



Ueshiro



**Shorin-Ryu Karate
U.S.A.**

**Founded in 1962 by Grand Master Ansei Ueshiro
Under the direction of Hanshi Robert Scaglione**



Spring 2010 Karate News

www.shorinryu.com

Greetings from Hanshi Robert Scaglione

Greetings All Kyoshi, Denshi, Shihan, Sensei, Karateka,
Sempai & Deshi,

Welcome to the Year of the Tiger 2010. We are moving
forward-Zen Shin- in the sprit of Ueshiro Shorin-Ryu
Karate USA as proposed by Grand Master Ansei Ueshiro.

Our first main even of 2010 was the Annual Florida
Training/Seminars/Demonstrations & Presentations in
February. Many of you attended from our worldwide
locations. The training was awesome... thanks to YOU! We
announced and presented many high level organizational
promotions-posted in February.

All dojo worldwide held testing & promotions in February.
Our dojo continue to host many events, seminars and promotions this year, to be
announced. We encourage you to participate.

I hope to see you soon at one of the upcoming events.
Keep training.

Sincerely, Hanshi Robert Scaglione-CEO
Ueshiro SRKUSA





Ueshiro Shorin Ryu Karate USA Dojo/School listings

(listed alphabetically)

California:

Los Angeles

Ueshiro Bushi Dojo

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Sensei Chris Barnes, Denshi/Shihan, (310) 393-6686

Co-Shihan: Sensei Karen Brophy, (310) 804-2421, Sensei Haven Pell, (310) 629-3838
716 Colorado Ave. Santa Monica Ca. 90401

Connecticut:

Easton

Easton Connecticut Ueshiro Shorin-Ryu Karate Club

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Sensei Adam Dunsby, Shihan, San-Dan, (203) 292-3692
Easton, CT 06612

Florida:

Cocoa

Ueshiro Cocoa Beach Shorin-Ryu Karate Dojo

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Sensei Ronald A Marchetti Shihan (321) 452-9135

Located at the Cocoa YMCA Family Center, attached to Brevard Community College in Cocoa, Florida, 1519 Clearlake Rd., Bldg. 18 (321) 433-7770)

Melbourne

Ueshiro Viera Shorin-Ryu Karate Dojo

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Hanshi Robert Scaglione, Shihan/Director, (321) 433-1533

Located at the corner of Judge Fran Jamieson Way and Lake Andrew Drive Viera, FL 32940

Ueshiro Suntree Shorin-Ryu Karate Dojo

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Sensei David Tamir, Shihan, (321) 474-4087

Located at the Suntree YMCA, 6300 N. Wickham Road, Suite 114, Melbourne, FL 32940

Merritt Island

Ueshiro Merritt Island Karate Dojo

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Sensei Kurt Tezel, Shihan, San-Dan, (321) 536-6516

YMCA Outback Racquet Center at 3050 Satterfield Road

Palm Bay

Ueshiro NW Palm Bay Shorin-Ryu Karate Dojo

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Hanshi Robert Scaglione, Shihan/Director, (321) 433-1533

Located at the Ted Whitlock Community Center at Palm Bay Regional Park 370 Championship Circle, NW Palm Bay, FL 32907

Titusville

Ueshiro Titusville Shorin-Ryu Karate Dojo

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Sensei Kurt Tezel Shihan, San-Dan, (321) 536-6516

YMCA Titusville Family Center, 2400 Harrison St., Titusville, FL 32780.

Hawaii - Oahu:

Honolulu

Ueshiro Hawaii Karate Dojo

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Sensei Lorenzo Aguon Shihan, San-Dan (808) 375-6688

Located at the Aloha Activity Center, 725 Kapiolani Boulevard Suite 101 Honolulu, Hawaii 96813

Massachusetts:

Boston

Boston Chinatown Ueshiro Shorin-Ryu Karate Club

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Emiliano Mazlen, Shihan, San Dan (617) 879-9928

Wang YMCA of Chinatown, 8 Oak Street West, Boston MA, 02116.

Northampton

Northampton Ueshiro Karate Dojo

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Sensei Daniel Gobillot Shihan, Go-Dan, Denshi (413) 320-5945

Arts & Industry Building, 221 Pine Street, Northampton, MA 01062 (413) 587-4200

Minnesota:

Northfield

Ueshiro Northfield Karate Club

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Mr Rob Dobrow Shihan, Sho-Dan, (612) 216-1206

Northfield, MI 55057

New York :

Mohawk Valley

Mohawk Valley Karate Club

Sensei Dale Adamson, Shihan, (315) 823-8631

167 Lakeview Dr. Little Falls, N.Y.

New York City

Ueshiro Midtown Karate (Hombu) Dojo

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Kyoshi Michael Mackay, Denshi/Shihan, (212) 909-6440

St Bartholomew's Church Athletic Center, 109 E 50th street

(between Park and Lexington Avenues), New York, NY 10022

The High School for Leadership & Public Service Karate Club
Sensei Robert Neff, Shihan, (347) 578-7465 (h), (917) 549-4218 (c)
90 Trinity Place New York, NY 10006

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Ueshiro Shorin-Ryu FRBNY Karate Club
Sensei John Bottega, Shihan, (212) 720-5922
33 Liberty St - New York, NY 10045

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Palisades

Pine Forest Karate School
Kyoshi Dave Seeger Shihan/Director, (212) 307-0707
Palisades, NY 10964

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Pelham Manor

Okinawan Karate Club
Kyoshi Dave Seeger Shihan/Director (212) 307-0707
Pelham Manor, NY 10803

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Rockland County

To-Te Ueshiro Karate Dojo
Sensei Preston Powell, Shihan, (845) 367-7454; Nyack, NY (Rockland County)

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Ueshiro Shorin-Ryu Karate USA Roslyn High School, NY
Sensei Boris Grossman, Shihan (646) 331-8493

Pennsylvania:

State College

Ueshiro Okinawan Karate Family Club
Sensei Matt Kaplan, Denshi/Shihan, (814) 278-1997
Mt. Nittany Institute of Natural Health 301 Shiloh Road State College PA. 16801

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Virginia:

Centreville

Ueshiro East Meets West Karate Club of Northern Virginia
Sensei Sal Scaglione- Denshi/Shihan, (703) 922-6204
Sensei Joe Knight- Director (571) 239-3007 Centerville, Virginia

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International:

China:

Hong Kong

Hong Kong Ueshiro Karate Club
Sensei Alan Lai, Shihan Club Coordinator- Mr. Patric April, +011 (852) 9272-1891
Located at 5/F, Shek Tong Tsui Sport Centre, 470 Queen's Road West, Hong Kong.

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Ueshiro Okinawan Karate Club

Lyle Kleusch, Shihan

Tung Chung Sports Centre, #8 Waterfront Road, Tung Chung
Lantau Island, Hong Kong

Israel:

Eilat

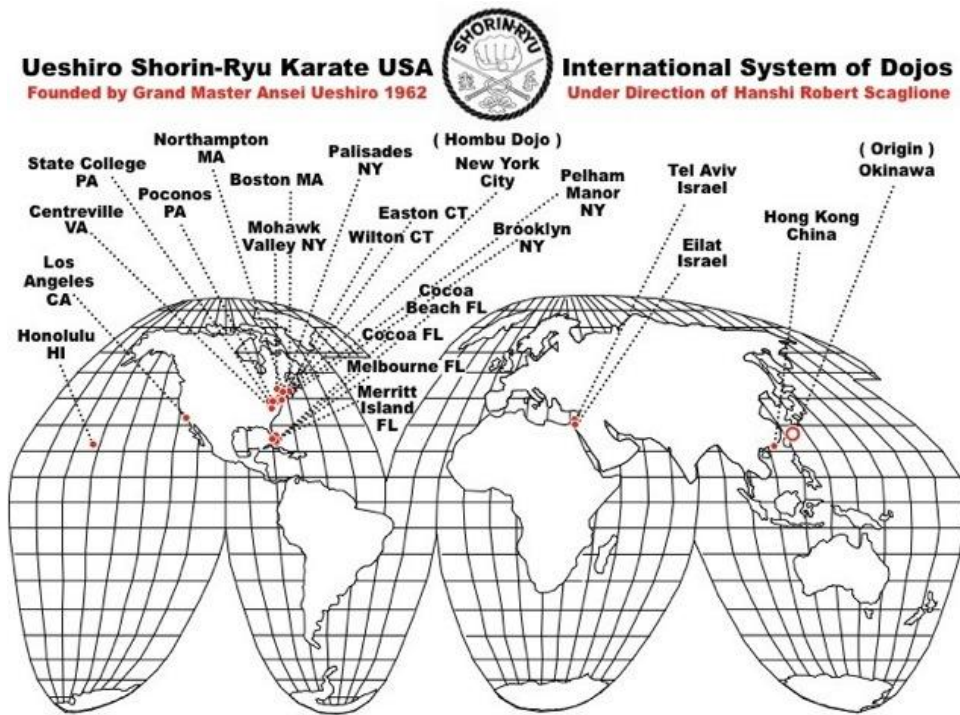
Eilat Ueshiro Dojo

Sensei Shlomo Dadon, Denshi/Shihan, +011 (972) 7631-7393 (h), +011 (972) 5455-1111 (c)
P.O. Box 824, Eilat, Israel 88000

Tel Aviv

Hertzlia Ueshiro Dojo

Sensei Nir Zamir, Denshi/Shihan, Tel: +011 (972) 9958-4342 (h), +011 (972) 5443-0429 (c),
12 Tzamarot St., Hertzlia





Ueshiro Bushido Dojo

Greetings USRKUSA Family.

Greetings Hanshi and All of Our Ueshiro Shorin Ryu Family!

In this the Year of the Tiger Bushido Dojo is stronger than ever. Traveling from coast to coast I am always amazed with the depth of our organization, where ever one goes. There we are.

I would like to suggest in honor of Master Ueshiro everyone please read Mrs. Ansei Ueshiro's letter to Hanshi as she passed the torch of leadership from Master to Hanshi (it's on our web page). That is our tablet of honor if you will, powerful words written by the woman behind the man. Rarely in life do we have such documentation of the "Real Story" but this letter is true documentation of USRKUSA lineage the why and the how. I believe this is the most powerful written text for and about our system, let there be no lack of clarity of the lineage of our wonderful organization,

Hanshi we would not be entering into the Year of The Tiger without your wisdom and leadership. And the Master knew that. We all continue with humble allegiance to your vision.

The Bushido Dojo continues to move forward under the leadership of Barnes Sensei. We are growing the school and training consistently with our core focus being warrior spirit and staying together.

Arigato Barnes Sensei
Shihan Bushido Dojo
Denshi/Ro-Kyu Dan

Sensei Brophy
Bushido Dojo Co-Shihan

Sensei Pell
Bushido Dojo Co-Shihan





Easton Connecticut Ueshiro Shorin-Ryu Karate Club

Onegai shimasu Hanshi,

Greetings from Easton, CT. We are weathering the extreme Connecticut conditions well here in our Barn Dojo. Our minds and bodies are getting stronger every day. Our hard training can not be reflected through mirrors but through the persistence of our students to show up for class and moving forward regardless of the environmental conditions. Master Ueshiro stated that: "Anybody can learn Karate," we here in Easton would like to add that Karate can be learned anywhere, anytime.

Congratulations to Art Forni to the promotion of Yon-Kyu.

We look forward to visiting other Dojos and would also welcome any visitor who would like to train with us.

Domo arigato,

Adam Dunsby, Shihan
Easton Connecticut Ueshiro Shorin-Ryu
Karate Club





Ueshiro Cocoa Dojo

Onegai – Shimasu Hanshi, Kyoshi, Sensei and SRKUSA Deshi,

Ueshiro Cocoa Shorin-Ryu Karate Dojo continues progress in developing our karate in the year of the Tiger. The Cocoa Deshi have trained with diligence and energy leaving much “sweat on the deck”. We have recently added a new class making a total of four classes each week. The new class will be for ranks Yon Kyu and above starting on Friday March 5. Three classes each week for all ranks including adults and children continue to be held. The revised Ueshiro Cocoa Dojo schedule is:

- **Monday and Wednesday – 7:00 PM to 8:30 PM** (All ranks – adults and children)
- **Friday – 6:00 PM to 7:00 PM** (Yon Kyu and above – adults and children)
- **Saturday – 10:00 AM to 11:00 AM** (All ranks – adults and children)

The Cocoa Dojo class location is the YMCA Cocoa Family Center located on the Brevard Community College Campus in Cocoa, Florida.

The year is moving swiftly and during the preceding 6 months Ueshiro Cocoa Dojo conducted three promotions.

A tip test was conducted on Wednesday, 28 October 2009 with the following results

- Promoted to the rank of Ro Kyu: Eric Reed, Morgan Murdick
- Promoted to the rank of Go Kyu: Levi Robison, Dakota Flynn



A second tip test was conducted on 12 December 2009 with the following results:

- Promoted to the rank of Ro Kyu: Devin Ager, Austin Floyd
- Promoted to the rank of Go Kyu: Eric Reed



Ueshiro Cocoa SRKUSA Karate Dojo conducted Kyu rank testing on Saturday, 20 February 2010. Joy and vigor were evident in the class from opening courtesy through the entire class, test, and board breaking.

The class and test followed the traditional format with warm-ups and extensive group kata. The test was demonstrated by Sempai Carla Eddy and then the Deshi proceeded with performing the required kata, basic techniques and yakusoku kumite for the board of judges. Presentations were made and a group photo was obtained.

- Promoted to Ro Kyu: Dylan Perea
- Promoted to Go Kyu: Austin Floyd
- Promoted to Yellow Belt: Dakota Flynn and Levi Robison
- Promoted to San Kyu: Matt Reed, Dennis Flynn and Luke Reed

Domo Arigato to all who attended and did not test including: David Koenig (Yon Kyu) and Xavier (White Belt)

Domo Arigato to the Board of Judges: Sempai Carla Eddy (Ni-Dan), Sempai Pat Marchetti (Sho-Dan) and Sempai Kathleen Lemire (Sho-Dan)



The Ueshiro Cocoa Dojo Dan Level Deshi (Sensei Ron Marchetti, Sempai Carla Eddy, Sempai Pat Marchetti and Sempai Kathleen Lemire) traveled to New York in December to participate in the spirited training conducted by Hanshi Scaglione and to receive instruction from Kyoshi Baker, Kyoshi Mackay and Kyoshi Seeger. One additional Cocoa Dan level deshi (Sempai DJ Johnson) is currently an undergraduate at the University of Central Florida and visits the Cocoa Dojo as his schedule permits. The Cocoa Dojo goal is to provide karate instruction to the Cocoa Deshi as brought to the United States by Grand Master Ansei Ueshiro and as currently taught by Hanshi Scaglione and the Kyoshi.

Domo Arigato,

Sensei Ron Marchetti



Ueshiro Viera and Usehiro Suntree Shorin-Ryu Karate Dojo

Greetings to All,

The Ueshiro Suntree-Viera Dojo has integrated more closely our two training locations at the Suntree YMCA and the Viera Rec Center, serving the City of Melbourne Florida. We are now offering our Deshi Karate classes 7 days a week across these two Melbourne training locations (please see schedule details on our website at www.SuntreeKarate.com and www.VieraKarate.com).

We are fortunate to have Hanshi continue to teach our Saturday 10:00 AM class at Viera; while also acting as Shihan for the Palm Bay Dojo and teaching its weekly classes on Mondays and Wednesdays; and while leading as President of our world-wide Ueshiro Shorin-Ryu Karate USA Schools, upholding the highest standards of Karate quality. Moreover, in January Hanshi began to teach an introductory Karate course as part of the curriculum at the Melbourne Brevard Community College (BCC). Hanshi teaches this class at the Melbourne BCC campus every Thursday evening for two hours starting at 6:00 PM to about one dozen BCC adult students enrolled in the course; introducing them into our Ueshiro Shorin-Ryu Karate USA style of training. We hope to see some or all of these new Melbourne BCC deshi continue their training at one of our dojo locations after they complete their semester introductory course with Hanshi.

Sensei Tamir is teaching Sundays at 11:00 AM and Fridays at 4:00 PM at our Suntree location, and Tuesdays and Thursdays at 6:00 PM at our Viera location. Sensei Tezel, Shihan of the Titusville Dojo and Tropical Elementary School Karate Program, also continues to teach the early Friday 6:00 AM class at our Suntree location.



Our first two Ik-Kyu (Black Tips), Sempai Steve Quirion and Sempai Rick Cupoli, recently promoted to this rank during our February testing, are teaching the Monday and Wednesday 7:45 PM classes at our Suntree location, respectively. We have also recently benefited from Sensei Carmelo Aleman's relocation to Melbourne and being a guest instructor on several occasions at our Viera location and serving on the board of judges for our recent February testing/promotion, where 18 Deshi were promoted (please see photo).

The many Karateka visitors from outside Florida who came to train with us (and learn from Hanshi) this past February, led by Kyoshi Baker and Kyoshi Mackay from New York City, invigorated our training to new heights of Joy and Vigor. We were humbled by their spirited examples and hope to visit their respective dojo in the future.



Domo Arigato Gozaimasu

Tamir Sensei, Denshi-Shihan

Ueshiro Suntree-Viera Karate Dojo
Melbourne, Florida, USA
Under the Direction of Hanshi Robert Scaglione



Ueshiro Merritt Island Karate Club

Onegai-Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Merritt Island Karate Club is continuing it's mission to bring authentic traditional Shorin-Ryu Karate to the public school system. We continue to call Tropical Elementary home.

We have a nice mix of advanced and beginner students from white belt up to Orange Belt. Each student is progressing at a different rate, but they are all progressing. Some of the older kids learn the katas quickly while some of the younger ones are learning discipline, courtesy and respect. I've learned that progress isn't necessarily measured by rank



We held our first tip test of the school year in October, promoting Kacy Bauman, Alex Hidalgo and Christian Howard to the rank of Ro-Kyu. In December, Jordan Tomberlin was promoted to Orange Belt, Kacy Bauman to Go-Kyu and Brandon Crowell was promoted to Ro-Kyu.

Classes are held every Tuesday and Friday from 3:30pm to 4:00pm. The Friday's class is geared towards the more advanced students.

Domo Arigato Gozaimasu,
Sensei Kurt Tezel



NW Palm Bay Karate Dojo/Club

Greetings to ALL,

We are proud to announce the following Kyu level test results of 24 Feb 2010 at Ueshiro NW Palm Bay Karate Dojo/Club.

Board of Judges

Hanshi Scaglione

Sensei Kurt Tezel and Sensei Carmelo Aleman assisting

Sempai Ramirez, San-Kyu-Viera Dojo/Club

Promoted to:

Yon Kyu: (FIRST SOLID COLOR BELTS EVER AT NW PALM BAY LOCATION!)

- Lance Pollack
- Shelley Lopez

San-Kyu:

- Jacob White-Titusville Dojo/Club

Go Kyu:

- Jessica Berman
- Eyad Saleh Jr
- Jessica Berman
- Isaiah Lopez
- Natalie Dresser
- Joey Novak
- Matthew Cumberland
- Tajmeer McNeil
- Katelyn Cumberland
- Ricky Dresser
- Donna Brosch
- Peter Berman

Ro-Kyu:

- Wess Aiken
- Deeyana Saleh
- Eyad Saleh Sr
- Miranda Aiken



Deshi who attended:

- Camden, Xander, Zachary & Mr.Conti



Congratulations to everyone on their new rank, to those who showed up, to the families, friends & support people.

Keep training in the spirit of Zen Shin-moving forward.

Sincerely, Hanshi Robert Scaglione.



Ueshiro Titusville Shorin-Ryu Karate Club

Onegai-Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Titusville Shorin-Ryu Karate Dojo continues to grow and mature. On December 22 we held a enjoyed a spirited workout followed by another successful tip test. Please see the photograph to the right.

The beginning of the year brought some exciting changes to our dojo. We moved to a dedicated facility at the YMCA's Outback Tennis Center. We also moved the class time from 5pm on Mondays and Wednesdays to 6pm. The move and the time changes added a nice spike to our classes resulting in the need to add a 1pm Sunday class. Sempai Carla Alvarez Eddy and Trevor Tezel are conducting and helping teach classes.



February 13, 2010 we conducted a full belt test promotion. 17 students were promoted - ranking from Ro-Kyu up to Ik-Kyu. We are looking forward to the year of the Tiger and encourage all deshi from other schools to pay us a visit.

Domo Arigato Gozaimasu,
Sensei Kurt Tezel



Ueshiro Hawaii Karate Dojo

Aloha all!

2010 has kicked off to a good start! With all the energy and promotions that have already taken place throughout our system, we can see tremendous growth for us all. Let's all continue to move forward with strong spirit!

Here in Hawaii we have been very fortunate to not have been hit by a Tsumani that was triggered by the recent earthquake in Chile. We were all in high alert. The Ueshiro Hawaii Karate Dojo could have possibly been affected by a high surge in the ocean since we are only located a few blocks in from the seashore in a fairly low level area. Luckily, the ocean was kind to us here. But our prayers do go out to those who have lost much through the recent natural disasters.

As always...We extend a warm invitation to anyone passing through the islands or visiting on a business trip or vacation to come and train with our Karate Ohana here at the Ueshiro Hawaii Karate Dojo.

All of our latest information can be found at www.uhkdojo.com

Let's all keep training hard and understand that "Karate" can always be the one thing that remains constant in all our lives.

Aloha!

Sensei Lorenzo Aguon
Ueshiro Hawaii Karate Dojo
Aloha Activity Center
725 Kapiolani Boulevard #101
Honolulu, Hawaii 96813

Phone: 808-375-6688
email: info@uhkdojo.com



Boston Chinatown Ueshiro Shorin-Ryu Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei and fellow Deshi.

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston MA. Classes are on Monday and Wednesday nights at 7:30 pm and Sundays at 12:30 pm. The YMCA is near downtown Boston. We are honored when visitors train with us. If you may be able to do so, please let me know.

Mostly recently, we were honored to participate in the Northampton dojo's February belt test.



Domo arigato gozaimasu to Hanshi for leading us down the Path that Grandmaster Ueshiro laid out for us.

Domo arigato gozaimasu to Denshi-Shihan-Sensei Gobillot for a strong Ueshiro Shorin-ryu Karate test and to Denshi-Shihan-Sensei Gobillot and, indeed, all of the Northampton Sensei

and deshi for their kind hospitality to all the Boston deshi and for their strong spirit on the deck. Domo arigato to the Boston deshi who traveled to Northampton not to test but to train with and support their fellow deshi who were testing: Mr. Keith Burrows, Sho-dan, Michael Quarles, Rokyū and Bertha Davis, white belt.

Congratulation to all of the Northampton deshi who tested. Congratulations to the Boston deshi On Lai and Joseph Cheung who were promoted to Ni-kyū and Keith Chan who was promoted to Yon-kyū.

We also held a tip test in October.

Domo arigato gozaimasu to Sensei Jean Gobillot, Mr. Steve Parsons and Ms. Cathie Parsons of the Northampton dojo who honored us with their attendance and participation, including their acting as the board of judges. Domo arigato to Tracy Magdalene, Ik-kyū, who demonstrated the test for the deshi testing and to Miguel Rivera, white belt, who traveled to train with us.

Congratulations to Keith Chan who was promoted to Go-kyū and Michael Quarrles who was promoted to Ro-kyū.

Domo arigato to Mr. Keith Burrows, Sho-dan, and to all of the Boston kyu ranks who came to tip test and supported those who testing, even when they were not themselves testing.

We only earn our present rank when we reach our next one, or, in other words . . .

Keep Training.

Domo arigato gozaimasu to all,
Emiliano Mazlen
San-Dan
(617) 879-9928
emazlen@hotmail.com



Northampton Ueshiro Karate Dojo

Onegai shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi!

We were honored by a visit from former deshi Angela Pozo, San-kyu, currently living in England, who trained with us **21 September 2009**.

On **3 October 2009**, our dojo held a reunion celebration workout, followed by an in-dojō party, to mark our 10-year anniversary at 221 Pine Street. A grand time was had by all.



Reunion Anniversary Celebration. Photos by Mary McKitrick

On **9 Oct 2009** we held a katathon to raise money for the family of Marine Sgt Joshua Bouchard (son of Ik-kyu Jimmy Bouchard, himself a decorated veteran) who was severely injured serving his country in Afghanistan in July of last year. Domo arigato to all members of the Shorin-ryu Karate USA family who contributed. A total of \$1200 was raised! The event was held in the center of Florence, MA by the light of tiki torches.



Bouchard Katathon. Photo by Tracy Magdalene.

Northampton deshi were honored to participate in a tip test at Boston Chinatown Dojo on **19 Oct 2009** (braving snow on a trip home that took 4 hours instead of two!). Sensei Jean Gobillot, Mr. Steve Parsons and Ms. Cathie Parsons (ni-dan) served on the board of judges. Also attending were Ik-kyu Tracy Magdalene and white belt Miguel Rivera.

On **2 November 2010** we held a tip test. Promoted to Ro-kyu: Daniela Andrade, Brian Corwin, Lila Mathiew. Congratulations to all!

The following were fortunate to be able to attend the Annual Black Belt workout at Hombu Dojo **5-6 December 2009**: Sensei Daniel Gobillot, Sensei Chris Gobillot, Sensei Cindy Gobillot, Sensei Jean Gobillot, Sensei Lou Ruvolo, Ms. Mary McKitrick, Mr. Steve Parsons, Ms. Cathie Parsons, Ms. Nancy Owen. An extraordinary event that renewed our spirits and vigor!

Steve and Cathie Parsons once again opened their beautiful home for the annual Dojo holiday party on **19 December 2009**. Domo arigato Mr. and Mrs. Parsons!

2010 started off in the right way with a workout and doshakai/campai **1 January 2010**.

On **11 January 2010** we held a tip test. Promoted to Ro-kyu: Joe Kroll and Elise Hamilton. Promoted to go-kyu: Brian Corwin and Daniela Andrade. Congratulations to all!

Steve and Cathie Parsons greatly enjoyed attending workouts in Florida in **February 2010** – particularly the water workouts. They also reported receiving excellent instruction at the black belt workout and review.

Ms. Mary McKitrick (ni-dan) visited Midtown Karate Dojo to train on **16 Feb 2010** and had the tremendous honor of serving on the board of judges for their tip test.

Our February rank promotion was held on **20 Feb 2010** at the Northampton dojo, together with members of Boston Chinatown dojo.

Board of judges: Sensei Emiliano Mazlan, Ms. Cathie Parsons, Mr. Keith Burrows. Presiding: Sensei Daniel Gobillot, Rokyu-Dan. The following deshi were promoted:

Ro-kyu:

- James Berlocher.

Go-kyu:

- Joe Kroll
- Elise Hamilton.

Yon kyu:

- Daniela Andrade
- Keith Chan (Boston)

Ni kyu

- Dylan Kenseth
- Kenneth Manin
- Joseph Cheung (Boston)
- On Lai (Boston).

Congratulations to all who tested! Domo arigato gozaimasu to Sensei Mazlan and all the Boston deshi for training and testing with us.



Rank Promotion 20 Feb 2010. Photo by Mary McKitrick

On **28 Feb 2010** our Sunday morning class took a field trip to Palisades, NY to train with Kyoshi David Seeger. Sensei Cindy Gobillot, Sensei Jean Gobillot, Ms. Mary McKitrick (ni-dan) and Ms. Nancy Owen (sho-dan) enjoyed about 5 hours of Kyoshi's time and received tremendous instruction. Domo arigato Kyoshi for your generosity!

We will be hosting an all-rank workout and black belt promotion on **Saturday 17 April 2010** at Northampton Ueshiro Pine Forest Karate Dojo, starting at 10 am. Please join us! Those wishing overnight accommodations should contact Shihan Daniel Gobillot at dang@alphastoneconcrete.com to make arrangements, as numerous guest rooms are available. We are planning other events for Sunday so you are encouraged to stay the night.

We look forward to training with many of you during the year of the tiger! Domo arigato gozaimasu Hanshi, Kyoshi, Sensei, Sempai, and all fellow Deshi for your motivating spirit, for continuing to support all of us in our training and helping us to move forward in the martial way.

Respectfully submitted,

Mary McKitrick, Ni-Dan
Northampton Ueshiro Pine Forest Karate Dojo, Northampton, MA
www.pineforestkarate.com





Ueshiro Northfield Shorin-Ryu Karate Club Of Wisconsin

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai, and all Deshi!

We are grateful for exciting new growth and opportunity in the Midwest.

The Ueshiro Northfield Shorin-Ryu Karate Club of Minnesota meets three times a week and has reached out to young and old, women and men in this college town of 20,000 in southern Minnesota about 50 miles south of the Twin Cities.

In January, the Carleton College Karate Club began training in Shorin-Ryu karate with nine new students. The club sponsors a college-offered Physical Education class two nights a week as well as open training on Saturday afternoon. Club officers are Liz Evison (President) and Lief Esbenshade (Vice President and Treasurer). The club started martial arts movie night last month (first movie was Kuro-Obi's "Black Belt") for members and friends, and is planning to produce a much anticipated karate T-shirt.

On Feb. 25, a spectacular joint tip testing and promotion was held which brought together both clubs. Some 20 students participated in the training and workout, which was watched by another 20-30 friends and family members. The large gym, which housed the workout, pulsated with joy and vigor! Those promoted were:

- Ro-Kyu: Nicole Malecha, Ryan Malecha, Bill Malecha, Madi Hince.
- Go-Kyu: Danny Lee, Nikita Benson, Elias Lawler, Kellianne Bennett, Narula Bilik, Nesi Nelson, Lief Esbenshade, and Liz Evison.



Pictures from the February promotion can be seen at our club website at <http://northfieldkarate.wordpress.com/>

Starting in mid-March our class schedule in Minnesota will be:

- **Monday:** All students (Northfield karate club and Carleton College club) at Carleton's Cowling Dance Studio, 7-8:30 pm.
- **Wednesday:** Northfield Karate Club at Longfellow Middle School, 7-8:30 pm.
- **Thursday:** Carleton College club at Cowling Gym, 7-8:30 pm.
- **Saturday:** All students at Carleton's Recreation Center, 11-12:30 pm.

In other news, Shihan Bob Dobrow and senior student San-Kyu Steve Hatle visited Florida in early February for the weekend karate event there. We look forward to many future visits of dojos around the country and extend an open invitation, including room and board, to all Shorin-Ryu members to come visit and train with us!

Domo Arigato,
Bob Dobrow



Hombu Dojo Headquarters Ueshiro Midtown Karate Dojo at St. Barts

Onegai shimasu, Hanshi and all members of Ueshiro Shorin-Ryu Karate, USA.

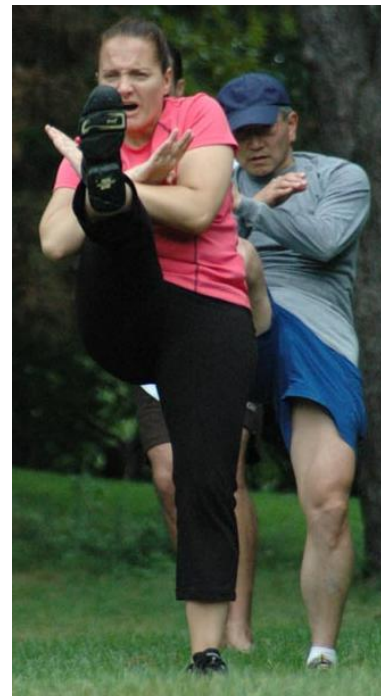
Happy New Year of the Tiger everyone, and welcome to the challenges and fresh starts that accompany 2010. First, a hearty "Domo arigato Hanshi!" for all the strides you've made forward on behalf of the Ueshiro Shorin-Ryu USA organization in the past six months. New clubs, new members, numerous training and travel opportunities, plus the core traditions of vigorous classes and strong leadership have left us individually and collectively stronger than ever. Domo arigato also to all the Midtown instructors and their assistants who keep our classes going seven days a week, despite holidays, blizzards and occasional presidential visits. Finally, congratulations to all the students who showed up to train for more than 60 days in the past six months. You have set the pace for success!

Below are a few highlights of major events at the Ueshiro Midtown Dojo since the Fall 2009 *Karate Newsletter*.

Sept. 11 Memorial Workout

The Ueshiro Midtown Dojo held its eighth annual memorial workout in Central Park to commemorate the spirit of resilience shown by New Yorkers since Sept. 11, 2001. The four-hour workout took place Sept. 13 in the Cedar Hill area of Central Park, just south of the Metropolitan Museum of Art. Sensei Steve Lott and Kyoshi Mackay presided over the twenty-plus students who first overcame the challenge of finding the workout, then persevered through marathon training on a sloping hill. We were honored to be joined by deshi from the Easton CT. Karate Club and the Federal Reserve Bank of NY Karate Club.

During a few brief breaks stories were told of Grand Master Ueshiro's, Hanshi Scaglione's and other warriors' triumphs during the ravages of war. We were reminded to never take our security for granted and be prepared at all times to defend our country, community and loved ones. Domo arigato gozaimasu to Grand Master Ueshiro for arriving in the United States of America 47 years ago, almost to the day. The rich legacy of



Ueshiro Shorin-Ryu Karate USA traces its origins to his first footsteps on our land.

Photographs of the event, courtesy Chuck Garon and Sandra Endo, may be seen [here](#).



President Obama's training in the St. Bart's gymnasium

Security was greatly heightened for President Obama's visit to NYC the week of Sept. 21, particularly during his arrivals and departures from the Waldorf Astoria Hotel across the street. Unannounced, however, were the president's visit to St. Barts to work out in the basketball court adjacent to our karate studio. Domo arigato to the students and instructors of the Monday and Tuesday 5:30 classes for first getting past the Secret Service, and then showing courtesy to same. Obama's sudden appearance was a strong reminder to be always prepared for the unexpected.

October Tip Test

On Oct. 20, 2009, the Ueshiro Midtown Dojo held a green tip test at the St. Barts Athletic Center. The event began with a 45 minute workout under standing room only conditions, followed by a review of kata, basics, strength conditioning, Japanese terminology and USRKUSA history. After rigorous testing the following six deshi were promoted to Ro-kyu:

- Eddie Yuresko
- Danny Yuresko
- Chris Yuresko
- Emmanuel Tabones
- Tony Gonzalez
- Soloman Ayub

Congratulations to the candidates for making the second biggest step in their Shorin-Ryu careers. (Their biggest step was onto the deck for their first class.)

Domo arigato to the seasoned board of judges: Sensei (plural) Gamiel Ramson, Rob Neff, Tzvi Bar-Shai and Richard Vachino, who never tire of critiquing performances of Fukyugata Ichi.

Domo arigato also to the many black belts and kyu ranks who showed up to sweat during the workout and support the aspiring Ro-Kyu.

Hanshi Conducts Veterans' Day Class

On Wednesday, Nov. 11, Hanshi Robert Scaglione conducted an advanced seminar at the St. Barts Athletic Center for approximately 35 students of all ranks. Hanshi's insights and insistence that we strive to do better were overpowering. Receiving corrections from Hanshi was like hearing it for the first time. The "light bulb" goes from a dim glow to many megawatts. Domo arigato gozaimasu, Hanshi, for sharing Veterans' Day with those of us in the New York area, and for your countless years of service to your Country, this City and the many followers of Ueshiro Shorin-Ryu USA.

2009 Annual Black Belt Weekend

Dec. 5 and 6 marked the 48th Annual Meeting and Workout of USRKUSA Black Belts from across the country. The two-day event was held at the Sports Center of the St. Barts Community Center. Over 60 participants gathered to train and glean knowledge from Hanshi and each other. Hanshi kicked off the event on Saturday with a 2-1/2 hour workout on mastering basics and the intricacies of the black belt kata. After a brief break black belts paired off for a seminar by Kyoshi Mackay on pre-arranged fighting. Sunday's training continued with a re-cap of yaku-soku kumite, followed by a seminar by Kyoshi Dave Baker on the mechanics of hip movement for maximizing power. Kyoshi Dave Seeger completed the seminar series with an impressive demonstration of fighting strategies developed by Choki Motobu.

Sunday afternoon continued with over 23 demonstrations by black belts from all the dojo and



clubs, including exhibitions of kata, bunkai, weapons, breaking and yaku-soku kumite. The demonstrators excelled in both spirit and originality proving once again there is no limit to the application of traditional Shorin-Ryu.

Hanshi concluded the workout with a formal review of black belt kata as performed by each Dan level. Sho-Dans through Roku-Dans stood up in groups that spanned the different dojo to test our consistency across great geographical distances. All left inspired to improve not just the consistency of technique between schools, but the excellence of our training as well.

Before bowing us out, Hanshi paid tribute to Grand Master Ansei Ueshiro for his tireless efforts in bringing Shorin Ryu to our shores. Hanshi then adjourned the group so we could gather for festivities at the sushi restaurant Japonica. Over many compai, black belts expressed gratitude to Hanshi and Grand Master Ueshiro for the unique ways karate has benefited them. The family-style dinner reinforced the strong undercurrents of family that binds the black belts together, no matter how frequently or infrequently our paths cross.



Domo arigato gozaimasu to all for making this memorable weekend a reality, not just by showing up but by "moving/leaping forward" when something needed to be done. Hanshi has often observed that we train for peak events - a promotion, a journey, life changes involving work, family, or health. This weekend was certainly one of those summits. Images may be viewed on our website via this [link](#).

Ueshiro Midtown Holiday Workout and Compai

Our own modest year-end workout and compai was held Dec. 10 at 5:30 pm. One advantage of our small workout space is that the warrior spirit becomes noticeably dense as the class size increases. The year-end gathering proved this admirably. Formal training ended at 6:30 followed by a round of compai and kata. Deshi showed the same eloquence with their words as they've shown with their hands. Many of us continued the celebration at a near-by Japanese restaurant afterwards, where musings on karate-do never cease.

Hanshi conducts Jan. 7 and 9 classes

Hanshi Robert Scaglione arrived from Florida on Thursday, Jan. 7, to conduct a special 5:30 class covering many of the topics raised during the Black Belt Weekend. It was a wonderful opportunity for kyu ranks to receive high-level corrections from Hanshi himself.

Hanshi summarized this class in a follow-up email:

"I was present with Kyoshi Mackay-Shihan Hombu Dojo, Kyoshi Baker-Chief Operations Officer-UeshiroSRKUSA, Sensei Lott-Go-Dan, Sensei Raymond Go-Dan and many other high ranking Dan level-karateka (Black Belts), Shihan (Directors), Sempai and Kyu level deshi. I do not have the sign in sheet and the list is too long for me to mention everyone by memory without the risk of leaving some people out. I thank you all for your attendance and participation. We worked the TFTW by Sensei Lott, which was Fukyugata Ni, a most important kata. The basics were covered including the stances. Much reference was made to Master Nagamine's text *The Essence of Okinawan Karate-Do*, and the photos of Grand Master Ansei Ueshiro from the Red Book."

Hanshi continue the "sugar" by conducting the Saturday morning class, affording more Midtown students the opportunity to train with the head of our system. Again, to quote Hanshi:

“The participants included one dan karateka with 29 years experience in Ueshiro SRKUSA and one deshi who enjoyed his very first day of training in our style. There were many in between, including some Shihan/Directors. It was awesome! Those moments just happen, it is impossible to write a script for such experiences. I thank all who showed up to create that moment with your hard work and sweat.”

Hanshi’s comment about such moments “just happening” is not completely accurate: they seem to occur with far greater frequency whenever he is around.

Guided tour of "The Art of the Samurai" exhibit at the Met.

Hanshi graciously joined us for a cultural trip to the Metropolitan Museum of Art to view the "Art of the Samurai" on Saturday, Jan. 9. Domo arigato gozaimasu to Sam Suzuki and his brother for securing formal permission from the Met to give us a guided tour. Many of the artifacts from this rare collection appeared in pristine condition (not unlike a seasoned master), inspiring awe by their seemingly timeless lethal beauty.

Florida Workout Weekend



The annual February Workout Weekend was held from Feb. 5 to Feb. 8 in the environs of Cocoa Beach and Melbourne, Florida. Hanshi and the Florida Shihan organized five vigorous days of extraordinary hospitality and high-level training (see *Newsletter* submissions from the Florida Dojo for more details). Highpoints of the weekend included Kyoshi David Baker’s marathon seminars on Friday, Feb. 5, and the early morning beach workout conducted by Hanshi at the Cocoa Beach Lori Wilson Park. Conditions on Sunday morning were severe enough to cancel the scheduled Space Shuttle launch, but not severe enough to discourage the die-hard group of deshi who showed up. Domo arigato gozaimasu, Hanshi, for allowing us to experience the centuries-old tradition of karate beach training. It was an exhilarating lesson in foundation. (Click [here](#) for photographs.)

The following deshi represented the Ueshiro Midtown Dojo during the Florida weekend:

- Kyoshi David Baker
- Sensei John Bottega
- Sensei Boris Grossman
- Sensei Kristen Dominger
- Mr. Ron Ballin
- Ms. Kim Garon
- Sam Suzuki
- Candace Morgan
- Gerard Rath

Domo arigato for making the trip and for upholding and comporting yourselves admirably both on and off the deck.

Black Belts Advancing in Rank

As announced by Hanshi on Feb. 8, the following six Black Belts were promoted during the Florida weekend as a result of the year-end Black Belt Review held Dec. 6 at the St. Barts Gymnasium:

- Kyoshi David Baker - Hachi Dan
- Kyoshi Michael Mackay – Hachi Dan
- Sensei Steve Lott - Roku-Dan
- Sensei Kevin Reymond - Roku Dan
- Sensei Larry Link - Yon Dan
- Kristen Dominger - San Dan/Sensei title



It is a great resource having the collective experience of such senior black belts in our humble karate studio. Don't miss an opportunity to train with them, or any of the black belt instructors in the Hombu Dojo. Out-of-town guests: take notice!

February 14, 2010 Belt promotion

The Ueshiro Midtown Dojo started off the Year of the Tiger with a ferocious workout and belt test held at the St. Barts Gymnasium Sunday, Feb. 14, 2010. Domo arigato gozaimasu to all participants, particularly those visiting from other dojo, for lending their support. Promoted in rank:

Green belt (Yon-Kyu):

- Joëlle Ramson
- Ansumana Bangura
- Hannah Mackay
- Victoria Baughman
- Placido Hernandez
- Art Forne (Easton Ct. Karate Club)
- Vinay Mahajan

Brown tips (San-Kyu):

- Gene Turok

Black tips (Ik-Kyu):

- Gerard Rath
- James Gasca

Boards of judges:

- Sensei Gamiel Ramson, Sensei Ellin Moore and Sensei John Bottega
- Sensei Kevin Reymond, Sensei Preston Powell and Mr. John Adams

Great job enduring the 3.5 hour workout and frigid conditions of the gymnasium. While congratulating those who passed, I would also like to acknowledge those deshi who chose NOT to test this time in order to improve their current kata. Your patience is a virtue.

February 16 Green Tip Test

Following in the wake of many go-kyu promoted to Green Belt, we held a tip test a few days later:

Promoted to Ro-kyu / first tip:

- Javier Sanchez
- Ashwin Venkatraman (Ueshiro Federal Reserve Bank Karate Club)
- Alden Rothe

Promoted to Go-kyu / second tip:

- Emmanuel Tabones
- Solomon Ayub
- Edward Yuresko
- Domo arigato gozaimasu to the board of judges, Sensei John Bottega, Sensei Kristen Dominger, and especially Ms. Mary McKitrick, Ni-Dan, visiting from the Pine Forest Karate Dojo in Northampton, MA.

Guest Instructor classes

On Oct. 7 Sensei Michael Margulis offered a special class on "Using foundation to draw power for kata." The following month (Nov. 18), Sensei David Tamir, Shihan of the Suntree Florida Dojo, participated in the Green Belt emphasis class, then taught a Guest Instructor class, followed by a seminar on the traditional Okinawan weapon, the tuifa. All black belts world-wide are invited to visit the Hombu dojo for training and – if so disposed – lead a class in the topic of your choice as Guest Instructor.

Green Belt emphasis classes

Green belt classes continued to be held on the third Wednesday of each month. Domo arigato to Sensei Kevin Reymond for lengthening the long line of Green Belt classes and for polishing the "backbone of the dojo."

Upcoming Events

- Green Belt emphasis classes will be held 5:45 PM on Wednesdays Mar. 3, Apr 21, May 12, June 16, and July 28.
- Black-Belt only classes will be held the first Thursday of each month. Black belts from the tri-state area are welcome/expected.

- New Friday mid-morning classes - Sensei Vachino will be offering a class from 10:30 to 11:30 AM on Fridays, starting Mar. 5. The class, open to all levels, will run until Memorial Day.
- March 10, 7:00 PM - Guest Instructor Class - Sensei Vachino will also conduct a one-time class solely dedicated to Fukyugata San. The class will include bunkai for the higher ranks. Students with two green tips and above are encouraged to delve into the subtleties of Grand Master Ansei Ueshiro's kata.
- Third Annual Weapons Workshop - Sunday, Mar. 21 from 10:00 to noon - Sensei Reymond has again graciously offered to sponsor a weapons workshop in the St. Bart's gymnasium on Mar. 21. The event will be open to ni-kyu (brown belts) and above. Ni-kyu with less than one year at rank: this is an opportunity for you to gain exposure to all the traditional Okinawan weapons without having to commit to which one you will eventually pursue.

Class schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
--	7:45 – 8:30am	--	7:45 – 8:30am	7:45 – 8:30am	10:45 – 11:45am	11:00 am - 12:00 noon
12:00 – 1:00pm		12:00 – 1:00pm	1:15 - 2:00pm	10:30 - 11:30am	12:00 – 1:00pm	
5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm**	5:30 – 7:00pm*	5:30 – 7:00pm	--	
--	7:15 – 8:45pm				--	

* Black belt class – first Thursday of each month.

** Green belt emphasis – third Wednesday of each month

Domo arigato gozaimasu to instructors and students alike for keeping the energy level high during these mid-winter doldrums. The days are getting longer and thereby brighter.

And “Domo arigato gozaimasu!” once again to Hanshi for leading the charge towards our 50th Anniversary celebration of Grand Master Ansei Ueshiro's arrival in the United States. Summer 2012 will be an Olympian moment, and arrive here before we know it.

Kyoshi Michael Mackay
 Hachi-Dan, Ueshiro Midtown Karate Dojo
www.MidtownKarateDojo.com



The High School for Leadership & Public Service Karate Club

Onegai Shimasu Hanshi, Kyoshi, Sensei, Sempai, and fellow Deshi,

The High School for Leadership & Public Service Ueshiro Karate Club has gone through some interesting changes this year. We began the year with training only once a week (which we all know is not enough) and student involvement was limited. After a brief suspension of classes at the end of the fall term, I decided to try a more traditional approach: "Let the student come to the teacher." Since then I have had several students asking to train on a regular basis. As always we are moving forward and classes have resumed with some former and many new students. Classes are being held on Monday afternoons at 3 PM.

I wanted to thank Kyoshi Mackay for helping me host a karate open house in the beginning of the school year. Additionally, I would like to thank him for opening the doors of St. Bart's to my students so that they can get another much need day of training in during the week. I hope they take advantage of this huge opportunity.

Let's all get stronger during the Year of the Tiger!!!

Domo Arigato Gozaimasu,
Robert Neff, San Dan
The High School for Leadership & Public Service Ueshiro Karate Club



Ueshiro Shorin-Ryu Federal Reserve Bank of NY Karate Club

Onegai Shimasu Hanshi, Kyoshi, Sensei, Senpai and fellow deshi.

It is with great pride that we join the quarterly "Karate News" newsletter this month with our newly formed club, *Ueshiro Shorin-Ryu Federal Reserve Bank of New York Karate Club*.

Ueshiro Shorin-Ryu FRBNY Karate Club celebrated its 6th month anniversary, kicking off (literally) classes at the main Federal Reserve Bank of NY building in downtown Manhattan in July of 2009. The club is sponsored by the Health and Fitness Center of FRBNY and open to FRBNY employees.

Classes are held on Tuesday's nights at 5pm in the gym at the main building. Although restricted to employees, if you are visiting NYC and would interested in attending one of our classes, please contact me and I will make the necessary arrangements.

Our club is showing some strength in its early membership with a core of 6-8 students at every class. Several deshi have even ventured north (to the NYC Hombu dojo, Ueshiro Midtown Karate Dojo, at St. Bart's) for additional training. In February, Ashwin Venkatraman became the first deshi of USR-FRBNY Karate Club to test and be promoted to Ro-Kyu. I am confident that he has merely paved the way for the other deshi to follow in the next coming months and years!

With Joy and vigor!
Domo Arigato Gozaimasu,
Sensei John Bottega





Ueshiro Pine Forest Karate School and Ueshiro Okinawan Karate Club

Happy Year of the Tiger!!!!

Bunkai Breaking and Brunch

Please join us on Sunday March 28 in Palisades NY

10:00am \$20. RSVP

Congratulations to our students that were promoted in our February test:

- Hanah Mackay – Yon-kyu
- Jeremy Ferretti – Go-kyu
- Michael Santoro, Bill & Jessica Metzner – Ro-kyu

Ueshiro Pine Forest Karate School - Promotion February 28, 2010



(Left to Right) Promoted to: Ro-kyu: Bill & Jessica Metzner. Go-kyu: Jeremy Ferretti. Ro-kyu: Michael Santoro

Special thanks to our guests:

- To-Te Ueshiro Dojo, Powell Sensei, Alex Powell and Jade Powell.
- Northampton Ueshiro Karate Dojo, Cindy Goblillot Sensei, Jean Goblillot Sensei, Ms. Mary Mckitrick, Ms. Nancy Owen.
- Ueshiro Midtown Karate Dojo, Henri Waelbroeck. Ueshiro Okinawan Karate Club, Brian Heese, Zach Heese and Kieran Heese
- Ueshiro Pine Forest Karate School, Elliot Potter Sensei, Mr. Daniel Lax, Tony Milio

Congratulations to our two new Chief Instructors:

- Bracken Sensei, San Dan, Palisades.
- Brian Heese, Ni-kyu, Pelham Manor.

Special thanks to Potter Sensei who has been working with our newest deshi.

Our deshi purchased a 180 lb 6' heavy bag, and invite you all to come and destroy it. We have also added special World Wide One-on-One training over the Internet via Skype and ichat.

Kyoshi Seeger was promoted in February to 8th Dan.

*Dear Hanshi,
Thank you for the precious gift of Ueshiro Shorin-ryu Karate,
It is at the core of who I am.
It has been my profound honor to be your student.
Dave Seeger*

Ueshiro Pine Forest Karate School

Palisades, NY 10964

Ueshiro Okinawan Karate Club

Pelham Manor, NY 10803

Kyoshi Dave Seeger Shihan/Director
motobu@aol.com
(212) 307-0707



To-te Ueshiro Karate Dojo

Onegai shimasu Hanshi, Kyoshi, Sensei, Sempai & Deshi

Moving Forward!!! (linked to our Okinawan past).

To-Te Ueshiro Karate Club has moved to a NEW facility with a unique wooden deck that was inspired by Chinto.

6 Convenient Classes: Lunch: Mon, Wed & Friday: Noon - 1PM

Evening: Tues & Thursday: 8:00PM - 9:00PM

Sunday: Family Karate (Children) Classes: Sunday's 2:00PM - 3:00PM

Please come train with us as we break in our new deck. All are welcome!

Powell Sensei, Shihan

To-Te Ueshiro Karate Club

82 S. Franklin St, Nyack, NY 10960

845-353-8505

<http://www.to-te.org>





Ueshiro Okinawan Karate Family Club

The Ueshiro Okinawan Karate Family Club, in State College, PA, held a three-part karate promotion test in February: Feb. 7 (tip test), Feb. 21 (full belt test—part 1) and Feb. 28 (full belt test – part 2). We are pleased to report that the following deshi were promoted:

Green tip (Ro-kyu):

- Shengzhong Su
- Jeffery Su
- Lenny Pollack
- Karen Pollack
- Nick Pollack
- Joey Pollack
- Dana Mitra
- Todd Litzinger
- Kaden Mitra Litzinger
- Carson Mitra Litzinger

Green tips (Go-kyu):

- Barb Schaefer
- Gavin Schaefer

Yellow Belt (junior green belt):

- Jeffrey Huang
- Toby Ma
- Silu Shen

Orange Belt (junior Brown Belt):

- Deric Liang
- Alex Pellas

Green Belt (Yon-kyu):

- Mei Ling
- Megan Gonet
- Taylor Gonet
- Heshu Chen
- Wen Jun Leng
- Devin Wang
- Lylia Wang

Brown Tips (San-kyu):

- Ryan Fitzgerald
- Michael Hanold
- Jasmine Cao

Brown Belt (Ni-kyu):

- Alex Mensinger
- McKayla Mensinger
- Philip Hanold
- Jeffrey Cao
- Kevin Liang
- Sicong Shen

Black tips (Ik-kyu):

- James Pletcher
- Lisa Mensinger



Congratulations to all who tested and to all who showed up to practice and add their spirit to the event. Special thanks to the board of judges: Lynn Pellas (Sho-Dan), Michael Ma (Sho-Dan), Tracie Pletcher (Ik-kyu), and Jeff Zhao (Ik-kyu).

Domo arigato gozaimasu, Matt Kaplan - Shihan
Ueshiro Okinawan Karate Family Club (State College, PA)



Ueshiro East Meets West Karate Club of Northern Virginia

Onegaishimasu Hanshi, Kyoshi, Sensei, and all of the hard training Deshi of Ueshiro Shorin Ryu Karate USA.

This winter, the Ueshiro Shorin-Ryu Virginia Karate Club Deshi continued to move forward both on and off the deck.

The Washington DC area experienced multiple major snowstorms this winter, but the Deshi of the Virginia Club were still able to travel in support of SRKUSA Organizational events.

The Virginia Deshi participated in the annual SRKUSA Black Belt workout weekend and dinner hosted by the Midtown Hombu Dojo on December 5th and 6th. The visiting Deshi included:

- Sensei Sal Scaglione,
- Sensei Joe Knight,
- Sensei Patrick & Lisa Markowitz,
- Mr. Sean Paus
- Mr. Jim Davis



The winter weather did prevent Sensei Sal from traveling to Florida to represent the Virginia Club at the February promotions, but Sensei will be busy this month traveling to both Florida and Pennsylvania to train at those schools.



The Virginia Deshi will be traveling to Northampton, MA on 17 April to participate in the Spring Northeast workout with Hanshi, followed by and Dan level testing.

Finally, The Virginia Club welcomes Cory Nelson as our newest white belt.

Domo Arigato-
Sensei Joe Knight



Ueshiro Hong Kong Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

There was plenty of training and progress for Shorin-Ryu karate in Hong Kong during the past season.

We were fortunate to benefit from training with Tamir Sensei, who kindly took time out of a busy trip in Hong Kong to train with us on November 3, 2009. It was a solid three-hour session as we went through warm-ups, kihon and kata followed by Tamir Sensei demonstrating tuifa kihon and kata. Of course, we also had a very enjoyable compai after the training at a local Chinese restaurant. Domo arigato Tamir Sensei for visiting and domo arigato to all Sensei, Sempai and deshi who were able to train with short notice! We look forward to more visitors in the future and extend an open invitation for everyone to visit, train with us and enjoy the energy of Hong Kong!

Several deshi received promotions during testing conducted on February 14 and February 28. Successful deshi receiving promotions:

- Lyle Kleusch promoted to San dan
- Elvis Lau promoted to Yon-kyu
- Linus Chin promoted to Yon-kyu
- Michael Wong promoted to Ro-kyu

Domo arigato to Sensei, Sempai and all deshi that attended and supported the testing!

February was also time to turn the page on a new year in the Chinese calendar as we said goodbye to the year of the Ox and are now in the year of the Tiger. The Tiger symbolizes strength and action, so it is a perfect year for all of us to train more and train harder!

Last but not least, we all congratulate our club's Honorary Consultant (the Father Sensei of Sensei Lai, Sensei Wong and Sensei Kleusch), Matt Kaplan Kyoshi who has been just promoted to Shichi Dan with Kyoshi title.

CONGRATULATIONS KYOSHI KAPLAN!!!!

Domo Arigato Gozaimasu,
Tytus Michalski, Shodan (On behalf of Lai Sensei)
Ueshiro Hong Kong Karate Club, China



Ueshiro Okinawan Karate Club

Onegaishimasu Hanshi, Kyoshi, Sensei, Senpai and Deshi,

The Ueshiro Okinawan Karate Club is a new addition to the family of Shorin Ryu Karate USA dojos in Hong Kong. We have a small but growing number of students and welcome any visitors to Hong Kong, SAR. Due to our relative proximity we are fortunate to be able to train regularly with Sensei Lai and the deshi from his club.

We also plan on coordinating our efforts with Sensei Lai's club for the 2010 Hong Kong katathon in honor of Master Ueshiro. The tentative date for the beach workout at this time is May 21st, 2010.

In addition, we would like to congratulate Kyoshi Kaplan on his recent promotion. Arigato Kyoshi!

Please feel free to visit us anytime in Hong Kong. You are always welcome.

Arigato Hanshi, Kyoshi, Sensei, Senpai and Deshi!

Lyle Kleusch, Shihan, Ueshiro Okinawan Karate Club



Eilat Ueshiro Dojo

Onegai shimasu Hanshi, Kyoshi, Sensei and Karateka!!

I am happy to tell all a bout our promotion in Eilat Ueshiro Dojo on 3-11-2010.

It was just great! All are welcome to the next promotion in August and I hope to be with you in USA, too. The names that promoted and their new rank:

- Aimee Tzarfaty to Sho-Dan
- Yoel Levi to Ni-Kyu
- Yaron Nagar to Ni-Kyu
- Gal Almog to San-Kyu
- Gal Tibi to San-Kyu
- Shai Giladi to San-Kyu
- Shon to Ro-Kyu
- Ziv to Ro-Kyu

Domo Arigato Gozaimasu Sensei/Denshi Shlomo Dadon Go-Dan



Karate News is a semi-annual publication produced in turn by volunteering Shihan of the Shorin-Ryu Karate USA Dojo and Clubs. Current and previous issues of ***Karate News*** can be found at our web site www.shorinryu.com.

This issue was published by Brophy Sensei, Co-Shihan, of the Ueshiro Bushi Dojo in Santa Monica, CA, and edited by Hanshi Robert Scaglione.