and awareness throughout the test, which was conducted almost entirely in Japanese. Domo arigato as well to the colored belts who came down to lend support and pace the candidates through the many iterations of kata while the judges deliberated.

## Sherwood Is. Beach Workout

Deshi from the Midtown, Downtown, Uptown/Harlem, Pelham Manor, To-te Nyack and Easton Ct. Ueshiro Shorin-Ryu Karate dojo/clubs assembled under overcast skies on Sunday, July 26, to reenact a decades-old tradition of training on the beach. As Hanshi reminisced, "I have wonderful memories of these workouts, picnics and more, too numerous to describe here - the people, the happenings - all awesome stuff!" (I remember attending my first Midtown Dojo picnic/workout as a white belt in 1980, held at the Central Park Precinct near 86th St.) This year's event lived up to Hanshi's standard, bringing the quality of our karate and camaraderie up a notch. After the traditional meditation and warm-ups, we conducted extended repetitions and review of basics, stances, kata and (new as of this summer) bunkai. The group then adjourned to the receding tideline for yaku-soku kumite with our backs to the water. Each kyu-rank received individual corrections and sugar from a succession of Black Belts. The workout ended with demonstrations of Black Belt and Bo kata.



Domo arigato for everyone's dedication and hard work, especially those who went out of their way to provide transportation for other students, those who supplied hydration, and particularly Ed Roche for setting up a command center/tent to protect our belongings from the rain. Special recognition to Ethan Markiet, 9 year old orange belt with white stripe, whose spirit kept up with (if not surpassed) that of the adults in attendance.

After the workout students car pooled to Sensei Adam Dunsby's residence for a refreshing swim and BBQ picnic. Messrs. Frank Mowka and Art Forne of the Ueshiro Easton Ct. Karate Club manned the grill. Special thanks to Adam and Cathy Dunsby for opening their home to so many ronin samurai all these years: "Awesome stuff!" to echo Hanshi's sentiments. At the end of the afternoon the remaining participants – exhausted yet well fed and content - performed Fukyugata Ichi in the field in front of the Easton Ct. Karate Club. It was a fitting end to a marathon day. Domo arigato gozaimasu to Hanshi and Grand Master Ansei Ueshiro for bringing Shorin-Ryu to these shores, in particular the coastline of Sherwood Is.

### **August Promotion**

Fast on the heels of the beach workout was our semi-annual promotion held on Sunday, Aug. 9 in the gym of the St. Bart's Athletic Center. The test was preceded by informal training in the bo and basics led by Kyoshi Mackay and Sensei Reymond, respectively, followed by the traditional workout as recorded in the 50th Anniversary Journal. The emphasis during kihon was to always step first, using varying degrees of stealth and/or speed, as opposed to "trampling" our opponent with naihanchi-like stomps. In kata, the emphasis was to fully chamber to optimize power in the technique and protect the targets. The distinction was made between the count in kata vs. kihon: in kata the moves are paired as block-and-counter or stun/kill combinations, whereas in kihon each count represents a complete opponent-neutralizing technique, with the most formidable opponent appearing at the end when turning at the wall. For yaku soku kumite we practiced using gan/perception while defending in order to "read" our opponent's intentions.

Formal testing got under way with candidates representing all ranks. The board of judges for Yon Kyu and San Kyu was comprised of Sensei Ramson (center judge) and Sensei(s) DeLucia, Ballin, Garon and Mr. Mowka (Ueshiro Easton Ct. Karate Club). The Ni Kyu and Ik Kyu board consisted of Sensei Reymond (center judge) and Sensei(s) Neff, Robbins, Waelbroeck and Emmenuel. After a thorough review of all kata and other requirements for each rank, the following deshi were promoted:

#### Yon Kyu

Anthony Falcone

#### San Kyu

Sandy Rodriguez

#### Ni Kyu

Eric Sanner

#### Ik Kyu

Anna Sweeney

Congratulations to the group for rising to each progressive challenge in the test with excess amounts of joy, vigor and proficiency. Domo arigato gozaimasu as well to the judges for their keen insight into subtle yet crucial ways to improve each candidate's (as well as our own)



techniques. Special thanks to all who stayed for the full five hour ordeal. At the end of the promotion we were reminded of the recent Technique of the Week from Sensei Lorenzo Aguon, "Utilizing our best resources." In addition to the wealth of books, DVDs, journals, and special training equipment (mirrors) at our disposal, our greatest resource is the knowledge passed on from Hanshi to the Sensei(s) to your fellow student through the sacred training halls of USRKUSA. The gift is available to all; domo arigato gozaimasu to those rare few who are willing to show up and receive it.



## 9/11 Memorial Workout

On September 13, 2015, 25 students from the Midtown and Easton, Ct. Dojo assembled on a hill in the North Meadow of Central Park to honor the courage and sacrifice of those directly impacted by the attacks of 9/11. The workout began with an extended session of seiza, followed by warm-ups, basics and kata. The group then split into pairs for Fukyugata Ichi bunkai, with an emphasis on using traditional blocks, strikes and stances against a physically larger opponent attempting to subdue or abduct us. The workout concluded with repetitions of our highest kata, followed by light stretching and reflections on the significance of the day. Hanshi's "Moving Forward" concept was cited as the most valuable strategy for getting through any crisis - regardless of magnitude - as well as the days, months or years of recovery that follow. Domo arigato gozaimasu to everyone for bringing Master Ueshiro's art of Shorin-Ryu from the dojo out into the open air of Central Park, demonstrating to any and all that New Yorkers will not be held down by terror or threats of violence. Domo arigato gozaimasu, Hanshi, for initiating these workouts long before 9/11 as an expression of the joy and vigor in facing a new day.



## Workout celebrating Hanshi's Birthday

"Eyes UP!"

"Elbow straight back and more!"

"Get lower!"

"Step first!"

"Hit with the belly!"

"That's Gold!"

"The arm is straight - Now make it straighter."

"Hit a home run with every technique."

"You never fail until you stop trying."

"Strive for perfection, even if it's impossible."

These and many other classic words of inspiration and guidance from Hanshi were echoed in a special celebratory class at the Midtown Dojo on Wednesday, Oct. 14. The workout was dedicated not just to Hanshi's 77th birthday but also to his 50 years of training in Ueshiro Shorin-Ryu. Not a gi was left unsoaked from the ecstasy of hard work and training in traditional karate-do. Domo arigato gozaimasu, Hanshi, for all the joy and vigor you have scattered these past 50 years, and to many, many more to come.



## **Black Belt Weekend**

Saturday and Sunday, Oct. 17 - 18 marked the 53rd Annual gathering of Black Belts under the leadership of Hanshi Robert Scaglione. Domo arigato to Kyoshi Dave Seeger for organizing the event, and to all who travelled many miles to participate. It was incredible getting together with Black Belts from around the world – many of whom trace their origins to the Hombu dojo – and renew our commitment to this priceless art.



## **October Tip Test**

Wrapping up the news of the past six months, on October 27 we held our autumnal tip test. The board of judges consisted of Sensei(s) Gamiel Ramson, John Adams, Henri Waelbroeck, Ms. Lisa Rosenberg and Mr. Gene Turok.

After a thorough review of kata, kihon and history, the following deshi were promoted:

### Ro-Kyu

Emily Dabbs

Ed Roche

### Go-Kyu

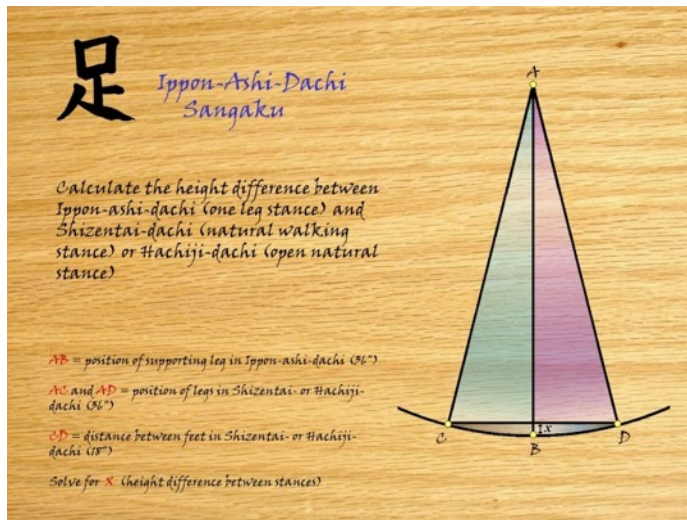
Joseph Anderson, Jr.

Congratulations to the candidates for all the effort they've put in to prepare for their new rank, and best wishes as they continue their journey in Ueshiro Shorin-Ryu. Domo arigato gozaimasu

as well to the brown belts and white belt who came down to support those testing. As Sensei Ramson noted at the end of the test, "The most important concept is to keep showing up."

## Polishing the Dojo

The past six months have yielded many capital improvements to our dojo. In Sept. both locker rooms received complete renovations. Sensei Dawood Emmenuel, Sempai Lisa Rosenberg and Anna Sweeney undertook several painting and other projects that have greatly improved the appearance of the dojo. Sensei John Bottega donated a free-standing heavy bag for informal training after class. Ed Roche started a library of classic martial arts books at the dojo for borrowing. We continued our tradition of rainy day Sangaku contests, won this fall by Kathy Chin, who received an original hardcover copy of *The Essence of Okinawan Karate-Do* for her application of the Pythagorean theorem.



A final and emphatic "Domo arigato!" to the loyal Midtown instructors who continue to propagate the art of Ueshiro Shorin-Ryu by showing up and offering traditional instruction in karate-do. Their names and class times are listed below:

### Monday

7:15 - 8:15 am Kim Garon, Henri Waelbroeck  
 5:30 - 7:00 pm Gamiel Ramson, Ron Ballin

### Tuesday

5:30 - 7:00 pm Michael Mackay  
 7:15 - 8:45 pm Michael Mackay

### Wednesday

12:15 - 1:00 pm Bruce Silver  
 5:30 - 7:00 pm Anna Sweeney

### Thursday

5:30 - 7:00 pm Larry Link, John Adams

### Friday

7:30 - 8:30 am Henri Waelbroeck, Kim Garon  
5:30 - 7:00 pm Ron Ballin, Gamiel Ramson

Saturday

10:45 - 11:45 am Rob Neff, John Robbins  
12:00 - 1:00 pm John Robbins, Dawood Emmenuel

Sunday

11:00 - 12:00 am Jon Cohen, Ibrahima Jalloh

Please come by and train as our guest any time you are in town. You're particularly encouraged to enjoy our special emphasis classes:

- Black belts only - 1st Thursday each month
- Brown belts emphasis - 1st Friday each month
- Green belt emphasis – 3rd Wednesday each month
- Bo seminar – every Friday at 5:00 PM

Domo arigato gozaimasu, Hanshi, for keeping Ueshiro Shorin-Ryu unified and consistently strong across the globe.

Kyoshi Michael Mackay, Ku-Dan



# Downtown Karate Dojo

## New York City, New York

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Sensei Kevin Reymond, Denshi Shihan, Shichi-Dan



*“Grand Master Ansei Ueshiro is known for his statement, ‘One kata executed ten times, that is all one needs.’ One kata executed ten times, even at slow motion speed is better than performing ten different kata one time each.”*  
*Hanshi Robert Scaglione<sup>1</sup>*

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Onegai Shimasu Hanshi, Kyoshi, Sensei and Fellow Deshi,

This past October 4th, 2015 we celebrated our five year anniversary of the opening of the Ueshiro Downtown Shorin-Ryu Karate Dojo. We held a special workout and compai to mark this milestone. I am deeply appreciative of the support and encouragement provided by Hanshi Scaglione from the time I started planning the dojo through today.



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<sup>1</sup> *Building Warrior Spirit*, p108

We continued our workshop program and have a number of new workshops scheduled over the next several months. We believe the workshops allow us to focus on one kata, bunkai, weapons, or prearranged and thereby provide an opportunity to more fully explore techniques and improve our overall knowledge and skills.



### ***Always Moving Forward***

We added a fifth class to our schedule on Saturdays at 1:00 pm. Liz Evison, 1k Kyu has stepped up and is conducting that class. Lisa Rosenberg, Sho Dan, has taken over as instructor for the Sunday class. Arigato, Liz Evison and Ms. Rosenberg for assuming these additional responsibilities.

We will be hosting an Open House in December for the general public. Kata, basics, prearranged, bunkai and weapons, are all demonstrated along with a discussion of our style of karate and the history of Shorin-Ryu.

Domo arigato gozaimasu Hanshi for your continued leadership, sharing, support and inspiration!

Sensei Kevin Reymond, Denshi-Shihan  
 Ueshiro Downtown Shorin-Ryu Karate Dojo  
 Under the direction of Hanshi Robert Scaglione

[www.downtownkaratedojo.com](http://www.downtownkaratedojo.com)

#### Class Schedule

Monday	5:30 pm – 7:00 pm
Wednesday	7:00 am – 8:30 am
Thursday	5:30 pm – 7:00 pm
Saturday	1:00 pm– 2:00 pm
Sunday	4:15 pm – 5:45 pm



## **Uptown Harlem Karate Club New York City, New York**

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Sensei John Adams, Shihan, San-Dan

Onegai Shimasu Hanshi, Kyoshi, Sensei, Sempai, and all Deshi,

The Harlem Holistic Center where we train has been going through some renovations recently. There is now more space and a larger mat for us to train as well as new equipment. We continue to work with 110% effort during class and with corrections from Hanshi, Kyoshi, and Techniques/Thoughts for the Week focusing on kata, bunkai, yakusoku kumite, and kihon. We haven't gained new white belts yet but with the help and consistency of Black Belts, Mr. Sergio Flores (Ni-Dan) and Ms. Lisa Rosenberg (Sho-Dan) who have offered their assistance, we will continue to work towards this in the coming months and into the new year. In addition Sensei Kevin Reymond, Shihan of the Downtown Dojo, has offered some excellent suggestions using social media as a resource to gain new students. We look forward to these opportunities.

Any Deshi is more than welcome to train with us on Saturdays from 2:00 to 3:00 pm. The Harlem Holistic Center is located at 115 West 128th St. between Lenox and 7th Ave. It is a few blocks up Lenox Ave. from the 125th St. stop off the 2 or 3 train. Please call or email me before you come to let me know you plan to visit. I can be reached at (917) 843-7871 or at [jhq.adams@gmail.com](mailto:jhq.adams@gmail.com)

Domo Arigato Gozaimasu Hanshi,

Sensei John Adams, Shihan  
San-Dan

# Pine Forest Karate School

## Palisades, New York

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Kyoshi David Seeger, Denshi Shihan, Ku-Dan

Shihan, Kyoshi David Seeger 9th Dan



Sensei Eddie Garcia, Always in our thoughts.  
Wednesday 7P & Sunday 10am – Kyoshi Seeger

Tuesday 7P / Sensei Elliot Potter - Go Dan



Thursday 7P / Sensei Daniel Lax - Yon Dan



**SAVE THE DATE!**  
**54th Annual Black Belt Workout**  
**OCTOBER 22 & 23, 2016 at the IBM Center in Palisades, NY.**  
**This link is now active, Great Holiday Gift for the BB who has everything.**  
[http://sho-go.com/54th\\_Black\\_Belt\\_Workout.htm](http://sho-go.com/54th_Black_Belt_Workout.htm)



**Ueshiro Shorin-Ryu Karate USA**  
**53 Years 1962 - 2015**

Founded by Master Ansei Ueshiro  
 Under the Direction of Hanshi Robert Scaglione



We would like to thank the following members for supporting our 53rd Black Belt Event.

Kevin Reymond, Shichi-Dan • NY, NY, Downtown, • Gold Supporter  
 Richard Glassberg, San-Dan • Palisades, NY • Gold Supporter  
 Henri Waelbroeck, San-Dan • Palisades, NY • Gold Supporter

<p><b>01. Kevin Reymond, Shichi-Dan • NY, NY, Downtown, • Gold Supporter</b></p> <p>02. Colin Tennyson, Ni-Dan • Nyack, NY</p> <p>03. Luz Delucia, San-Dan • NY, NY, Midtown</p> <p><b>04. Chris Barnes, Shichi-Dan • Beverly Hills CA • Silver Supporter</b></p> <p>05. Jon Cohen, Ni-Dan • NY, NY, Midtown</p> <p><b>06. Richard Glassberg, San-Dan • Palisades, NY • Gold Supporter</b></p> <p>07. Lief Esbenshade, Sho-Dan • NY, NY, Downtown</p> <p>08. Robert Dobrow, San-Dan • Northfield, MN</p> <p>09. Daniel Lax, Yon-Dan • Palisades, NY</p> <p><b>10. Preston Powell, Go-Dan • Nyack, NY • Silver Supporter</b></p> <p>11. Gamiel Ramson, Roku-Dan • NY, NY, Midtown</p> <p>12. Joelle Ramson, Sho-Dan • (Junior) • NY, NY, Midtown</p> <p><b>13. Lisa E Rosenberg, Sho-Dan • NY, NY, Midtown • Silver Supporter</b></p> <p>14. Steve Hatle, Sho-Dan • Northfield, MN</p>	<p>42. Michael Margulis, Yon-Dan • NY, NY, Midtown</p> <p>43. John Robbins, San-Dan • NY, NY, Midtown</p> <p>44. John Adams, San-Dan • NY, NY, Uptown</p> <p>45. Mary Mckitrick, San-Dan • Northampton, MA</p> <p><b>46. Bonnie Langendorff, Ni-Kyu • Centerville, VA • Kyu-Level • Bronze Supporter</b></p> <p>47. Felipe Flores, Sho-Dan • NY, NY, Midtown</p> <p>48. Boris Grossman, Yon-Dan • Palisades, New York</p> <p>49. Dave Boykin, Sho-Dan Ho • Nyack, NY</p> <p>50. Ellin Moore, Yon-Dan • NY, NY, Midtown</p> <p>51. John Seeger, Ni-Dan • Palisades, NY</p> <p>52. Frank Mowka, Ni-Dan • Easton, Connecticut</p> <p>53. Sean Paus, San-Dan • Nashville, TN</p> <p>54. Estelle Paus, Sho-Dan • Nashville, TN</p> <p>55. Noah Kaplan, Sho-Dan • State College, PA</p>
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15. Edwin Abreu, Ni-Dan • Nyack, NY	56. Gemini Watanabe, Sho-Dan • Nyack, NY
<b>16. Scott Sijan, Ni-Kyu • Northfield, MN • Kyu-Level • Bronze Supporter</b>	57. Dawood Emmenuel, Ni-Dan • NY, NY, Midtown
<b>17. Gene Turok, Sho-Dan • NY, NY, Midtown • Silver Supporter</b>	58. Lisa Markowitz, Yon-Dan • Centerville/Reston, Virginia
18. William E Breidenbach, Sho-Dan • Centerville/Reston, VA	59. Patrick Markowitz, Go-Dan • Dulles, Virginia
19. Candace Morgan, San-Dan • NY, NY, Midtown	60. Brian Heese, Ni-Dan • Pelham, NY
20. Elliot, Potter, Go-Dan • Palisades, NY	<b>61. Hend Elsayed, Ni-Dan • NY, NY, Midtown • Bronze Supporter</b>
21. Emiliano Mazlen, Yon-Dan • Boston, MA	62. Richard Vachino, San-Dan • Nyack, NY
<b>22. Henri Waelbroeck, San-Dan • Palisades, NY • Gold Supporter</b>	63. Ibrahima Jalloh, Sho-Dan • NY, NY, Midtown
23. Robert Neff, Yon-Dan • Brooklyn, NY	64. Muhammed Jalloh, Sho-Dan • (Junior) • NY, NY, Midtown
24. John Bottega, Yon-Dan • NY, NY, Midtown	65. Ansumana Bangura Sho-Dan • (Junior) • NY, NY, Midtown
<b>25. Nancy Owen, San-Dan • Northampton, MA • Silver Supporter</b>	66. Amy Mager, Ni-Dan • Palisades, NY
26. Tzvi Bar-Shai, Yon-Dan • Palisades, NY	<b>67. Anil Jaising, San-Dan • Palisades, NY • Bronze Supporter</b>
27. Kim Garon, San-Dan • NY, NY, DOWNTOWN	68. Lorenzo Aguon, San-Dan • Honolulu, Hawaii
28. Adam Dunsby, Yon-Dan • Easton, Connecticut	69. Michael Kliegman, Ni-Dan • Easton, Connecticut
29. Blue Calvo, Ni-Dan • Nyack, NY	70. Michael Gallagher, Sho-Dan • NY, NY, DOWNTOWN
30. Keith Burrows, Ni-Dan • Boston, MA	71. Lyle Kleusch, San-Dan • Mesabi, MN
31. Larry Link, Go-Dan • NY, NY, Midtown	72. John Draghi, Sho-Dan • NY, NY, Midtown
32. Daniel Gobillot, Shichi-Dan • Northampton, MA	<b>73. Steve Lott, Roku-Dan • Las Vegas, Nevada • Bronze Supporter</b>
33. David Norman, Sho-Dan • Viera, FL	74. Shane Scaglione, San-Dan • Eugene, Or
<b>34. Art Forni, IK-Kyu • Easton, Connecticut • Silver Supporter</b>	<b>75. Carla Eddy, Ni-Dan • Merritt Island, FL • Bronze Supporter</b>
35. David Tamir, Roku-Dan • Neve-Yamin, Israel	76. Sal Scaglione, Shichi-Dan • Centerville/Reston, VA
36. Kurt Tezel, Go-Dan • Merritt Island, FL	77. Matt Kaplan, Hachi-Dan • State College, PA
37. Trevor Tezel, Ni-Dan • Merritt Island, FL	78. David Baker, Hachi-Dan • NY, NY
38. Don Bracken, Go-Dan • Palisades, NY	79. Michael Mackay, Ku-Dan • NY, NY, Midtown
39. Rick Cupoli, Ni-Dan • West Melbourne, FL	80. David Seeger, Ku-Dan • Palisades, NY
40. Matt Reed, Ni-Dan • Melbourne, FL	81. Hanshi Robert Scaglione, Ju-Dan • Viera, FL
41. Ron Ballin, San-Dan • NY, NY, Midtown	Bronze 100 , Silver 250, Gold 500, Platinum 1000

Thank you Hanshi, Kyoshi, Denshi, Sensei and Sempai  
for teaching us at the 53rd BB Event.

Looking forward to training with all ranks in  
Florida February 5-7, 2016 for our SuperBow!

# Okinawa Karate Club

## Pelham Manor, New York

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Kyoshi Michael Mackay, Shihan, Ku-Dan

Onegai shimasu, Hanshi, Sensei and Deshi,

The Okinawan Karate Club of Pelham Manor remains a strong outpost of Ueshiro Shorin-Ryu in Westchester County. Last April Chief Instructor Brian Heese was promoted by Hanshi to Ni-Dan at the Black Belt test in New York City. Mr. Heese continues to be the driving force behind the Pelham Manor Club, from class scheduling to bookkeeping to showing a strong positive energy on the deck. In April we also held a special class in memory of Sensei Nichuals which was attended by guests from the Midtown Dojo: 1k-kyu Anna Sweeney and Ni-Kyu Sam DiGiario. During the summer months we were honored to have Ni-Kyu Connor Nichuals (Sensei Nichual's son) join us while on vacation from college. And this Fall we added two new white belts to our ranks:

- Aribah Zaidi
- Olivia Vikman

Classes are small in size but big in spirit, as captured in Sempai Heese's recent description of a class to the students' parents:

"We had a very spirited class last night. Both Kyoshi and I are impressed with the focus and vigor the children are bringing to class. We worked on showing courtesy and respect through bowing. Though showing courtesy seems easy, its difficulty lies in the fact that we often forget when and how to do it. We will continue to work on this in every class. We also emphasized the point that it is more important to hit a target the size of a dime than to hit hard (and potentially miss the target). Finally, we learned the names of two Sensei whose pictures appear on the front wall of the dojo:

Sensei Dan Nichuals, who built the dojo in which we train.

Hanshi Robert Scaglione who leads the Ueshiro Shorin Ryu Karate USA organization.



Last month Mr. Heese had the opportunity to bring Ueshiro Shorin-Ryu to Bungoma, Kenya, where he taught an introductory class to four American adults during an evening enrichment program sponsored by the One Acre Fund. The class focused on stepping first and showing kiai in every move.

Fortunately, you don't have to travel to Kenya to get this kind of training. It's practiced every Monday night, the same way Sensei Nichuals taught his classes back in 2001:

"Keep the chambered fist tight, deep in the pocket and square, not turned. The fist should be parallel with the deck and not bent up or down at the wrist. The fist should be 100% chambered and not drift forward between moves. Keep tension in the chambered position to achieve maximum stroke and power for the released punch. 'Load up the Punch.'"

Sensei Dan Nichuals  
Technique of the Week (May 16th, 2004)

Domo arigato gozaimasu to the Nichuals Family for keeping their doors open to the deshi of Ueshiro Shorin-Ryu. As Barbara Nichuals recently observed, "Sensei Nichuals is smiling on all."

### **Class schedule**

Monday, 6:30 to 7:30 pm  
504 Wynnewood Road in Pelham Manor, NY  
Contact: [bheese123@gmail.com](mailto:bheese123@gmail.com) or [Kyoshi@MidtownKarateDojo.com](mailto:Kyoshi@MidtownKarateDojo.com)

Domo arigato gozaimasu,

Kyoshi Michael Mackay, Acting Shihan,  
Okinawan Karate Cub of Pelham Manor

# To-Te Ueshiro Karate Club

## Nyack, New York

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Sensei Preston Powell, Denshi Shihan, Go-Dan



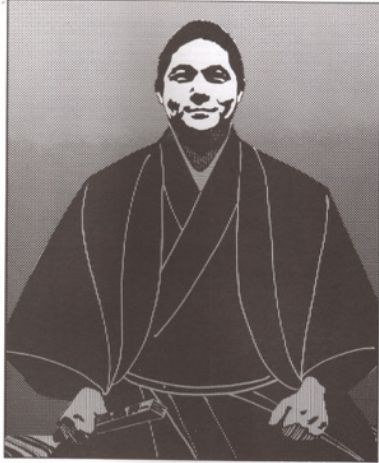
Onegai Shimasu! Hanshi, Kyoshi, Shihan, Sensei & USRKUSA Deshi!

To-te Ueshiro Karate Club, Continues to step 1st, forward with no trace, no excuses, no complaints, just weekly hard work in our sacred training hall (dojo)

2015 Congrats! to the following deshi advancing receiving NEW ranks / titles:

Emilia Pescher - Go-kyu, Dave Calligeros - San-Kyu I, Alex Powell - Ik-Kyu I (black tips), Mr. Dave Boykin - Sho-Dan I Black belt, Mr. Ed Abreu - Ni-Dan, Mr. Colin Tennyson - Ni-Dan, Mr. Lee Justo - Ni-Dan, Shihan, Powell Sensei - Awarded "Denshi" Title





Thank you Hanshi for your leadership!  
& Master Ueshiro for the gift of Shorin-Ryu Karate

**WEEKLY CLASS SCHEDULE**

Monday | Ryukyu Boot Camp 5P - 6P

Tuesday | Mid day Kata 11:15A - Noon

Thursday | Adults 8P - 9:30P

Saturday | Karate (all levels) 10A - 11A

Sunday | Morning Adv. Kata/Weapons 10A – 11A \*Personal  
Instruction by appointment 845 353 8505

To-Te Ueshiro Karate Club

located 82 S Franklin St, Nyack, NY 10960 845 353 8505 |

preston@to-te.org | to-te.org

Respectfully,

Powell Sensei, Denshi, Shihan

To-Te Ueshiro Karate Club Nyack, NY | 917 627 8199



# Ueshiro Okinawan Karate Family Club

## State College, Pennsylvania

---

Kyoshi Matt Kaplan, Denshi Shihan, Shichi-Dan

Onegai Shimasu, Hanshi, Kyoshi, Sensei, Sempai, and all Deshi.

Greetings from the Ueshiro Okinawan Karate Family Club in State College, PA. We have several things to report, including the addition of monthly workout sessions for advanced students, results from our October tip test, and the selection of a new assistant instructor for our karate kids club.



On the third Wednesday of every month, beginning November 18, 2015 at 6:45 p.m., we will be conducting advanced training sessions for students ranked Ni-kyu and above. These workouts will be held at the Dragonfly Spa and Massage Studio.

For our October 2015 tip test, Peter and Natalie Lusch tested for Ro-kyu (one green tip) and passed with flying colors. Much thanks to members of the board of judges: Tracie Pletcher (Sho-Dan), Barb Schaefer (Ik-kyu), and Anne Burgevin (Ik-kyu). The attached photo pictures the group of students who were present for the tip test.

Another piece of dojo news to report is that Ben Kaplan, Orange (Junior Brown) belt, has been selected to serve as Assistant Instructor for our karate kids club. With favorite sayings such as, "Keep training and you could become a Kyoshi some day," Sempai Ben is off to a strong start as rousing motivator and inspirational instructor for our younger students.

We are always happy to welcome visits from USRKUSA members. For more information about our club, see: [http://www.shorinryu.com/Flyer-State\\_college\\_karate\\_club\\_7.pdf](http://www.shorinryu.com/Flyer-State_college_karate_club_7.pdf)

Best Regards,

Kyoshi Matt Kaplan, Shihan  
Ueshiro Okinawan Karate Family Club  
State College, PA

# Ueshiro Shorin-Ryu Nashville Family Karate Club Smyrna, Tennessee

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Sensei Sean M. Paus, Shihan, San-Dan  
Sempai Estelle Paus, Sho-Dan

Onegai Shimasu Hanshi, Kyoshi, Sensei, and Deshi of Ueshiro Shorin-Ryu Karate USA!



We continue to work hard and have fun here in Music City, USA.

In April, we held our largest tip test since we opened. Sempai Estelle Paus (Sho-Dan) and Sempai Joshua Paus (Junior Sho-Dan) sat with me on the board of judges. Sempai Lauren Paus (Orange Belt) called out the test.

We are happy to report the following promotions:

## Ro-Kyu

Elijah Hatchet  
Arielle Bailey  
Amy Steele  
Lovelyn Hatchet

## Go-Kyu

Isaiah Bailey



This October, Sempai Estelle and I attended the annual Black Belt weekend in Palisades, NY. We enjoyed training with our fellow blackbelts, and reconnecting with old friends.

In February, we are planning a trip to Florida to participate in the many opportunities Sensei Tezel has arranged to train with deshi across the country.

Thank you Hanshi, and the Kyoshi, for your continued support and leadership.

Domo Arigato Gozaimasu!

Sensei Sean M Paus, Shihan  
Ueshiro Shorin-Ryu Nashville  
Family Karate Club

# Ueshiro Northern Virginia Karate Club

## Centerville, Virginia

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Kyoshi Salvatore Scaglione, Denshi Shihan, Hachi-Dan  
Sensei Lisa Markowitz, Co-Shihan, Yon-Dan

Onegaishimasu Hanshi, Kyoshi, Sensei, and World-wide SRKUSA Deshi.

The Ueshiro Northern Virginia (NoVA) Karate Club continues to move forward under the Direction of Hanshi Scaglione and following the path initially blazed by Master Ueshiro.



The past Spring and Summer have been very exciting for the NoVA Karate Club, in April we added a new Sensei when Jim Davis was promoted to San-Dan. We also added two Sho-Dans to our club. Bill Breidenbach and Murtaza Rizvi were promoted at the April Black Belt Promotion in NYC. The event was also attended by Kyoshi Sal Scaglione. The entire weekend was great and the event superb as hosted by Kyoshi Mackay and Sensei Kevin Reymond. Hanshi Scaglione led the way during the weekend long promotion and several workouts in between.

August promotions were hugely successful as a record number of Deshi were selected to move forward during our Ueshiro NoVA Karate Club joint promotion. The day was full of joy and spirit as we joined forces with the Ueshiro Dulles Club for a spirited promotion following a vigorous workout led by Kyoshi Sal Scaglione.

Special thanks to the Board of Judges and congratulations to the following Dulles and Northern VA students who were promoted:

### **Board of Judges**

Kyoshi Sal Scaglione, Shichi-Dan, Presiding Judge  
Sensei Patrick Markowitz, Go-Dan, Center/Side Judge  
Sensei Lisa Markowitz, Yon-Dan, Center/Side Judge  
Sensei Shabbir Kazmi, San-Dan, Side Judge  
Sensei Jim Davis, San-Dan, Center/Side Judge  
Mr. Bill Breidenbach, Sho-Dan, Side Judge  
Mr. Jonah Markowitz, Sho-Dan, Side Judge

### **Promoted Deshi**

#### Ik-Kyu

George Kazepis (Centreville)

#### Ni-Kyu

Anthony P. (Centreville/Dulles)  
Jenny D. (Dulles)  
Bonnie Langendorff (Centreville)  
Jason Ford (Centreville)  
Kelly Ford (Centreville)  
Catherine M. (Dulles)  
Amit P. (Dulles)  
Steve T. (Dulles)  
Manoj Narayanan (Centreville)

#### San-Kyu

Skyler Ford

#### Yon-Kyu

Allan T. (Dulles)  
Nishu Shah (Centreville)  
Resma Shah (Centreville)  
David Ford (Centreville)

#### Yellow Belt

Om Shah (Centreville)  
Maya Shah

Lastly, we recently held our last outdoor workout at Great Falls park in McLean, VA. We conduct our outdoor workouts the last Saturday of each month from March-October. If you are in the area next year during that time frame please join in a workout at a beautiful venue.



We welcome all Deshi from the Ueshiro Shorin-Ryu Karate family to visit us in Northern Virginia. We have classes on Monday in Reston, VA and Thursday/Saturday in Centreville, VA. In you are in town for business or pleasure, we'd love to host you.

Domo Arigato Gozaimasu,

Kyoshi Sal Scaglione, Shichi-Dan  
Denshi Shihan, Ueshiro NoVA Karate



# Ueshiro Dulles Karate Club

## Dulles, Virginia

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Sensei Patrick Markowitz, Director, Go-Dan

松林流

Onegai-shimasu Hanshi, Kyoshi, Sensei and all Deshi around the world!

The students of Dulles Ueshiro Shorin-Ryu Karate continue to move forward through vigorous training and the exploration of new kata, stances, yakusoku kumite, and spirited bunkai. Since the spring newsletter we've welcomed new students and said sayonara to two of our founding members who transferred with their jobs.



We enjoyed the summer and fall months for the opportunity to work out in the fresh air...



...and once again were honored to join the warriors of Ueshiro NoVA Karate for our 22 August joint promotion testing. Thank you to Kyoshi Salvatore Scaglione for leading and supervising the event and to Sensei Lisa Markowitz, Sensei Shabbir Kazmi, Sensei Jim Davis, and Sempai Jonah Markowitz for their service on the board of judges.

Results of the August Belt test:

Promoted to *Ni-Kyu*: Steve T.  
Promoted to *Ni-Kyu*: Amit P.  
Promoted to *Ni-Kyu*: Catherine H.

Promoted to *Ni-Kyu*: Jenny D.  
Promoted to *Yon-Kyu*: Alan T.



Arigato gozaimasu Hanshi!  
Sensei Patrick Markowitz, Go-Dan  
Shihan, Dulles Ueshiro Shorin-Ryu Karate



# Hong Kong Ueshiro Karate Club

## Hong Kong

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Sensei Alan Lai, Shihan, Roku-Dan

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

Training during the season was filled with spirit, sweat and progress!

### **August 2015 Belt Test**

Ueshiro Hong Kong Karate held a promotion test for Hong Kong deshi on Sunday, August 30, 2015.

Training started with traditional warm-ups, basics and kata before proceeding to the testing.

### **Successful deshi receiving promotion**

Samuel Khiatani promoted to Ni-Kyu

Paul Khiatani promoted to San-Kyu

Kyle Chan promoted to Ro-Kyu

Domo arigato to Hanshi for the enduring leadership to pass on Master Ueshiro's legacy!

Domo Arigato Gozaimasu,

Tytus Michalski

Sandan

(On behalf of Lai Sensei, Roku Dan)

Ueshiro Hong Kong Karate Club

Hong Kong



# **Ueshiro HSMC Karate Club**

## **HSMC, Kowloon, Hong Kong**

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Sensei Stephen Wong, Go-Dan

Onegai-shimasu Hanshi, Kyoshi, Sensei, Senpai and all worldwide Deshi,

UESHIRO HSMC Karate Club is a satellite club of UESHIRO Hong Kong Karate Club. Our training schedule is 16:00 - 18:00 every Wednesday. We are still having a relatively small group in terms of number, one each of San-Kyu and Roku-Kyu. Feel free to hook up with us whenever you have an opportunity to visit Hong Kong. Looking forward to participating the exciting karate events.

Sensei Stephen Wong  
Shihan (Go-Dan)  
UESHIRO HSMC Karate Club  
Hong Kong

# Ueshiro Harbour Karate Club

## Harbor, Hong Kong

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Sensei Tytus Michalski, San-Dan

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

In addition to regular traditional training, the club explored active engagement with the broader community.

### Regular Schedule

The Ueshiro Harbour Karate Club continued with its regular schedule of training on Fridays starting at 4pm in the Kowloon Park Sports Centre, a prime location in the heart of Hong Kong.

### April 2015 Mini-Lessons

As part of engaging with the broader community, the club arranged for a week long series of morning mini-lessons on Hong Kong Island during the week of April 20-24. The location was on an outdoor terrace in a high rise building, creating a unique opportunity for busy office workers to get a brief experience of karate training before the start of their workday.

Going forward, in addition to the regular schedule, the club will continue to work pro-actively for opportunities to engage the broader community.

Domo arigato to Hanshi for always leading from the front and inspiring us to train harder!

Domo Arigato Gozaimasu,

Tytus Michalski  
Sandan  
Ueshiro Harbour Karate Club  
Hong Kong



# **Ueshiro CUHK Karate Club**

## **CUHK, Shatin, Hong Kong**

---

Sempai Rayvel Tang, Ni-Dan

Onegaishimasu Hanshi, Kyoshi, Sensei and all Deshi of USRKUSA,

Ueshiro Chinese University Karate Club sees another step forward in this year. For obtaining an official status at the Chinese University of Hong Kong, we summarized activities we went through in the previous year to the Student's Union of the university. Other club's presidents and members of the university were present, and our presentation received much attention. By far, we learn that the chance of getting the status is quite high.

Apart from our usual weekly workout on Thursday, we are also looking forward to further rooting down at the campus by having seminars and demonstrations there.

Domo Arigato Gozaimasu Hanshi, Kyoshi, Sensei

Rayvel Tang  
Shihan (Nidan)

## **Ueshiro Neve (Oasis) Dojo**

### **Neve Yamin, Israel**

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Sensei David Tamir, Denshi Shihan, Roku-Dan

Onegai-shimasu Ueshiro SRKUSA Worldwide,

We continue to train at Ueshiro Neve [Oasis] Karate Dojo in Israel and welcome all of you to visit us any time.

This past August, Sempai Avi David from our dojo, was promoted to the rank of Ik-Kyu (our first "indigenous Black Tips"). He is my right hand man helping me grow and operate the dojo. He does a great job helping me maintain a regular schedule of classes when I am away on business travel. The attached photo is from our August promotion, joined by Sensei Zamir and his Sempai from Ueshiro Herzliya Dojo, including Ran Sheinman, promoted to Yon-Kyu at that test. Sempai Ran visits our dojo often. Congratulations to both Sempai Avi David and Ran Sheinman.

We have two new adult men, who have joined our dojo within the past two months. We are preparing them for their important first test to the rank of Ro-Kyu, coming this December. We are also preparing two of our San-Kyu for testing to Ni-Kyu in February.

We have several other planned special training activities coming up November-December including beach workout at the Dead Sea, mountain workout on Masada, and forest workout in Ben-Shemen Modi'in (where the Maccabee warriors are buried).

Moreover, we hope to have some representatives to train with you in Florida in February and Minnesota in May.

Best Regards and Peace to all for the upcoming holidays, from the Holy Land!

Domo Arigato Gozaimasu

Tamir Sensei

Denshi-Shihan  
Ueshiro Neve [Oasis] Karate Dojo  
Neve Yamin, Israel

[www.NeveKarate.com](http://www.NeveKarate.com)  
[www.ShorinRyu.com](http://www.ShorinRyu.com)

Ueshiro Shorin-Ryu Karate USA  
Under the Direction of Hanshi Scaglione

The USRKUSA Newsletter is a semi-annual publication produced in turn by the Shihan of the Ueshiro Shorin-Ryu Karate USA Dojos and Clubs.

Current and previous issues of the USRKUSA Newsletter can be found at: [www.shorinryu.com](http://www.shorinryu.com)

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