

Spec. number: 17

Technique: Upper palm-heel smash (Jodan shotei-ate)

Kata: Passai

Page number: 80

Description: "This technique is used to strike the chin upward."

Comments: In Passai we use this technique as a *knife-hand* thrust to the throat, not a palm-heel smash to the chin.

Note that the arm is shown at a 140 degree angle. To exaggerate power, one may *optionally* lock out the arm 180 degrees, for example when breaking a cement block.

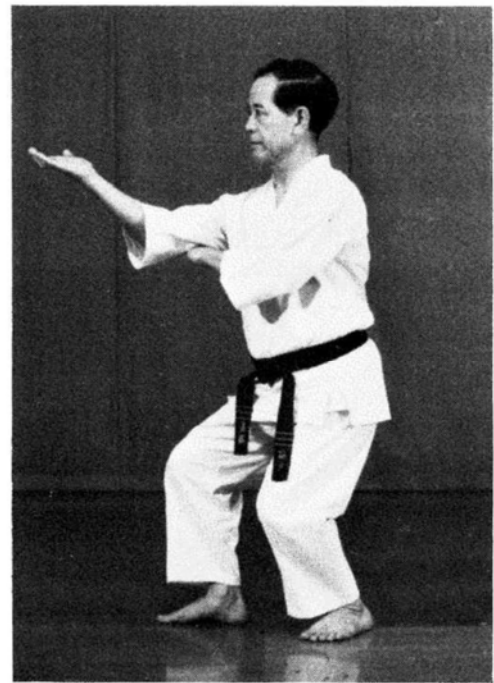
Photographs: 81(44)

Red book: 73(26)

Passai: 197(10), 198(12, 18),
199(16)

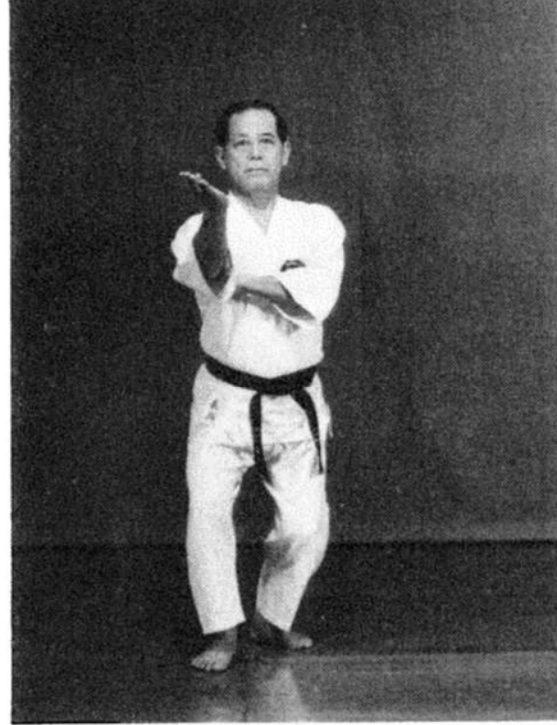


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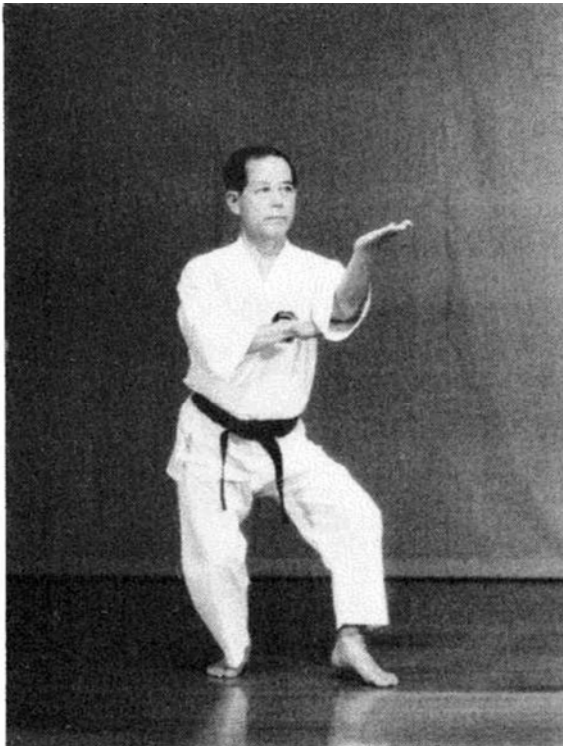
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