

# USRKUSA NEWS LETTER

## SPRING 2013



**50<sup>th</sup> Anniversary Blackbelt Workout  
Hombu Dojo, New York City  
December 3, 2012**

[shorinryu.com](http://shorinryu.com)

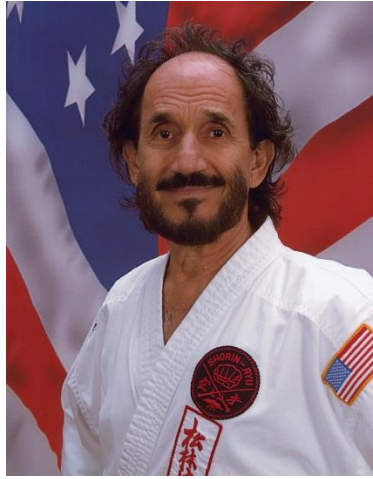
# USRKUSA NEWS LETTER

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## Spring 2013

### Greetings from Hanshi Robert Scaglione



Greetings ALL USRKUSA Members. Thank you for your participation in the historic 50th Anniversary Celebrations, whether it was working out on your dojo deck in your hometown or on the deck of the Intrepid in New York City in August. YOU made it happen whether you are a white belt who joined USRKUSA in December 2012 or a Blackbelt with 40 plus years of continuous training in this style; I thank you one and ALL.

The journey of our founder Grand Master Ansei Ueshiro is documented worldwide and is history...research this well! It is his gift to you, keep training!

To everyone who orchestrated the events and those who showed up, a special note of gratitude goes out to you. Your deeds and efforts are not only documented but are eternally etched in our memories. I encourage everyone to scour the websites of our dojo(s) for the myriad of priceless photos of the events, relive the moments at will and often.

We now are in the first year of the second half of 100 years of Ueshiro SRKUSA practiced on the decks of the many worldwide locations which continue to grow as you read this historic Newsletter of the Spring of 2013. Zen Shin-Moving Forward.

Sincerely,

Hanshi Robert Scaglione  
March, 2013

# Ueshiro Bushi Dojo

## Los Angeles, California

Bushi Dojo is happy to announce Sensei Scott has converted space in her Santa Monica residence (much like Kyoshi Seeger Palisades facility) with new students training twice a week.

The spirit of Bushi Dojo is back in Santa Monica, where it belongs right by the Santa Monica airport.

Attached is Sensei Scott's email; [RebeccaS@Review.com](mailto:RebeccaS@Review.com)

I will be in LA in two weeks and look forward to training with you all at a dojo near you.



Arigato, Barnes Sensei  
Denshi, Shihan, Shichi Dan

# Easton Connecticut Ueshiro Shorin Ryu Karate Club Easton, Connecticut



Domo arigato Hanshi and Kyoshi. In Easton, we begin the 51<sup>st</sup> year of Ueshiro Shorin-Ryu Karate USA on a strong note, building on the wisdom, vigor, and camaraderie we gained at the 50<sup>th</sup> Anniversary Celebration. As springtime comes, we close in on another milestone, the celebration of Master Ueshiro's 80<sup>th</sup> Birthday. In his honor, we continue to train hard by extending our class time, emphasizing the basics, and performing many repetitions of kata.

Domo arigato gozamaisu,  
Adam Dunsby, Yondan  
Easton CT Ueshiro Shorin Ryu Karate Club



# Wilton Connecticut Ueshiro Shorin-Ryu Karate Club

## Wilton, Connecticut



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

Ueshiro Shorin Ryu Karate is in its 51<sup>st</sup> year, and our club is in its 18<sup>th</sup> year!!! We continue to train with our spirit out-sizing our small numbers. We look forward to 2013 rolling in a new year filled with training, kampaï, and testing. We will continue to preserve and ensure the vitality of traditional Okinawan karate-do with our morning, pre-work classes. We also hope to continue our tradition of visiting our sister clubs and schools in order to share karate and spirit. The best of training to all of our karateka brethren! See you on the deck!

### Class Schedule

|           |         |
|-----------|---------|
| Monday    | 7:30 AM |
| Wednesday | 7:30 AM |

Domo arigato,  
Keith Eng, Shihan  
San-Dan

50 Danbury Road  
Wilton, CT 06897-4444  
(203) 221 4873 (Work)  
Kyoshi David Baker, Hachi-Dan, Sponsor

# Ueshiro Cocoa Shorin-Ryu Karate Dojo

## Cocoa, Florida

Onegai – Shimasu Hanshi, Kyoshi, Sensei and SRKUSA Deshi,

The Ueshiro Cocoa Shorin-Ryu Karate Dojo located at the Central Brevard Community College Campus in the Cocoa YMCA Facility is moving forward with great joy and vigor, and continues with the following schedule:

Monday and Wednesday – 7:00 PM to 8:30 PM (All ranks – adults and children)

The Ueshiro Cocoa Dojo Dan Level Deshi (Sensei Ron Marchetti – Yondan and Sempai Pat Marchetti – Nidan) continue to lead the dojo in instruction of classes, along with Ik Kyu/Ni Kyu Deshi that continue to assist. The Ik Kyu instructors are Sempai Travis Culp, Sempai Dennis Flynn who is assisted by his daughter Dakota Flynn (Ik Kyu), Sempai Youjian Nistorenko and Sempai Maurice Nistorenko. Ni Kyu deshi assisting with instruction include Sempai Don Carter. The Cocoa Dojo goal is to provide karate instruction to the Cocoa Deshi as brought to the United States by Grand Master Ansei Ueshiro and as currently taught by Hanshi Scaglione and the Kyoshi.

The Cocoa Dojo conducted Green Tip tests on October 10<sup>th</sup> and December 10<sup>th</sup>. Many of our new students are diligently learning the fundamentals of Shorin Ryu Karate as they progress forward in rank. The Dojo location at the Central Brevard YMCA provides excellent exposure to many children and adults who would like to learn karate with many families training together. Test results for the October 10<sup>th</sup> test were:

Receiving the rank of Ro Kyu (one green tip)

Gretchen Walenga

Test results for the December 10<sup>th</sup> test which was conducted at Sensei Tezel's Merritt Island Dojo were:

Receiving the rank of Go Kyu (two green tips)

Kolby Greeson

Ira Lewis

Ayana Smiley

Daniele Wilder

Gretchen Walenga

A separate test for children Kyu levels testing for Green Tips and Yellow Belt was conducted on February 20<sup>th</sup>. This test option was provided to the children so that the arduous and lengthy adult and advanced children's belt test would not discourage them from participating.

Receiving the rank of Ro Kyu (one green tip)

Daniel Batista

Receiving the rank of Yellow Belt

Kolby Greeson

Ayana Smiley

Daniele Wilder



On February 23, 2013 the combined Florida Ueshiro Shorin-Ryu karate schools held their semi-annual full belt promotion. The event was conducted at the Merritt Island Dojo and included all of the Florida Dojo. The following Cocoa Dojo Deshi were promoted:

Promoted to San-Kyu:

Robert Hunt (Cocoa)

Promoted to Ik-Kyu:

Youjian Nistorenko (Cocoa)

Maurice Nistorenko (Cocoa)

The Annual Florida Event for all USRKUSA Deshi was held from 8 through 10 February and provided excellent training and instruction by Hanshi, the Kyoshi and advanced Sensei for all those that participated. The classes included vigorous instruction at the Florida area dojos and also a wonderful Cocoa Beach class where the warm sands of Florida East Coast made our kata shine. The Cocoa Dojo was especially fortunate to host the Sunday, February 10 class where Hanshi and Kyoshi Mackay, Seeger, Kaplan and Scaglione led groups in specific instruction techniques. Much was learned and the interaction was very rewarding.





Domo Arigato,  
Sensei Ron Marchetti  
Shihan, Ueshiro Cocoa, Shorin-Ryu Karate Dojo  
321-412-3021

## Ueshiro West Melbourne Shorin Ryu Karate Dojo Melbourne, Florida

The USKUSA West Melbourne Dojo is strong and moving forward with joy and vigor. We have been sharing the great art of our style since August of 2011. I am proud to say that many students have remained with us from the beginning. As of our most recent test in February we promoted many students to the rank of Yon-Kyu and San-Kyu. One junior student was promoted to Ni-Kyu and two adults promote to Ik-Kyu. Miranda Aiken, one of the students promoted to Ik-Kyu, teaches classes regularly once a week and helps me tremendously. Shelley Lopez, the other deshi promoted to Ik-Kyu, regularly fills in when I am unable to cover a class. I am very fortunate to have such dedicated karakata to support the WM Dojo.

I am pleased to share that new students are joining our ranks regularly. We had several green tip promotions in Feb. Other new students have joined and are anticipating testing for their green tips in the upcoming months.

Domo Arigato Hanshi, Kyoshi, and Sensei for all of your teaching, help, and support. It is truly an honor and a privilege to serve our organization in this capacity. It is tremendously rewarding to watch students walk into the dojo, struggle with the most basic techniques, and then watch them stick with it to advance through the ranks with proficiency.

### Ik-Kyu

Miranda Aiken  
Shelley Lopez

### Ni-Kyu

Isaiah Lopez

### San-Kyu

Cindy Nienagadlo  
John Nienagadlo  
Lana Sizinski  
Tajmeer McNeil

### Yon-Kyu

Bi Nguyen  
Danny Bonilla  
Fatima Hussain  
Hyder Hussain  
Zane Mancuso  
Albert Ocampo

### Yellow Belt

Vadim Agnor

### Go-Kyu

Nicholas Johnson  
Jordan Lopez  
Joshuah Boggs

### Ro-Kyu

Petie Costellic  
Thalia Quintanilla

Domo Arigato  
Sempai Rick Cupoli  
West Melbourne Shorin-Ryu Karate Dojo  
321.794.4649

## Ueshiro Suntree Dojo Melbourne, Florida

Onegai Shimasu Hanshi, Kyoshi, Sensei, and all

The Suntree Dojo is “moving forward” into the Ueshiro Shorin-Ryu Karate with a tremendous and vigor. The dojo has undergone some recent the departure of Sensei David Tamir to Israel. I fantastic opportunity to become the Shihan of Shorin-Ryu Suntree Dojo. Under the guidance of Scaglione and with the assistance of the other Sensei Kurt Tezel, Sensei Ron Marchetti and Cupoli our dojo continues to grow. We have a core group of students that are always willing to help out and assist whenever they can. I would like to mention the advanced ranks that make it possible for us to offer classes four days per week. Sempai Kevin Hutchenson (Ik-Kyu), Sempai Christell Bodrick (Ni-Kyu) and Sempai Jennifer Sangalang (Ni-Kyu) without their tireless commitment to assist with classes and other dojo functions, our dojo would not be as strong as it is.



Deshi,

51<sup>st</sup> year of amount of joy changes with was given a the Ueshiro Hanshi Robert local Shihan, Sempai Rick very energetic

We recently hosted a class during the February 8th, 9th, 10th Florida Karate weekend at the Suntree Dojo. It was a full, very spirited class led by Sensei John Bottega and assisted by Sensei Boris Grossman and Sensei Bob Dobrow. It was a vigorous class that demonstrated that our kata and techniques remain consistent over thousands of miles as Grand Master Ansei Ueshiro intended and Hanshi Robert Scaglione continues to preserve.

Please find the below list of recent Suntree Dojo promotions from our February 17<sup>th</sup> children’s promotion and our February 23<sup>rd</sup> Florida Dojo semi-annual promotion.

### Promoted to the rank of Ro-Kyu

Aj Plonsky

### Promoted to the rank of Yellow Belt

Gracie Plonsky  
Savannah Zhang

### Promoted to the rank of Yon-Kyu

Lloyd Brownhill  
Dan Morella  
Terry Plonsky

### Promoted to the rank of Orange Belt

Jade Norton

Domo Arigato Gozaimasu,

Sempai Matt Reed, Sho-Dan  
Shihan Ueshiro Shorin-Ryu Suntree Dojo  
321-213-3124, rpd197@yahoo.com

## Ueshiro Merritt Island Karate Dojo Merritt Island, Florida

Onegai Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Merritt Island Karate Dojo enjoyed great momentum from the 50<sup>th</sup> Anniversary Celebration in New York in August.

The Merritt Island dojo had a tip test in October where the following students were promoted: Neo Mahon, Maika Mahon and Bruce Alberts - Ro-Kyu. Alisia Smith - Go-Kyu



We continue to have advance training on the first and third Friday of every month. Advanced deshi from all of the Florida schools converge on these days to focus on the more advanced techniques. I teach the class on the first Friday and Sensei Ron Marchetti teaches this class on the third Friday of each month.

On October 20, 2012 Ueshiro Shorin-Ryu Karate USA participated in the Making Strides Against Breast Cancer Event outside Space Coast Stadium. Over 20 deshi showed up at 7:30 am to support the event. We had the opportunity to demonstrate a wide variety of kata, weapons and yakusoku kumite to a large crowd of onlookers in front of the main stage. Everyone did a great job, which was warmly received by the audience. Many deshi stayed after the demonstration to hand out fliers and cards from our tent. At 9am a large group of deshi walked five kilometers as a show of solidarity with breast cancer survivors and in honor of those who lost their battle against this devastating disease.

We raised just shy of \$2,700 for this most worthy cause! (See photos below)



We held our annual Black Friday workout the day after Thanksgiving. A small, but energetic, group of deshi got up early to brave the cool weather and dodge the aggressive Christmas shoppers to start the holiday season on the right foot.



We conducted our December tip test on the 13th. Promoted to the rank of Ro-Kyu were Josh Ridenbaugh, Jessica Ridenbaugh and Bill Ridenbaugh. Promoted to the rank of Go-Kyu were Neo Mahon and Bruce Alberts. (see next photo)



Our dojo hosted the Florida area schools Cumpai on Wednesday, December 19, 2012. Hanshi presided over the event and made sure that all students made a toast and performed a kata (photos below).





The Merritt Island Dojo had the honor of hosting the combined Florida Ueshiro Shorin-Ryu karate schools full belt promotion on February 23. The following Merritt Island students were promoted:

Promoted to Yellow Belt: Alisia Smith and Neo Mahon.

Promoted to Orange Belt: Kacy Bauman

Promoted to Ik-Kyu: Bill Alderman



Domo Arigato Gozaishimasu,  
Denshi/Sensei Kurt Tezel  
Shihan, Ueshiro Merritt Island Karate Dojo  
321.536.6516



## Ueshiro Titusville Karate Dojo Titusville, Florida

Onegai Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Titusville Karate Dojo meets at the Titusville YMCA Outback Tennis and Racquetball Center on Mondays at 6pm and at the YMCA's main facility at 5:30pm on Fridays.

Mondays classes continue to be taught by Mr. Matt Reed, Sho-Dan and Shihan of the Ueshiro Suntree Karate Dojo. Friday's classes are taught by Sempai Ed Bauder, Ik-kyu.

Our recent move from Wednesdays at the Outback Center to Fridays at the YMCA's main facility has spurred an influx of new students. We are encouraged and excited about this move and feel it will allow us to grow and prosper.

We continue to participate in all of the activities sponsored by our sister schools in Florida.



Domo Arigato Gozaishimasu,  
Edward A. Bauder Ik Kyu  
Shihan of the Titusville Dojo  
Sponsored by Denshi/Sensei Kurt Tezel, Go Dan

## **Ueshiro Viera Shorin-Ryu Dojo**

### **Viera, Florida**

The Viera Ueshiro Shorin-Ryu Dojo, Melbourne Florida, along with the other Florida locations, had the honor of hosting the Annual Florida Weekend in February (described below). Thank you all participating Ueshiro SRKUSA members who made the trip to Florida and all the Florida members who helped ensure that the weekend was such a success.

“The week-end got off to an early start (6am) on Friday at the Ueshiro Merritt Island Dojo with Deshi from Minnesota, Virginia and many of the Florida schools participating. Time for a quick shower and then back on the deck for the 4pm class at the Suntree Dojo, immediately followed by the 6pm class back at the Merritt Island Dojo! And that was the first day! Hanshi led the Friday evening training with an emphasis on kata techniques and specifically getting low, elbow straight back and stepping first.

Saturday, February 9 , 9am Cocoa Beach: Kyoshi Mackay warmed up the Bo weapons group with training in a Cocoa Beach tide pool while other early arrivals worked kata and weapons in small groups. The assembled deshi then lined famous I Dream of Jeanie Avenue to greet Hanshi and Kyoshi Scaglione as they arrived for the beach training. It was a picture perfect day as we bowed in and enjoyed an extended seizan while taking in the blissful sounds of the ocean. Hanshi led us through the stretches while the Kyoshi made corrections. The sandy and uneven surface challenged all of us to step first and resist the temptation to look at the ground. We then worked through our kata. Experiencing it at half speed and power, which allowed us to refine and strive for perfection in each technique and then full speed and power while attempting to incorporate the corrections/refinements we just received at half speed and power. The advanced deshi then lined up for Special Exercise Oyo Tan Ren. This was performed several times with many of us being reminded to Step First and Get Low. Kyoshi Seeger then recorded our performance, while Hanshi got the most out of the group by reminding everyone that what we did today would be watched 100 years from now! Group kata demonstrations were performed and we bowed out with many deshi taking advantage of the weather to continue to train at the waters edge.

## Annual Florida Weekend – February 2013



Saturday, February 9, 2pm Ueshiro Merritt Island Dojo: The training continued under the direction of Kyoshi Seeger, Mackay and Kaplan. Each Kyoshi was given a group and worked everything from Yokusoku Kumite to Makiwara to kata application...in short, everything that we couldn't get to during the beach workout. After everyone worked up a good sweat we adjourned for a celebration of the beginning of our second fifty years. We enjoyed barbecue, fellowship and demonstrations. All ranks demonstrated something. The kata demonstrations ranged from Fukykata Ich to Gojoshiho. We had special demonstrations of bunkai, weapons and mirror image kata.

Sunday, February 10, 9am Ueshiro Cocoa Dojo: Hanshi directed the training which again provided basic technique and kata practice and refinement. The initial combined group of deshi were divided into four groups which trained with each of the Kyoshi (Mackay, Seeger, Kaplan and Scaglione). Kata demonstrations were done by each of the four groups after the training workshops by the Kyoshi. The training ended at 12:00 with a group photo, and then additional time for discussion and technique was provided in the upstairs Cocoa Dojo training room.

Domo Arigato Hanshi for all your leadership and direction throughout the week-end. Domo Arigato to Kyoshi Seeger, Mackay, Kaplan and Scaglione for making the trip down and sharing your decades of wisdom, knowledge and experience with each of us. Domo Arigato to the Shihan for propagating the art and making sure that it grows and flourishes. Domo Arigato to all Sensei who made the trip, worked with our students and gave them such great individual attention. Domo Arigato to all deshi who participated, without you, these events are not possible.”

Domo Arigato Gozaishimasu,

Contributed by:

Sensei Kurt Tezel and Sensei Ron Marchetti

Ueshiro Shorin-Ryu Karate USA

Founded by Grand Master Ansei Ueshiro

Under the Direction of Hanshi Robert Scaglione

Sincerely,

Hanshi Robert Scaglione,

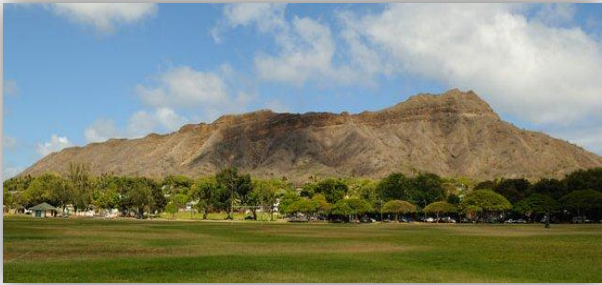
Shihan, Ueshiro Viera Dojo, Melbourne, Florida

# Ueshiro Hawaii Karate Dojo Honolulu, Hawaii



Aloha from Hawaii,

What a great kickoff to 2013 as we move forward towards 51 years. We started off the year by training outdoors at the beautiful Kapiolani Beach Park in Waikiki. Having Diamond Head crater as our backdrop could not be any more exciting.



we all celebrating new year Park in could not

We continue to focus our efforts on propagating the practicing proper techniques, and teaching our karate philosophies.



martial art,

We always welcome any and all visitors to Hawaii.

For all the latest information, schedules, and events, please visit our website at [www.uhkdojo.com](http://www.uhkdojo.com)



Sensei Lorenzo Aguon (Shihan, Go-dan)/Sempai Edgar Ambrosio (Ni-dan)/Sempai Roi Globen (Ni-dan)

Ueshiro Hawaii Karate Dojo  
Honolulu, Hawaii  
(808)375-6688  
email: [info@uhkdojo.com](mailto:info@uhkdojo.com)

# **Boston Chinatown Ueshiro Shorin-Ryu Karate Club**

## **Boston, Massachusetts**

Onegai-shimasu Hanshi, Kyoshi, Sensei, Shihan and fellow Deshi.

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston MA. Classes are on Monday and Wednesday nights at 7:30 pm and Sundays at 12:30 pm. The YMCA is near downtown Boston. We are honored when visitors train with us. If you may be able to do so, please let me know.



Domo arigato gozaimasu to Hanshi for leading us down the Path that Grandmaster Ueshiro laid out for us.

With a tip test in December, we continued to celebrate the 50th Anniversary of Grandmaster Ueshiro's coming to the U.S. to propagate the art of Shorin-ryu (and celebrated the 10th Anniversary of our club).

Congratulations to Steven Ochsner who was promoted to Gokyu and to Cindy Lai who was promoted to Rokyū.

Domo arigato to Mr. Keith Burrows, Nidan, who called the test and to On Nai Lai and Joseph Cheung, ikkyū, who completed the board of judges. Arigato as well to Kevin Strang and Theo Panagakos who, as is proper, added their spirit and sweat to the event even though they were not testing on the spot today.

With new ranks awarded, we remembered that we only earn our new (or current) rank when we receive the next one, or, in other words ...

Keep Training.

Domo arigato gozaimasu to all, Emiliano Mazlen

Yon-Dan

[857-234-7350](tel:857-234-7350)

[emazlen@hotmail.com](mailto:emazlen@hotmail.com)

## Ueshiro Pine Forest Karate Dojo Northampton, Massachusetts



Onegai shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi,

On **9 September 2012** we held our late summer rank promotion. The following deshi tested and were advanced in rank:

Yon-kyu:

Chelsea Rood

San-kyu:

Gabe Moon (under 18 yrs)

Keegan Burrows (under 18 yrs)

Glen Moon

Ik-kyu:

Jim Robinson

Bob St George

On **19 September 2013** Northampton Ueshiro Pine Forest Karate were invited guests at the Veteran's Administration Hospital, where we demonstrated kata before an audience of residents and visitors. Participating were Sensei Daniel Gobillot, Sensei Vern Fath, Sensei Nancy Owen, Mr Tom Marcus and Bob Saint George.

Our dojo held an Open House on Saturday **10 November 2012**, with a workout and demonstrations of empty hand and weapons kata, as well as bunkai and yakusoku kumite. We had many visitors stop by to watch.

Sensei Dan Gobillot, Sensei Lou Ruvolo, Sensei Chris Gobillot, Sensei Cindy Gobillot, Sensei Jean Gobillot, and Sensei Nancy Owen traveled to Hombu Dojo to participate in the annual black belt workout on **1-2 Dec 2012**. This is always an exciting learning experience and we were deeply honored to participate. Domo arigato Hanshi!

At our **12 December 2012** tip test the following deshi tested and were promoted:

Ro-kyu:

Miles Gillett (under 18 yrs)

Steve Gillett

Justin Wellman

Go-kyu:

Stephen Superba

Cyn McDonald

Our annual New Year's workout with compai was held on **7 January 2013** with most deshi in attendance. Not only was this our annual opportunity to train together to celebrate the new year and to share food and our thoughts about our training; it was also a time to share our dojo with quite a number of new white belts. It was a glorious workout led by Sensei Gobillot, followed by much good will and cheer. Domo arigato Sensei!

Our spring rank promotion test was held on Sunday **24 February 2013**. The following deshi tested and were promoted:

Ro-kyu:

Aurora Flynn (under 18 yrs)  
Harlan Garrett ( under 18 yrs)  
Katie Williams (under 18 yrs)  
Ian Williams (under 18 yrs)  
Margaret Garrett  
Kim Williams

Go-kyu:

Jay Girard  
Peter Mitchell  
Justin Wellman

Yon-kyu:

Stephen Superba  
Cyn McDonald



*Dylan Kenseth*





*24 February 2013*

## Northampton Ueshiro Pine Forest Karate Dojo

Please visit and train with us in Northampton.  
Our doors are always wide open to you.

Domo arigato gozaimasu Hanshi, Kyoshi, Sensei, Sempai, and all fellow Deshi for your motivating spirit, for continuing to support all of us in our training and helping us to move forward in the martial way.

Respectfully submitted,

Mary McKitrick, San-Dan  
Northampton Ueshiro Pine Forest Karate Dojo, Northampton, MA  
[www.pineforestkarate.com](http://www.pineforestkarate.com)

For further information please contact: Sensei Daniel Gobillot, Shihan 413.320.5945

## **Ueshiro Mesabi Karate Dojo Mesabi, Minnesota**

Onegaishimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi.

I have recently taken a position at a newly-built iron nugget demonstration plant in Northern Minnesota, near the town of Aurora. I am currently in negotiations with two different parties who own facilities suitable for a dojo. I will send an update to Hanshi and then the rest of the system when negotiations are completed.

Domo Arigato Hanshi, Kyoshi, Sensei, Senpai and Deshi.

Sensei Lyle Kleusch  
San-dan, Shihan  
Ueshiro Mesabi Karate Dojo

## **Ueshiro Northfield Shorin-Ryu Karate Dojo Northfield, Minnesota**

Congratulations to our students who advanced in rank over these past six months. They are:

Ro-Kyu: Leaf Pennock, David Pennock, James Shuffelton, Brian Rosas Marcial, Michelle Martin

Go-Kyu: Bella Lawrence, Connor Shephard, Tania Duarte, John Bromell

Yon-Kyu: Jonathan Duarte, Guy Lawrence

San-Kyu: Shail Mehta

Our dojo has been very active since the 50th anniversary celebrations in New York.

Regular classes meet on Monday and Wednesday evening and Saturday morning, with an expanding core of colored belts and a continuing stream of new students, both children and adult. Advanced classes are held Friday and Saturday morning.

The Carleton College Karate Club holds classes throughout the school year with new students and returning club members. Fall semester saw an especially large group of new first-year students. The club trains on Thursday evening and holds joint classes with the Northfield dojo on Monday and Saturday.

The Year of the Dragon, 2012, ended with a Saturday afternoon special training and workout on December 29, and a compai gathering and community dinner at Sensei Dobrow's home. The compai greetings and expressions of gratitude for the gift of Shorin-Ryu karate by all present were both emotional and inspirational and set the stage for the coming Year of the Snake.

In early February, nine Minnesota deshi travelled to Florida for the annual workout weekend. These were: Shihan Dobrow, Steve Hatle, Lief Esbenshade, Peter Holoher, Brenda Hellen, Liz Evison, Scott Sijan, Guy Lawrence, and Bella Lawrence.

The following week, the dojo and Carleton Karate Club were invited by the college ASIA club (Asian Students in America) to participate in their annual celebration of the Lunar New Year. The two hour-event was attended by over 200 people. We gave demonstrations of group and individual weapons kata.

This week, due to the hard work of the dojo San-kyu, particularly Sempai Scott Sijon, we have produced a beautiful tri-colored brochure introducing Shorin-Ryu karate and our dojo. The brochure will be used for many upcoming events to publicize the dojo and recruit new students. We have also announced a new dojo T-shirt contest, with prizes for the best idea. Choice of prize will include a copy of the movie Kung-Fu Panda. (This was inspired by the knowledge that the movie is the favorite of some high-ranking members.)

Coming up in early April, due to the efforts of Guy and Bella Lawrence, the dojo will lead an introductory basics class and demonstration as a fundraiser for St. Dominic's, a local Northfield school.

The following month we have been invited to demonstrate Shorin-Ryu karate at a Martial Arts Fair along with three other local schools (Tai Kwon-do, Tai Chi, and Kyudo). The event will attract several hundred people from the region.

The pinnacle of our spring will be the weekend of May 17-19 when Hanshi and Kyoshi Scaglione will be returning to Northfield to help us mark the 5<sup>th</sup> anniversary of the Northfield dojo! We have received word from several sensei and black belts who are planning to join us that weekend, as well as other deshi around the country. Please consider coming to Minnesota (land of 10,000 lakes and the Mall of America) in what promises to be a spectacular weekend of karate lead by Hanshi. Activities will begin Friday evening, extend to all day Saturday and early Sunday. We will assist on transportation, food and lodging. And we even promise there won't be snow on the ground.

Domo arigato gozaimasu Hanshi for guiding us in the footsteps of Master Ueshiro as we continue to learn and grow in our practice of Shorin-Ryu karate.

Respectfully submitted,

Sempai Steve Hatle, Ik-kyu  
Sensei Bob Dobrow, San-dan

# **Mohawk Valley Ueshiro Karate Club**

Mohawk Valley, New York

At the Mohawk Valley Ueshiro Karate Club we have a small but dedicated group of students.

If any fellow deshi are planning to be in the area, please call and let's train together.

Domo arigato gozaimasu Hanshi and the SRKUSA community.

Sensei Dale Adamson

Shihan, Mohawk Valley Ueshiro Karate Club

315.823.8631

[daleba55.da70@gmail.com](mailto:daleba55.da70@gmail.com)

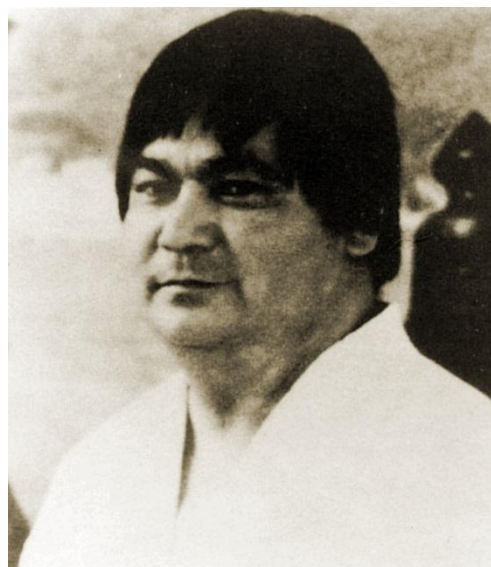
## **Ueshiro Midtown Karate Dojo (Hombu Dojo) New York, New York**

Onegai shimasu, Hanshi, Kyoshi, Sensei and Deshi of Ueshiro Shorin-Ryu USA. First and foremost, “Domo arigato gozaimasu” to you all for making this organization such a vibrant and exciting community in which to study karate-do. The diversity of students, instructors, dojo locations, techniques of the week - the list goes on and on – all contribute to a thriving system, as witnessed by the numerous promotions recently announced by the shihan world-wide. None of this would be possible without the experienced guidance of Hanshi Robert Scaglione, the steadfast commitment of our many Black Belts, and the fresh enthusiasm of our kyu ranks.

Below is a brief recap of recent events.

### **Year-end celebrations**

We ended 2012 on a high note with the Black Belt celebrations of Grand Master Ansei Ueshiro’s 50 years in the United States of America. On Dec. 1 and 2 Dan-level students of USRKUSA assembled in New York City under the direction of Hanshi for the Annual Year-end workouts and compai. The events were hosted by the Ueshiro Midtown and Downtown dojos, with nearly 70 Black Belts attending over the two days. The six hour workout on Saturday in the St. Barts gym included multiple corrections from Hanshi, seminars conducted by the Kyoshi, demonstrations from the many dojo and clubs, followed by the presentation of Black Belt certificates to our new Sho-Dans.



Sunday's workouts continued at 8:00 AM at the Ueshiro Downtown Dojo followed by a Shihan meeting at Hombu. From noon to 2:15 Hanshi reviewed the details of yaku-soku kumite, followed by more demonstrations of kata, breaking and weapons. The workout concluded with the presentation of certificates to those Shihan who tested on August 11 and 12, and the announcement of the following senior Black Belts promoted in rank:

\* Promoted to Roku-Dan (6th degree Black Belt)

Gamiel Ramson  
Joe Knight  
Alan Lai  
David Tamir

\* Promoted to Shichi-Dan (7th degree Black Belt)

Chris Barnes  
Kevin Reymond  
Dan Gobillot

\* Promoted to Shichi-Dan (7th degree Black Belt) and awarded the title of Kyoshi

Sal Scaglione

The celebration of Grand Master Ansei Ueshiro's 50 years in the United States continued at McCormick's Steak House, where many a compai were offered in gratitude to Hanshi and Master Ueshiro for their unparalleled dedication to karate-do. The relaxed gathering also provided several Black Belts an opportunity to display their expertise in other art forms, including stand-up comedy and acapella.

Domo arigato to those who made the long and arduous trip to Manhattan, to our New York area Black Belts who helped organize the event, and especially to Hanshi Robert Scaglione for his passionate leadership and understanding of this ancient art. It was a glorious ending to an historic year.



Although nothing could match the scale and excitement of the Black Belt weekend, the Hombu dojo enjoyed many other high points over the past six months.

### October Tip Test

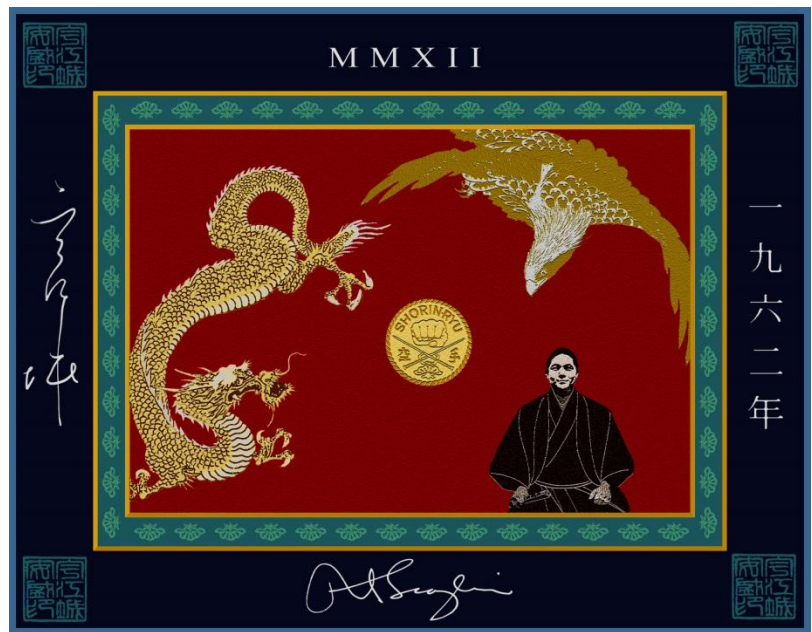
Due to unanticipated challenges posed by Superstorm Sandy, our October tip test was delayed until Nov. 6. Congratulations to our two new Go-Kyu, who braved the elements to achieve their first rank:

- \* Nita Flores
- \* Leah Spontaneo

Domo arigato gozaimasu to the Board of Judges, Sensei(s) Gamiel Ramson, Ellin Moore and Luz DeLucia, and to the small but spirited group of supporters who came down to set the pace.

### Workout with Kyoshi Sal Scaglione

Kyoshi Sal Scaglione, Shihan of the East Meets West Karate Club of Northern Virginia, joined us on Dec. 18 for a special workout in a packed dojo. Kyoshi Sal reviewed his Technique of the Week on pre-arranged fighting and provided much sugar to all who attended.



### Commemorative carpet hung in dojo

A permanent tribute to Grand Master Ueshiro in the form of a hand-woven carpet was mounted in the dojo during November for all to enjoy. Mr. Dawood Emmenuel ordered and hung the tapestry, which was hand-woven by artisans in Pakistan and presented to Hanshi as a token of appreciation from the Midtown Dojo. Hanshi donated the carpet to the Hombu dojo so it could be enjoyed by all. The carpet shows an American eagle and Chinese dragon circling the seal of Ueshiro Shorin-Ryu USA, with Master Ueshiro looking on. 50 pine trees adorn the border, which includes the signatures of Grand Master Ueshiro and Hanshi. It is truly a work of art.



## Hombu year-end compai

Our own traditional year-end workout and compai was held Dec. 20. Domo arigato gozaimasu to all the Midtown deshi, from the newest white belt through our newly-promoted Roku-Dan. After the compai Sensei Larry Link presented the dojo with a hard-bound, over-sized book featuring photographs from some of the more spectacular workouts over the prior years.

## Training with Hanshi in Florida

A small but select group of Black Belts travelled to Florida during the weekend of Feb. 8 through 10 to join Hanshi, Kyoshi(s) Seeger, Kaplan and Scaglione, and dozens of deshi who assembled for marathon karate training. Domo arigato gozaimasu, Hanshi, Sensei Tezel and Sensei Marchetti for providing one extraordinary training opportunity after the next! The knowledge gleaned from Hanshi's corrections will carry us to the next level. The spirit of camaraderie among all who participated, whether travelling from Minnesota or Melbourne Beach, made the trip worth it alone. Domo arigato to Sensei(s) Michael Margulis and John Bottega for representing the Midtown Dojo. Sensei Margulis captured much of the Lori Wilson Beach workout on film, a selection of which will be available at the Midtown website in the near future.





### **February tip test**

Close on the heels of the Florida trip was our own tip test, held on Feb. 12 in the Hombu Dojo. Congratulations to our latest Ro-Kyu, Chinmay Rao, age six, who tested under the watchful eyes of approximately 12 Black Belts. Domo arigato gozaimasu to the Board of Judges, Sensei(s) Ramson, Moore, and Adams, for their consistency in showing up for the tip tests, and for all the other ranks for lending their support.

### **Full belt promotion**

On Sunday, Feb. 24 the Midtown Dojo held its semi-annual belt promotion in the St. Barts' Athletic Center gym. The event was dedicated to the memory of Grand Master Ansei Ueshiro and the leadership of Hanshi Robert Scaglione. Domo arigato to the large contingent of Black Belts, especially our boards of judges, the out-of-town guests (Sensei Shabbir Kazmi and Mr. Frank Mowka), Mr. Robert Bandel for demonstrate a break, Mr. Dawood Emmenuel for providing fresh water to the group, and those who helped set up and break down the gym.



The four and a half hours of training flew by. Congratulations to those who tested and were promoted in rank:

\* Yon-Kyu: Anna Sweeney

\* San-Kyu: Sam DiGiario

Board of Judges: Sensei(s) Margulis, Neff, Kazmi, and Mr. Mowka

\* Ni-Kyu: Alden Rothe

\* Ik-Kyu: Joelle Ramson

Board of Judges: Sensei(s) Ramson, Link, Moore and Bottega

Domo arigato also to all the deshi, family and friends who came down to train with us or support those who were testing. Big spirit!



Photographs of these and many other events may be seen at the Midtown Dojo website by clicking here: <http://midtownkaratedojo.com/Gallery.html>

### **A fresh start**

2013 – the Year of the Snake – offers us a fresh start in Ueshiro Shorin-Ryu, as we begin the second half of a century of traditional karate-do in the United States. In Chinese mythology the snake is associated with the hour between 9:00 and 10:00 AM, when the sun rises and warms the earth so the snake can emerge from its slumber. Let's seize the months ahead as a bright beginning to appreciate both our training and traditions in a new light.



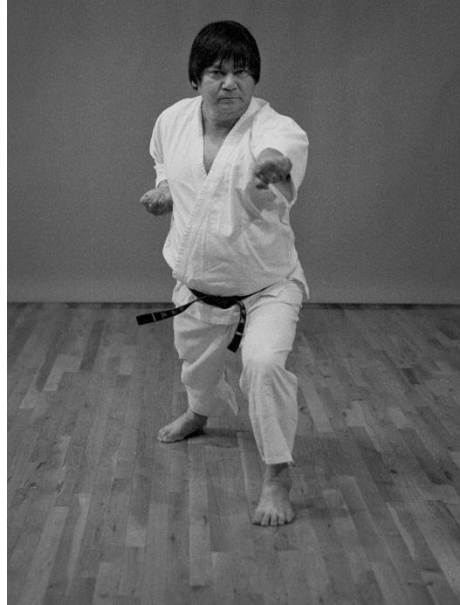
Domo arigato gozaimasu, Hanshi, for your exemplary leadership, but mostly for your generosity in time, spirit and commitment to fostering the principles of Ueshiro Shorin-Ryu USA.

Kyoshi Michael Mackay  
 Hachi-Dan, Ueshiro Midtown Karate Dojo  
[www.MidtownKarateDojo.com](http://www.MidtownKarateDojo.com)

**Class schedule**

| Mon            | Tue           | Wed            | Thu           | Fri             | Sat             | Sun                   |
|----------------|---------------|----------------|---------------|-----------------|-----------------|-----------------------|
| 7:45 – 8:30am  | –             | --             | --            | 7:45 – 8:30am   | 10:45 – 11:45am | 11:00 am - 12:00 noon |
| 12:00 – 1:00pm |               | 12:00 – 1:00pm | 1:15 - 2:00pm | 10:30 - 11:30am | 12:00 – 1:00pm  |                       |
| 5:30 – 7:00pm  | 5:30 – 7:00pm | 5:30 – 7:00pm  | 5:30 – 7:00pm | 5:30 – 7:00pm   | --              |                       |
| --             | 7:15 – 8:45pm |                |               |                 | --              |                       |

## **Ueshiro Downtown Shorin-Ryu Karate Dojo New York, New York**



### **Moving Forward in 2013 and Beyond**

Onegai Shimasu Hanshi, Kyoshi, Sensei and Fellow Deshi,

This past several months has seen the continued growth of the Ueshiro Downtown Shorin-Ryu Karate Dojo and we are moving forward to expand our student base and awareness in the community. We are grateful to everyone who has contributed to the Ueshiro Downtown Dojo, including Sensei Ron Ballin, Sempai Kim Garon, Sempai Michael Gallagher, Sempai Candace Morgan, and Sempai Henri Waelbrock.

We continued our workshop program and have a number of new workshops scheduled over the next several months. We believe the workshops allow us to focus on one kata, bunkai, weapons, or prearranged and thereby provide an opportunity to more fully explore techniques and improve our overall knowledge and skills. We also conduct workouts in street clothes where we work on kata and prearranged fighting in everyday clothes and simulated distraction packed surroundings.

We have also developed a program of Open Houses conducted for the general public every other month. Kata, basics, prearranged, bunkai and weapons, are all demonstrated along with a discussion of our style of karate and the history of Shorin-Ryu.

Other upcoming events this Spring include a self-defense workshop in April, a Katathon commemorating Master Ueshiro's birthday in April and field trips to other area dojo.

Congratulations are in order for Steve Cere and Dave Idell on their promotions to San Kyu and Michael Gallagher's promotion to Sho Dan .



As I reflect on 2012 and the 50<sup>th</sup> Anniversary Celebration, I am reminded of Ernest Hemingway’s idea of a *moveable feast*; “a memory or even a state of being that had become part of you, a thing that you could always have with you, no matter where you went or how you lived, forever after, that you could never lose”. No matter where we are we will always have the memories of our “moveable feast”, last year’s Celebration. Our challenge now is to move forward with spirit and build on this memory.

Domo arigato gozaimasu Hanshi for your leadership, sharing, support and inspiration! Arigato to Kyoshi Seeger, Mackay, Baker, Kaplan and Scaglione for your contributions and unwavering spirit.

Sensei Kevin Reymond  
Shihan, Ueshiro Downtown Shorin-Ryu Karate Dojo  
Under the direction of Hanshi Robert Scaglione

#### Class Schedule

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|           |                   |
|-----------|-------------------|
| Monday    | 5:30 pm – 7:00 pm |
| Wednesday | 7:00 am – 8:30 am |
| Thursday  | 5:30 pm – 7:00 pm |
| Sunday    | 4:15 pm – 5:45 pm |

[www.downtownkaratedojo.com](http://www.downtownkaratedojo.com)

## **Ueshiro Uptown Harlem Karate Club New York, New York**

Onegai Shimasu Hanshi, Kyoshi, Sensei, Sempai, and all Deshi,

The Harlem karate club has been working hard both on and off the deck; performing many repetitions of kata and basics during our one hour class every Saturday from 2 to 3 pm as well as promoting the club by handing out flyers to local businesses and on 125<sup>th</sup> St. every week. I have to give much credit to Sempai Lisa Rosenberg, Sempai Erik Sanner, and Sempai Nita Flores for their unwavering loyalty and support. They consistently “just do it” and show up on the deck to train as well as helping to get the word out. You should all be extremely proud of your efforts.

We are coming very close to being in operation for a year so I also wanted to thank all the black belts who have helped to make this club a success so far. These karateka include Sensei Elliott Potter, Sensei John Robbins, Sensei Ron Ballin, Mr. Dawood Emmenuel, Mr. Blue Calvo, Ms. Carla Eddy, Ms. Candace Morgan, and Mr. Sergio Flores. Your support does not go unnoticed!

Future plans are to reach out more to community organizations that serve local families and children to gain new white belts at the holistic center. We may also try to form another club during the week at an afterschool program or boys and girls club in the area.

Please join us on Saturdays from 2:00 to 3:00 pm. The Harlem Holistic Center is located at 115 West 128th St. between Lenox and 7th Ave. It is a few blocks up Lenox Ave. from the 125th St. stop off the 2 or 3 train. Please call or email me before you come to let me know you plan to visit. I can be reached at (917) 843-7871 or at [j.adams@ueshiroshorinryukarate.com](mailto:j.adams@ueshiroshorinryukarate.com)

Domo Arigato Gozaimasu Hanshi,

Sensei John Adams, Shihan



## **PS 748 The School for Global Scholars Ueshiro Karate Club New York, New York**

Onegai Shimasu Hanshi, Kyoshi, Sensei and Deshi

I am teaching Physical Education at an elementary school in Bensonhurst, Brooklyn this year. As part of the school curriculum students get to choose an enrichment class that they would like to study once a week for eight weeks. I am currently working with my second group of 24 students in 2<sup>nd</sup> and 3<sup>rd</sup> grade. I am teaching them Ueshiro Shorin Ryu Karate USA as it has been taught to me through the guidance of my teachers and those who came before them. They are learning the warm-ups, basics and Fukyugata Ichi along with history and the courtesy that goes along with traditional karate.

In addition I am working with an afterschool program called Wingspan on Wednesday afternoons. This is small, but dedicated group that ranges from kindergarten through 3<sup>rd</sup> grade. This group will be together through the end of June honing our karate skills.

As always moving forward with one step at a time with much JOY and VIGOR!!!

Domo Arigato Gozaimasu

Sensei Neff

Yon - Dan

# To-Te Ueshiro Karate Club

## Nyack, New York

Onegai shimasu! & Greetings Hanshi, Kyoshi(s), Shihan, Sensei & all USRKUSA Karateka worldwide.

The To-Te Ueshiro Karate Club held it's annual belt promotion Saturday, February 16<sup>th</sup>, 2013. The 4 hour and 50 minute testing and review of all ranks showcased the steady growth of our club/dojo.

I'm honored to thank our NEW "50<sup>th</sup> Anniversary" Sho-dan(s): Ms. Gemini Watanabe, Mr. Lee Justo & Mr. Colin Tennyson. Thank you for running and assisting with the promotion/testing & judging. With rank comes responsibility and more sugar!



Congratulations to the following Karateka who stepped forward and earned NEW rank(s):

Emiliana Pescher – Shiro Obi  
Lionel Justo – Shiro Obi

Henschell Joesph – San-kyu  
Tony Velez – San-kyu

Ethan Markiet – Yon-kyu  
Eugene Callegeros - Yon-kyu  
Grace Abreu - Yon-kyu  
Gabriel Abreu - Yon-kyu

Derick Peltz – San-kyu  
Jade Powell – San-kyu

Alex Powell – Ni-kyu  
Mike Santoro – Ni-kyu  
Dave Boykin – Ni-kyu



To-Te Ueshiro Karate Club (located 82 S Franklin St, Nyack, NY 10960)



7 Convenient Weekly Classes:

Monday | After School Ryukyu Boot Camp 5P - 6PM

Tuesday & Thursday | Adults 7:30P - 9:30P

Wednesday & Friday | Mid Day Karate 12P - 1PM

Saturday | Karate Kids 10A - 11:00A

Sunday | Morning Advance Adults/Weapons 10:00A - Noon

Personal Instruction by appointment 845 353 8505





In closing I would like to also thank Bryan Markiet for showing up, supporting and looking over the children while Jacquelyn Abreu, along with Vicky Markiet documented the afternoon with wonderful pictures and images. Domo Arigato gozimasu!!!!

**Respectfully submitted, (Shihan) Powell Sensei, Go-dan**

# **Ueshiro Pine Forest Karate School**

## **Palisades, New York**

The 50<sup>th</sup> Year Celebration of Ueshiro Shorin-ryu Karate

Kicked off with a great start, last February in Florida where we performed kata Fukyugata Sandan composed by Grand Master Ansei Ueshiro and captured on video tape at Cocoa Beach, Florida. It was special demonstration led by Hanshi Scaglione to Honor the Birthday of Master Ueshiro, April 20, 1933. You can watch it at our home page at Shorinryu.com.

Then in April we trained with our friends in Northampton as we continued to build towards our big event in August. Standing on the Intrepid and training with our worldwide organization was a sight to behold and an experience we will never forget. It was back to the dojo and continue to prepare for our Annual Black Belt Workout / Dinner in December, Here again, wonderful demonstrations had been prepared and captured to be part of the 50th Anniversary DVD.

Many of the Denshi, Sensei, and Sampai advanced to their next rank, including Kyoshi Sal Scaglione receiving the well deserved title of Kyoshi. The year could not have ended better.

We have now entered our 51<sup>st</sup> year, The year of the Snake, Which is sure to bring us continued good fortune. We began this year the same way be begin them all. With the Kick off February Workout in Florida. This time we videotaped Kata Oyo Tan Ren on the beach, And this too will be included with the anniversary DVD.

What has happened is that while preparing for the 50<sup>th</sup> and then continuing our picked up training schedule into the 51<sup>st</sup> year, we have all noticed something amazing, we are improving, getting better and loving how that feels. No tricks, no magic, training, it's that simple. There is no turning back, only moving forward.

Come and visit and train with us. Wed. 7-8:30p and Sundays 10-12.

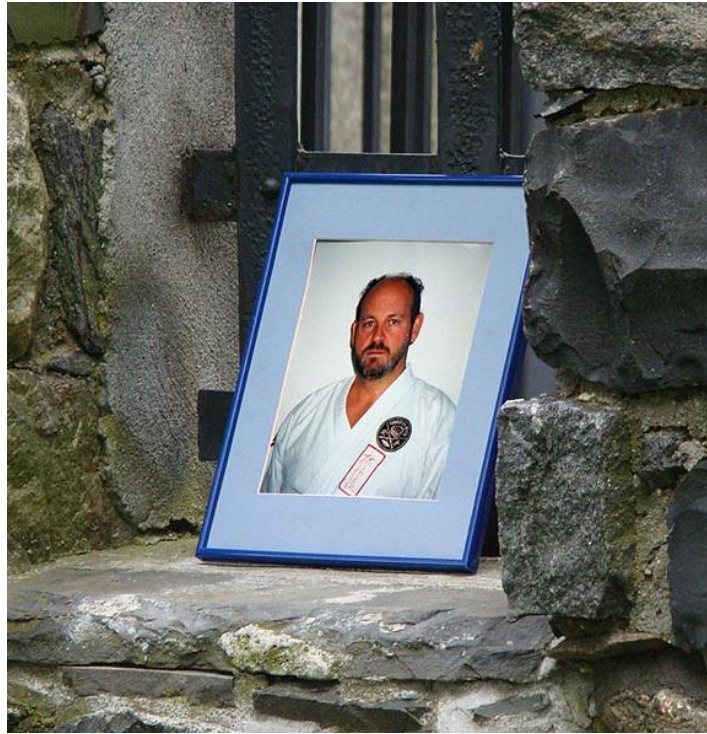
We also, always train on Tuesdays and Thursdays 7:30p-9:30 at To Te Ueshiro In Nyack.

This year is going to be very exciting as we will celebrate Hanshi's 75<sup>th</sup> Birthday, yet another reason to ramp it up.

See you on the deck,

Kyoshi Seeger and the Black Belts of Ueshiro Pine Forest Karate School in Palisades New York.  
Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai, and all Deshi!

## Ueshiro Okinawan Karate Club of Pelham Manor Pelham Manor, New York



Onegai shimasu, Hanshi, Sensei and Deshi,

The Okinawan Karate Club of Pelham Manor continues to offer traditional Shorin-Ryu training in the heart of Southern Westchester. Chief Instructor Brian Heese runs the week-to-week operations of the Club, and has recently installed a gorgeous oak makiwara on the deck. Domo arigato, Mr. Heese, for your carpentry skills and persistence in fulfilling Sensei Nichual's dream of building a makiwara in his dojo.

We're now on an earlier class schedule, meeting Monday evenings from 6:30 to 7:30 pm. In addition to our seasoned veterans Ni-kyu Connor Nichuals, Yon-kyu Hannah Mackay and Go-kyu Michael Yee, we've added Sid and Sashit Jain to our regular roster. Several advanced students from other area dojo have joined us for special workouts, including Mr. Lee Justo and Dave Boykin. Domo arigato to our guests for bringing an extra measure of joy and vigor to our humble dojo.

Anyone wishing to join us should contact either Kyoshi ([kyoshi@midtownkaratedojo.com](mailto:kyoshi@midtownkaratedojo.com)) or Mr. Heese ([bheese123@gmail.com](mailto:bheese123@gmail.com)) to get on our email list.

As always, the Ueshiro Pelham Manor Club would not be possible without the support of Barbara Nichuals and her family, who continue to honor the warrior code as exemplified so strongly by Sensei Dan Nichuals.

Domo arigato gozaimasu,

Kyoshi Michael Mackay, Acting Shihan,  
Okinawan Karate Club of Pelham Manor

## **Ueshiro Okinawan Karate Family Club**

### **State College, Pennsylvania**

Onegai Shimasu Hanshi, Kyoshi, Sensei, Sempai, and Deshi,

**Karate Family Camp:** The Ueshiro Okinawan Karate Family Club will be hosting the *Karate Family Camp* during the weekend of August 16-18, 2013. Enjoy 2½ days of family-focused training, camping, healthy living, and outdoor fun in the beautiful woods and rolling hills of central Pennsylvania. Where: Stone Valley Recreation Area grounds. The site has cabins and other facilities to accommodate up to 75 people. [See: [http://www.athletics.psu.edu/stonevalley/.](http://www.athletics.psu.edu/stonevalley/)] The Karate Family camp is not only for karate students with family members training with them, but also for all karate students who are part of the close-knit USRKUSA family. If you have any questions or wish to sign up, please contact *Anne Burgevin* at [anneatpeace@yahoo.com](mailto:anneatpeace@yahoo.com) (814-235-6362) or Matt Kaplan at [msk15@psu.edu](mailto:msk15@psu.edu) (814-441-9188).

**Testing:** The Ueshiro Okinawan Karate Family Club conducted our February 2013 Promotions in two parts – on Thursday, February 21 and Sunday, February 24. With the Board of Judges including Kyoshi Sal (visiting from Northern Virginia) and Sempai Jeffrey Zhao and Sempai Noah Kaplan, the following students were promoted to their next rank:

Ik-kyu: Kevin Liang and Deric Liang; Ni-Kyu: Charlie McOsker and Bill Dreschel; San-Kyu: Toby Ma; Yon-Kyu: Malia Hayashida-Knight, Karla Hudecek, T.J. Moran, Katie Moran, Rhea James, and Jason Huang; and Yellow Belt: Renee James and Jerry Zheng.

**Tree Planting:** To commemorate the 50<sup>th</sup> Anniversary of Ueshiro Shorin-Ryu Karate U.S.A., the Ueshiro Okinawan Karate Family Club donated \$100 to the Arbor Day Foundation to plant 100 pine trees in central Texas as part of a broader effort to restore the historic Bastrop State Park Lost Pines Forest. This donation represents our symbolic gesture to celebrate the enduring quality of the *pine forest* style of karate (Matsubayashi Shorin-Ryu) while at the same time helping to ensure that the Lost Pines Forest continues to serve a critical role in the history and environmental sustainability of the region.

We are always happy to welcome USRKUSA members. For more information about our club and our schedule, check out: [http://www.shorinryu.com/Flyer-State\\_college\\_karate\\_club\\_5.pdf](http://www.shorinryu.com/Flyer-State_college_karate_club_5.pdf).

Domo arigato gozaimasu,  
Kyoshi Kaplan, Shihan  
Ueshiro Okinawan Karate Family Club  
State College, PA



# **Ueshiro Shorin-Ryu Nashville Family Karate Club**

## **Nashville, Tennessee**

Onegai Shimasu Hanshi, Kyoshi, Sensei and Deshi of Ueshiro Shorin-Ryu Karate USA.

Greetings from Music City! The Ueshiro Shorin-Ryu Nashville Family Karate Club started out small this year, but has gradually been growing. We have emphasized the Family in our name with the addition of my son William (who returns following an extended absence) as well as several members of my cousin's family. We are currently nine members strong with a tenth soon to join us.

We have been very fortunate to find two places in which to train. I'd like to thank Quincy Ellison and the 615 House of Dance for providing space for our Thursday and Saturday classes. Their vision is to have constant motion on their dance floor, and we are happy to help.

We would also like to thank Pastor Beth Ezell and Cornerstone United Methodist Church where we train on Monday nights. Pastor Beth was very excited about the prospect of hosting a family oriented karate club, and we are very thankful for her efforts to promote our club within her congregation.

In January, our club (then consisting of just my family) travelled to Virginia to train with Kyoshi Sal and the rest of our old club. We had a spirited workout and were able to contribute to the test they held that day. We had been gone for about a year and a half, but once we stepped on that deck it felt like we had never left.

In order to promote Ueshiro Shorin-Ryu karate in the Nashville area and spread awareness of our club, we will be looking for opportunities for public demonstration this year. We will keep you posted as these plans develop.

We are looking forward to having visitors on our deck, and hope to see some of you soon.

Domo Arigato Gozaimasu,

Sensei Sean Paus, San-Dan  
Shihan, Ueshiro Shorin-Ryu Nashville Family Karate Club  
615 542-9431  
[spaus@paushaus.net](mailto:spaus@paushaus.net)  
<http://shorin-ryu.paushaus.net>

### **Locations**

615 House of Dance  
204 North Lowry Street  
Smyrna, TN 37167

Cornerstone United Methodist Church  
349 Chaney Rd  
Smyrna, TN 37167

## Ueshiro Northern VA Karate Club Centreville, Virginia

Onegaishimaus Hanshi, Kyoshi, Sensei, and World-wide SRKUSA Deshi-

The Ueshiro Northern Virginia (NoVA) Karate Club continues to move forward as we celebrate the Year of the Snake and year 51 of Master Ueshiro's journey from Okinawa to the U.S. and his precious gift to all SRKUSA Deshi.

Among the many exciting Karate activities for NoVA Karate over the past 6 months was the Black Belt workout in NYC, hosted by Kyoshi Mackay and the Deshi of Hombu Dojo in December 2012. Sensei Sal Scaglione and Sensei Joe Knight represented the club during a weekend full of great Karate led by Hanshi Robert Scaglione including many Kata and hi-level technique reviews. Additionally, many of the participants provided some very high level, high energy spirit and reflected the Shorin-Ryu Karate spirit via some amazing demonstrations. Pictured here are Sensei Sal & Sensei Chris Barnes performing a Gojoshiho demonstration.



At the conclusion of the Black Belt weekend, Sensei Sal was promoted to Shichi-Dan and was presented with the title of Kyoshi. Sensei Joe Knight was promoted to Roku-Dan. Other NoVA Black Belts promoted included Sensei Patrick Markowitz to Go-Dan, Sensei Lisa Markowitz to Yon-Dan, Sensei Shabbir Kazmi to San-Dan and Mr. Jim Davis to Ni-Dan. Additionally, Ms. Hannah Markowitz, Sho-Dan, was presented with her solid Black Belt as she turned 18 this past January.

Also in December the Ueshiro NoVA Deshi bid farewell to Sensei Joe Knight, the founder of the Ueshiro NoVA Karate Club. The Club has been operating in the Northern VA area since June 1998. Co-Shihan Kyoshi Sal assumes full Shihan duties and Sensei (pl) Patrick & Lisa Markowitz have been designated as Chief Instructors for the club. In celebration of his many years as Co-Shihan of NoVA, the Deshi presented Sensei Joe with a military-style "shadow box" reflective of the many of the Shorin-Ryu symbols celebrating our great art.



Sensei Joe and family have relocated to the Denver, Colorado area and he hopes to open a Club in the near future. All of the NoVA Deshi wish him well and we look forward to his visits in the future.

In January we conducted our first New Year's Day workout to ring in 2013 with Shorin-Ryu Karate. Given the early 0730 start, the workout was well attended and we performed many Kata and shared our reflections on what Master Ueshiro, Hanshi Scaglione, and Shorin-Ryu Karate have meant to us. Great spirit was demonstrated by all in attendance, we hope this is first of many such celebrations for the new years to come.



Club Promotions were also held in January for Tip-testing and February for our Kyu-level testing. Former NoVA Deshi, Sensei Sean Paus, San-Dan, and his family visited and assisted with the January Tip-test. Sensei Paus and family now live in Nashville, Tennessee and have recently started a Club in that area.



Congratulations to the following Deshi promoted during the test events:

Ni-Kyu

Bill Briedenbach

San-Kyu

George Kazepis

Yon-Kyu

Gopa Nair

Yellow Belt

Sammy Darhele

Simran Darhele

Riya Nair

Amala Thomas

Amith Thomas

Vismaya Vasanth

Ro-Kyu

Jason Ford

Skyler Ford

Ritwik Kaki

Rick Penalosa

Vishnu Vasanth

We welcome all Deshi from the Ueshiro Shorin-Ryu Karate family to visit us in Northern Virginia. We will be hosting a workout led by Hanshi Scaglione in April during the DC Cherry Blossom Festival. Hanshi will lead classes on 6 & 7 April. We have classes on Monday in Reston, VA and Thursday/Saturday in Centreville, VA. In you are in town for business or pleasure, we'd love to host you.

Domo Arigato Gozaimasu

Kyoshi Sal Scaglione, Shichi-Dan

Denshi Shihan, Ueshiro NoVA Karate

## Ueshiro Hong Kong Karate Club Hong Kong, China



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

The 50th Year Anniversary training was full of joy and vigor in Hong Kong!

The 2012 katathon was held in Hong Kong on a special date, the morning of September 16, which was still September 15 in the USA, the 50<sup>th</sup> anniversary of the day that Master Ueshiro set foot on the mainland of the the USA after arriving in Alaska the previous day. The purpose of the katathon is to sponsor visits from Hanshi and Kyoshi Kaplan to propagate the art of Shorin-Ryu Karate in Hong Kong.

The katathon was held on the beautiful location of Cheung Sha Lower Beach starting in the early morning. A total of 13 deshi participated and the group achieved a state of mushin by the end of 100 kata as it moved steadily from the beach and into the water. The event was then followed by a traditional group compai. Domo arigato to everyone who participated as well as supporting family and friends who attended!

During December, as part of the black belt training and announcements, Hanshi Scaglione promoted Sensei Alan Lai to Roku-Dan and Sensei Stephen Wong to Go-Dan. All of the deshi, family and friends of Ueshiro Shorin-Ryu Karate USA in Hong Kong are extremely grateful to both Sensei Lai and Sensei Wong for their contribution and leadership in Hong Kong and are also extremely grateful to Hanshi Scaglione and Kyoshi Kaplan for the teachings that they have passed on to both Sensei Lai and Sensei Wong! Domo arigato Hanshi, Kyoshi and Sensei!

We were then fortunate to have Sempai Janet Hsiao visit the United States. On December 16, Hanshi Scaglione conducted a black belt test at Ueshiro Merritt Island Dojo as part of the 50th year anniversary celebrations. The review lasted four and a half hours and Sempai Hsiao successfully earned the rank of Sho-Dan. Domo arigato to Hanshi, Kyoshi and all deshi who showed tremendous hospitality to Sempai Hsiao on her trip across the United States and provided plenty of feedback for her to share with us in Hong Kong!

As we enter the Year of the Snake, it is a great reminder to appreciate the virtues of the snake: wisdom, gracefulness and self-control.

Domo arigato to Hanshi, Kyoshi, Sensei, Sempai, Deshi, family and friends for a timeless first 50 years of Ueshiro Shorin-Ryu Karate USA, building on the legacy Master Ueshiro and all previous masters, and also building an enduring foundation for many future 50 year anniversaries!

Tytus Michalski  
Ni Dan  
(On behalf of Lai Sensei)  
Ueshiro Hong Kong Karate Club  
China

## Ueshiro SIS Karate Club Hong Kong, China

Greetings everyone, our club is just open this early year but we have successfully enrolled 18 karate kids at Singapore International School. The kids have big spirit. I am grateful to Sempai Patric April, Ik-Kyu, and a teacher of the school for helping me establish this new club. Also I would like to thank Sempai Sunny, Ni on the deck.



Domo Arigato!  
Sempai Janet Hsiao

## Ueshiro HSMC Karate Club Kowloon, China

We are pleased to announce another newly developed karate club in Hong Kong at HANG SENG MANAGEMENT COLLEGE, which is a new private university in here. UESHIRO HSMC KARATE CLUB is now projecting forward positively. We have a handful of young & energetic deshi actively training since the club launched late last year. Currently, we have one Ro-kyu & two white belt students. Looking forward to making a substantial growth in number when the next academic year comes.



Sensei K. W. Wong  
Go-Dan  
UESHIRO HSMC Karate Club  
Shatin, N. T. Hong Kong.



# Ueshiro Chinese University Karate Club

## Hong Kong, China

Onegaishimasu Hanshi, Kyoshi, Sensei and fellow deshi of USRKUSA,

The Ueshiro Chinese University Karate Club has organized two activities since the last update. We held a booth during the annual club promotion fair at the Chinese University of Hong Kong. Twenty people expressed interests and subscribed our weekly updates. Also, we were invited by a volunteering service team of the University to teach a short term karate class in collaboration with a non-governmental organization for financially challenged children. We received appraisals and encouraging comments from the children and their parents.

Lastly, I am delighted to announce that the Ueshiro Chinese University Karate Club is gradually growing in size, and now we have 5 students. We have weekly workouts on Thursday 5-7pm in Shatin, Hong Kong. We will be excited to see and welcome all of you to join us!



Domo arigato gozaimasu,  
Rayvel Tang  
Shihan/Shodan  
Ueshiro Chinese University Karate Club

# Eilat Ueshiro Dojo

Eilat, Isreal

Onegashimasu Hanshi, Kyoshi, Sensei and Karateka

On March 1st I visited Sensei David Tamir in his Dojo nearby in Tel Aviv, it was great to train with him and his deshei. I miss all of you in USA and I hope to see you and perform Kate with you!!!!

See you soon

Shlomo Dadon  
Shihan, Eilat Ueshiro Dojo  
Eilat, ISRAEL

## Ueshiro Neve (Oasis) Dojo Neve Yamin, Israel

Onegai-shimasu Ueshiro Shorin-Ryu Karate USA

Our Dojo is now one year old and has managed to assemble three foundation pillars during its first year. These three pillars are our three first Yon-Kyu Green Belts: Avi David, Boaz Goldenberg, and Shlomo Abutbul (standing with their certificates from left to right in the first photo below). They persevered 4 hours of testing on Friday February 22, 2013. Sempai Ofer Sinai (Ik-Kyu), from the Hertzelia Dojo under Sensei Nir Zamir, assisted me in testing the three deshi. A formal full workout, traditional testing, kata demonstrations, board breaking, and rank ceremony were conducted, as taught by Hanshi Robert Scaglione. Big congratulations and Joy and Vigor to these three "Musketeers" who have encouraged one another to show up consistently to workouts three times per week over this first year of our dojo.



On Friday March 1<sup>st</sup>, our dojo was privileged to have Sensei Shlomo Dadon visit us from Eilat (5 hours drive), and by Sempai Shlomy Quartler (Shodan from Sensei Nir Zamir's Hertzelia Dojo). Their visit was well timed to help me teach the three new Green Belts their first green belt kata – Pinan Shodan. What an exciting kata it is to teach. This awesome kata packs so many new things, that are great for me to learn again every time I teach it: starting with chest and high blocks performed in tandem simultaneously, neko-ashi-dachi (cat stance), chudan-shuto-uke (chest knife hand block/strike), nukite (spear hand), kotsa-dachi, supported chest block/body slam, etc.



On Sunday March 3<sup>rd</sup>, our dojo's three new Green Belts and I traveled to the Hertzelia Dojo to visit and train with Sensei Nir Zamir and his deshi. It was the first time for my deshi to visit another Ueshiro Dojo. They were very excited.

Best regards to everyone around our globe training in the footsteps of Hanshi Robert Scaglione and Master Ansei Ueshiro.

Zen-shin!

Domo Arigato Gozaimasu  
Denshi Shihan, Sensei David Tamir, Roku-Dan

Ueshiro Neve [Oasis] Dojo  
Neve Yamin, Israel  
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972-54-283-3777

## **Herzlia Ueshiro Dojo**

Tel Aviv, Isreal

We at the Tel Aviv/Herzlia dojo try to meet and train with our Neve Yemin dojo family as much as we can, holding shared classes at both locations. Just last Sunday, March 3<sup>RD</sup>, Sensei David Tamir and four of his students came to train with us and the result was a very satisfying training session. As the weather clears in coming weeks we plan to have shared outdoors-training sessions for the combined group.

Arigato, Nir Zamir  
Shihan, Herzlia Ueshiro Dojo

# 松林流

Karate News is a semi-annual publication produced in turn by volunteering  
Shihan of the Shorin Ryu Karate USA Dojo and Clubs.

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1962-2013

**Move Forward with Joy & Vigor**